

# LCSD#1

## Secondary Lunch Menu

### February 2020

Join us for lunch on your birthday and get a free a la carte item!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p><b>Chicken Tenders</b> Original -or- Spicy </p> <p>Side: Seasoned Green Beans ☆☆Cookie☆☆</p>	<p>4</p> <p><b>Oven Fried Chicken and Waffles</b></p> <p>Side: Coleslaw</p>	<p>5</p> <p> <b>Super Nachos</b></p> <p>Side: Refried Beans Shredded Lettuce Diced Tomatoes</p>	<p>6</p> <p><b>Philly Cheesesteak Sandwich with Potato Wedges</b></p> <p>Side: Fresh Veggie Patch</p>	<p>7</p> <p><i>Italian Pasta Bar</i></p> <p><b>Build Your Own!</b></p> <p>Side: Fresh Veggie Patch <b>Customize your Lunch!</b></p>
<p>10</p> <p><b>BBQ Pulled Turkey Sandwich</b></p> <p>Side: Steamed Corn</p>	<p>11</p> <p><b>Roast Beef with Brown Gravy over Mashed Potatoes</b></p> <p>Side: Fresh Veggie Patch ☆☆Apple Crisp☆☆</p>	<p>12</p> <p><b>Breakfast for Lunch</b></p> <p> Pancakes or French Toast With Sausage - P Sides: Hashbrowns &amp; Baby Carrots</p>	<p>13</p> <p><b>Rotini Pasta with Meatballs and Marinara</b></p> <p>Sides: Fresh Veggie Patch Frozen Strawberry Cup Heart Sugar Cookie </p>	<p>14</p> <p><b>No School K-12</b></p>
<p>17</p> <p>No School K-12</p>	<p>18</p> <p><b>Mini Corn Dogs</b></p> <p>Side: Cheesy Broccoli</p>	<p>19</p> <p><b>Cook's Choice</b> <i>See Cafe for Today's Selection</i></p> <p>Side: Fresh Veggie Patch</p>	<p>20</p> <p><b>Homemade Chili &amp; Cinnamon Roll</b></p> <p>Side: Fresh Veggie Patch</p>	<p>21</p> <p><b>Beef Stir Fry over Brown Rice</b></p> <p>Side: Fresh Veggie Patch</p>
<p>24</p> <p><b>BBQ Chicken Drumsticks</b></p> <p>Sides: Roasted Baby Potatoes Baby Carrots</p>	<p>25</p> <p> <b>Grilled Cheese with Tomato Soup</b></p> <p>Side: Fresh Veggie Patch</p>	<p>26</p> <p><b>Breakfast for Lunch</b></p> <p> Pancakes or French Toast With Sausage - P Sides: Hashbrowns &amp; Baby Carrots</p>	<p>27</p> <p><b>Quesadillas with Refried Beans</b></p> <p>Side: Fresh Veggie Patch</p>	<p>28</p> <p><b>Burger Baskets</b></p> <p><b>Build Your Own!</b></p> <p>Side: Baked Beans - P <b>Customize your Lunch!</b> ☆☆Cookie☆☆</p>

In addition to the main entrée line, each Secondary School has several other entrée options customized for the students at their school.

(Not all choices are available every day. See your cafe for the daily menu.)

**Hot Sandwiches:**  
 Chicken Patty,  
 Spicy Chicken Patty,  
 All-Beef Cheeseburger

**Lighter Options:**  
 Cheddar Baked Potato   
 Assorted Salads  
 Salad Shakers  
 Deli Sandwiches  
 Wraps

**Pizza Slice:**  
 Cheese   
 or Pepperoni daily.

All meals include your choice of fruit, vegetables and milk.  
 A la carte options are sold separately.



- Vegetarian      P - Contains Pork  
 - Spicy  
 Menu subject to change based on availability.

This institution is an equal opportunity provider.



# Breakfast Menu

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
✓ French Toast Sticks	Biscuits & Gravy-P	Breakfast Burrito-P	✓ Waffles -or- Breakfast Pizza - P	Breakfast Burrito-P

Secondary Breakfast Prices: - Free, Reduced: \$0.30, Paid: \$1.50, Adult: \$2.00

**Universal Breakfast at Johnson Junior High – FREE for ALL Students! (Funded by the USDA)**

In addition to the regular menu above, students will have other entrée choices such as Breakfast Sandwiches, Pancake on a Stick - P, Smoothies, Ultimate Breakfast Round, Breakfast Bar, Yogurt Parfait with Granola, Bagel & Cream Cheese, and a variety of whole grain cold cereal. Each meal also comes with your choice of fruit, juice, and milk.  
(P-Contains Pork)



## Secondary Lunch Prices

Free

Reduced: \$0.40

Paid: \$2.60

Adults/Visitors: \$4.00



## Student Meal Accounts Online

You can easily manage your student's meal account at [www.myschoolbucks.com](http://www.myschoolbucks.com)

*Free online services include*

-Set up email alerts for low balances

-View your student's purchases

Only \$2.49 Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.

**Free and Reduced Applications** are accepted all school year. It's quick and easy!

Go to [www.myschoolapps.com](http://www.myschoolapps.com)

Call 771-2440 for paper applications and any questions.

### Looking For a Job?

We hire throughout the year!

Check out [www.laramie1.org](http://www.laramie1.org)

For employment opportunities!

This institution is an equal opportunity provider.

