

SAN LEANDRO UNIFIED SCHOOL DISTRICT
OCTOBER - 2017
 ELEMENTARY BREAKFAST AND LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BREAKFAST Yami Yogurt and Graham Crackers LUNCH Nacho Bites & Salsa	3 BREAKFAST Turkey Sausage Breakfast Pizza LUNCH Chicken Sluggers Dinner Roll	4 BREAKFAST Warm Cinnamon Bread LUNCH Teriyaki Chicken Fluffy Brown Rice	5 BREAKFAST Turkey Sausage Breakfast Pizza LUNCH Crunchy Corn Dogs	6 BREAKFAST Waffles LUNCH Pizza - Cheese or Pepperoni*
9 BREAKFAST Apple Bun Bites LUNCH Cheesy Garlic Bread Sidekicks Frozen Cup	10 BREAKFAST Turkey Sausage Breakfast Pizza LUNCH Chicken Patty on Whole Grain Bun	11 BREAKFAST French Toast Sticks LUNCH Bosco Moz Cheese Sticks Marinara Dip Cup	12 BREAKFAST Turkey Sausage Breakfast Pizza CHICKEN AND WAFFLES Chicken Drumsticks Snack Maple Waffle	13 BREAKFAST Strawberry Pop Tarts LUNCH Italian Pasta & Meat Sauce Dinner Roll Strawberry Milk
16 BREAKFAST Warm Cinnamon Bread LUNCH Pizza - Cheese or Pepperoni*	17 BREAKFAST Turkey Sausage Breakfast Pizza LUNCH Nachos Beans & Cheese Tortilla Rounds & Salsa	18 BREAKFAST Pancake and Turkey Sausage on a Stick LUNCH Deluxe Hamburger on a Whole Grain Bun	19 BREAKFAST Turkey Sausage Breakfast Pizza LUNCH Crispy Chicken Tenders Potato Wedges	20 BREAKFAST Eggstravaganza Cheese & Biscuit LUNCH Crunchy Chicken Corn Dog Birthday Celebration
23 BREAKFAST Assorted Muffins LUNCH Bean and Cheese Burrito & Salsa Dip	24 BREAKFAST Turkey Sausage Breakfast Pizza LUNCH Beef Hot Dog on a Whole Grain Bun Dill Pickle Chips	25 BREAKFAST Mini Cinnis LUNCH Orange Chicken with Fluffy Brown Rice	26 BREAKFAST Turkey Sausage Breakfast Pizza BREAKFAST FOR LUNCH Sausage Link and Pancakes Tator Tots	27 BREAKFAST Pancake & Sausage Bites LUNCH Cheesy Macaroni Rice Krispie Treat Strawberry Milk
30 BREAKFAST Yami Yogurt and Graham Crackers LUNCH Nacho Bites & Salsa	31 BREAKFAST Turkey Sausage Breakfast Pizza LUNCH Chicken Sluggers Pumpkin Cookie	Nov 1 BREAKFAST Warm Cinnamon Bread LUNCH Teriyaki Chicken Fluffy Brown Rice	2 BREAKFAST Turkey Sausage Breakfast Pizza LUNCH Crunchy Corn Dogs	3 BREAKFAST Waffles LUNCH Pizza - Cheese or Pepperoni*



GARDEN BAR CHOICES

Locally Grown is served whenever possible



Fruit Mixed Fruit ½ cup	Fruit Orange Smiles ½ cup	Fruit Fruit Cups ½ cup	Fruit Apple Slices ½ cup	Fruit Fresh Seasonal Fruit ½ cup
Starchy Veg Sweet Peas Other Veg Crisp Garden Greens ½ cup Red & Orange Veg Carrot Sticks ¼ cup Ranch Dressing	Beans Kidney or Garbanzo Beans ¼ cup Dark Green Veg Spinach Salad ½ cup Other Veg Cucumber Sticks ¼ cup Ranch Dressing	Other Veg Crisp Garden Greens ½ cup Red & Orange Veg Tomatoes ¼ cup Starchy Veg Corn Niblets ¼ cup Ranch Dressing	Beans Kidney or Garbanzo Beans ¼ cup Dark Green Veg Broccoli Florets ¼ cup Red & Orange Veg Carrots ¼ cup Ranch Dressing	Dark Green Veg Spinach Salad ½ cup Red & Orange Veg Baby Carrots ¼ cup Starchy Veg Sweet Peas ¼ cup Ranch Dressing
Milk 1% Low-fat White Milk Non-fat Chocolate Milk	Milk 1% Low-fat White Milk Non-fat Chocolate Milk	Milk 1% Low-fat White Milk Non-fat Chocolate Milk	Milk 1% Low-fat White Milk Non-fat Chocolate Milk	Milk 1% Low-fat White Milk Non-fat Chocolate Milk

This institution is an equal opportunity provider. MENU SUBJECT TO CHANGE AND UPDATED ON WEBSITE *Entrée may contain pork

Available Daily for Breakfast

Choice of Hot Breakfast Menu or Cereal and Graham Crackers,
 Fresh Fruit or 100% Fruit Juice
 Choice of low-fat White Milk or non-fat Chocolate Milk
 Chocolate Milk does not contain high fructose corn syrup!



Available Daily for Lunch

Hot Entrée, Fresh Seasonal Garden Bar with Fresh fruit and
 vegetables, Choice of low-fat White Milk or non-fat Chocolate Milk
 Our milk is hormone free and antibiotic free!
 Vegetarian option available upon request

