

Modesto City Schools Transitions Lunch Menu



MONDAY

- Chicken Nuggets w/ Roll ●●
- V GF DF** Potato Wedges ●
- V GF DF** Broccoli ●
- V GF DF** Fresh Fruit ●
- V GF DF** Raisins ●
- BBQ Sauce
- Ketchup
- Ranch Dressing
- 1% Milk ●
- Non-Fat Chocolate Milk ●

TUESDAY

- Cheeseburger ●●
- V GF DF** Green Salad ●
- V GF DF** Petite Carrots ●
- V GF DF** Fresh Fruit ●
- V GF DF** Peach Cup ●
- Ketchup
- Mustard
- Ranch Dressing
- 1% Milk ●
- Non-Fat Chocolate Milk ●

WEDNESDAY

- Chicken Wrap ●●
- V** Roasted Chickpeas ●
- V GF DF** Petite Carrots ●
- V GF DF** Fresh Fruit ●
- V GF DF** Raisins ●
- Ranch Dressing
- 1% Milk ●
- Non-Fat Chocolate Milk ●

THURSDAY

- Meatloaf Sandwich ●●
- V GF DF** Celery Sticks ●
- V GF DF** Petite Carrots ●
- V GF DF** Fresh Fruit ●
- V GF DF** Pear Cup ●
- Ranch Dressing
- 1% Milk ●
- Non-Fat Chocolate Milk ●

FRIDAY

- Grilled Chicken Sandwich ●●
- V GF DF** Potato Wedges ●
- V GF DF** Petite Carrots ●
- V GF DF** Fresh Fruit ●
- V GF DF** Raisins ●
- BBQ Sauce
- Ranch Dressing
- 1% Milk ●
- Non-Fat Chocolate Milk ●



- V** Vegetarian
- GF** No gluten containing ingredients
- DF** No dairy containing ingredients
- P** May contain pork

What Makes a Lunch?

Choose 3 to 5 different components

GRAIN ●
FRUIT ●
MILK ●

PROTEIN ●
VEGETABLE ●

Must include a **FRUIT** or **VEGETABLE**