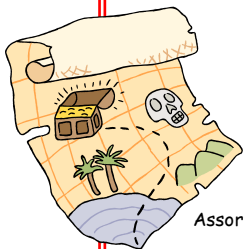


SAN LEANDRO UNIFIED SCHOOL DISTRICT  
 OCTOBER 2017  
 High School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 All Beef Hot Dog on a Bun Tator Tots or Chicken Tenders Tator Tots	3 Italian Spaghetti Garlic Toast or Chicken Tenders Tajin Potato Smiles	4 Cheeseburger On Whole Grain Bun Garlic Fries or Chicken Tenders Garlic Fries	5 Beef and Rice Burrito or Chicken Tenders Curly Fries	6 BBQ Chicken Potato Salad or Chicken Tenders Seasoned Wedges
9 All Beef Hot Dog on a Bun Tator Tots or Chicken Tenders Tator Tots	10 Roast Turkey, Gravy and Whipped Potatoes or Chicken Tenders Whipped Potatoes & Gravy Biscuit & Honey	11 Cheeseburger on Whole Grain Bun Garlic Fries or Chicken Tenders Garlic Fries	12 Super Nachos or Chicken Tenders Curly Fries	13 Oven Fried Chicken Pasta Salad or Chicken Tenders Seasoned Wedges
16 All Beef Hot Dog on a Bun Tator Tots or Chicken Tenders Tator Tots	17 Italian Spaghetti Garlic Toast or Chicken Tenders Tajin Potato Smiles	18 Cheeseburger On Whole Grain Bun Garlic Fries or Chicken Tenders Garlic Fries	19 Beef and Rice Burrito or Chicken Tenders Curly Fries	20 BBQ Chicken Potato Salad or Chicken Tenders Seasoned Wedges
23 All Beef Hot Dog on a Bun Tator Tots or Chicken Tenders Tator Tots	24 Roast Turkey, Gravy and Whipped Potatoes or Chicken Tenders Whipped Potatoes & Gravy Biscuit & Honey	25 Cheeseburger on Whole Grain Bun Garlic Fries or Chicken Tenders Garlic Fries	26 Super Nachos or Chicken Tenders Curly Fries	27 Oven Fried Chicken Pasta Salad or Chicken Tenders Seasoned Wedges
30 All Beef Hot Dog on a Bun Tator Tots or Chicken Tenders Tator Tots	31 Italian Spaghetti Garlic Toast or Chicken Tenders Tajin Potato Smiles	Nov 1 Cheeseburger On Whole Grain Bun Garlic Fries or Chicken Tenders Garlic Fries	2 Beef and Rice Burrito or Chicken Tenders Curly Fries	3 BBQ Chicken Potato Salad or Chicken Tenders Seasoned Wedges
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Turkey Sandwiches Ham Sandwich Yogurt Parfait Hummus Snack Cup	Turkey Sandwiches Ham Sandwich Yogurt Parfait Hummus Snack Cup	Turkey Sandwiches Ham Sandwich Yogurt Parfait Hummus Snack Cup	Turkey Sandwiches Ham Sandwich Yogurt Parfait Hummus Snack Cup	Turkey Sandwiches Ham Sandwich Yogurt Parfait Hummus Snack Cup

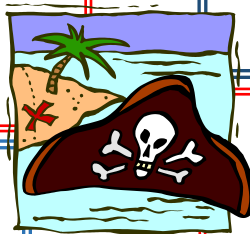
# HOME OF THE PIRATES



**Snack Bar**  
 Assorted Pizza & Bosco Stick  
**The Coop**  
 Spicy Chicken Sandwich  
 Chicken Caesar Salad  
**Pirate Cart**  
 Teriyaki or Orange Chicken Bowl  
**PB & J Cart**  
 Assorted Peanut Butter or Sunbutter and Jelly Items



**Available Daily for Lunch**  
 Entrée, Fresh fruit and vegetables,  
 Choice of low-fat White Milk or non-fat Chocolate Milk  
 Our milk is hormone free and antibiotic free!  
**All for only \$3.50 or NO charge if you are on the  
 Free & Reduced Meal Program**  
**All lunches meet the USDA Dietary Requirements**



**A la-Carte Choices**  
 Chips \$1.00  
 Gatorade \$1.25  
 Bottled Water \$1.00  
 Fresh Baked Cookies \$.75  
 Slushie \$2.50  
 Frozen Yogurt \$2.50

**Available Daily for Breakfast**  
 Choice of Hot Breakfast Menu or  
 Yogurt or Cereal and Graham Crackers  
 Fresh Fruit or 100% Fruit Juice  
 Choice of low-fat White Milk or non-fat Chocolate Milk  
 Chocolate Milk does not contain high fructose corn syrup!