






LCSD#1 Elementary Lunch Menu May-June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy Birthday Fruit Snacks!</p> <p>If your birthday is in May you can have a free package of fruit snacks when you join us for lunch on the 21st.</p> 	<p>Elementary Lunch Prices:</p> <p>Free Reduced – \$0.40 Paid – \$2.40 Adult/Visitor – \$4.00</p>	<p>Menu subject to change based on availability. Go to nutrition.laramie1.org for updates.</p> <p>P – Contains Pork ✓ – Vegetarian Entrée</p>	<p>ATTENTION PARENTS & GUARDIANS!!</p> <p>Please make sure your student meal accounts are paid in full and have money on their account for the remainder of the school year. Per Board Policy, no meals can be charged (causing negative balance) after May 20th.</p> <p>Questions: (307) 771-2440</p> 	
<p>Turkey sandwiches on whole wheat bread are offered as an additional entrée most days.</p> <p>Each entrée comes with your choice of fruit, vegetables and milk.</p> <p>This institution is an equal opportunity provider.</p>		<p>Breakfast for Lunch 1</p> <p>✓ Mini Pancakes ✓ French Toast Sticks Sausage - P</p> <p>Sides: Hash Browns & Baby Carrots</p>	<p>Rippers 2</p> <p>✓ Cheese or Pepperoni</p> <p>Side: Fresh Veggie Patch</p>	<p>Beef Soft Taco 3</p> <p>✓ Fruit, Yogurt & Cheese Plate</p> <p>Side: Mexicali Corn Shredded Lettuce Diced Tomatoes</p> <p>☆☆Raspberry Churro☆☆</p>
<p>✓ French Bread Boat 6</p> <p>with Marinara Sauce</p> <p>✓ Bean & Cheese Burrito</p> <p>Side: Seasoned Green Beans</p>	<p>Hamburger with 7</p> <p>Potato Smiles</p> <p>Munchable with Goldfish</p> <p>Sides: Baby Carrots Shredded Lettuce & Sliced Tomatoes</p>	<p>Homemade Chili with 8</p> <p>Cinnamon Roll</p> <p>Sides: Fresh Veggie Patch</p>	<p>✓ Cheese Pizza 9</p> <p>✓ Cheddar Baked Potato</p> <p>Side: Fresh Veggie Patch</p>	<p>Mandarin Orange 10</p> <p>Chicken over Brown Rice</p> <p>✓ Fruit, Yogurt & Cheese Plate</p> <p>Side: Fresh Veggie Patch</p>
<p>Chicken Drumstick 13</p> <p>with Mashed Potatoes</p> <p>✓ Bean & Cheese Burrito</p> <p>Side: Baby Carrots</p>	<p>Recipe Contest Winner! 14</p> <p>Irelynn's Sweet Potato and</p> <p>Black Bean Quesadilla</p> <p>Chicken Tenders</p> <p>Side: Fresh Veggie Patch</p>	<p>Breakfast for Lunch 15</p> <p>✓ Mini Pancakes ✓ French Toast Sticks Sausage - P</p> <p>Sides: Hash Browns & Baby Carrots</p>	<p>Rippers 16</p> <p>✓ Cheese or Pepperoni</p> <p>Side: Fresh Veggie Patch</p>	<p>Chicken Alfredo 17</p> <p>with Garlic Bread Stick</p> <p>✓ Fruit, Yogurt & Cheese Plate</p> <p>Side: Fresh Veggie Patch</p> <p>☆☆Cookie☆☆</p>
<p>Chicken Nuggets 20</p> <p>✓ Bean & Cheese Burrito</p> <p>Side: Cheesy Broccoli</p> <p>No Charging Begins</p>	<p>Oven Fried Chicken 21</p> <p>with Cornbread</p> <p>✓ Cheddar Baked Potato</p> <p>Side: Coleslaw</p> 	<p>Super Nachos with 22</p> <p>Homemade Cheese Sauce</p> <p>Munchable with Goldfish</p> <p>Sides: Refried Beans Shredded Lettuce & Diced Tomatoes</p>	<p>✓ Cheese Pizza 23</p> <p>✓ Cheddar Baked Potato</p> <p>Side: Fresh Veggie Patch</p>	<p>Hamburger with 24</p> <p>Potato Smiles</p> <p>✓ Fruit, Yogurt & Cheese Plate</p> <p>Sides: Baby Carrots Shredded Lettuce & Sliced Tomatoes</p> <p>☆☆Strawberry Cup☆☆</p>
<p>memorial 27</p> <p>DAY</p> 	<p>Rippers 28</p> <p>✓ Cheese or Pepperoni</p> <p>Side: Seasoned Green Beans</p>	<p>Breakfast for Lunch 29</p> <p>✓ Mini Pancakes ✓ French Toast Sticks Sausage - P</p> <p>Sides: Hash Browns & Baby Carrots</p>	<p>✓ Cheese Dunkers 30</p> <p>with Marinara Sauce</p> <p>Side: Fresh Veggie Patch</p>	<p>Beef Soft Taco 31</p> <p>✓ Fruit, Yogurt & Cheese Plate</p> <p>Side: Mexicali Corn Shredded Lettuce</p> <p>☆☆Frozen Fruit Cup☆☆</p>
<p>Breakfast for Lunch 3</p> <p>✓ Mini Pancakes ✓ French Toast Sticks Sausage - P</p> <p>Sides: Hash Browns & Veggies</p>	<p>Chicken Nuggets 4</p> <p>Side: Assorted Veggies</p>	<p>Mini Corn Dogs 5</p> <p>Side: Assorted Veggies</p>	<p>✓ Cheese Rippers 6</p> <p>Side: Assorted Veggies</p>	

Monday

Tuesday

Wednesday

Thursday

Friday

Elementary School (ES) Breakfast Prices(except Universal Breakfast schools - see below):

Free, Reduced \$0.30, Paid \$1.25, Adult \$2.00

In addition to the regular menu below, students will have other entrée choices such as: Ultimate Breakfast Round, Mini Breakfast Bar, Sausage Patty, Bagel, Cold Cereal, Granola, & Yogurt. Breakfast is served with your choice of fruit, juice, and milk.

All breakfast entrées are vegetarian, except Pancake on Stick and Breakfast Sliders.

Universal Breakfast (UB) Elementary Schools – Afflerbach, Alta Vista, Arp, Cole, Hebard & Rossman.

All Universal Breakfast schools provide free breakfast to all students (funded by the USDA).

Ultimate Breakfast Round is an additional entrée choice each day. Breakfast is served with your choice of fruit, juice, and milk.

Student Meal Accounts Online

You can easily manage your student's meal account at www.myschoolbucks.com

Free online services include

-Set up email alerts for low balances

-View your student's purchases
Only \$2.49 Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.

Free and Reduced Applications

are accepted all school year. It's quick and easy!

Go to

www.myschoolapps.com

Call 771-2440 for paper applications and any questions.

This institution is an equal opportunity provider.

Looking For a Job?

We hire throughout the year!

Check out www.laramie1.org

For employment opportunities!



P – Contains Pork

ES & UB: Blueberry Bread **1**

Build Your Own! 2
ES: Yogurt Parfait Bar with Fruit Toppings
UB: Yogurt and Granola

ES & UB: Mini Maple Waffles **3**

ES & UB: Blueberry Muffin **6**

ES: Pancake on Stick – P
UB: Bagel with Cream Cheese **7**

ES & UB: Fruit Frudel **8**

Build Your Own! 9
ES: Oatmeal Bar with Fruit Toppings
UB: Chocolate Benefit Bar

ES & UB: Mini Blueberry Waffles **10**

ES & UB: Chocolate Chip Muffin **13**

ES & UB: Mini Cinnamon Rolls (Mini Cinnis) **14**

ES: Blueberry Biscuit
UB: Strawberry Bagelful **15**

Build Your Own! 16
ES: Yogurt Parfait Bar with Fruit Toppings
UB: Yogurt and Granola

ES & UB: Mini Maple Waffles **17**

ES & UB: Apple Cinnamon Muffin **20**

ES: Pancake on Stick – P
UB: Blueberry Bagel with Cream Cheese **21**

ES & UB: Fruit Frudel **22**

Build Your Own! 23
ES: Oatmeal Bar with Fruit Toppings
UB: Chocolate Benefit Bar

ES & UB: Mini Blueberry Waffles **24**



27

ES & UB: Chocolate Filled Crescent Roll **28**

ES & UB: Blueberry Bread **29**

Build Your Own! 30
ES: Yogurt Parfait Bar with Fruit Toppings
UB: Yogurt and Granola

ES & UB: Mini Maple Waffles **31**

ES & UB: Blueberry Muffin **3**

ES: Pancake on Stick – P
UB: Bagel with Cream Cheese **4**

ES & UB: Fruit Frudel **5**

ES & UB: Mini Blueberry Waffles **6**
Early Release K-12



Muffin Mondays!



Join us for breakfast every Muffin Monday to try all four delicious flavors!
Banana, Blueberry, Chocolate Chip, and Apple Cinnamon – Yum!

