

# LCSD#1 Elementary Lunch Menu April 2019

**Monday**

Happy Birthday  
Fruit Snacks!



If your birthday is in April you can have a free package of fruit snacks when you join us for lunch on the 23<sup>rd</sup>.

**Tuesday**

**Elementary Lunch Prices:**

Free  
Reduced – \$0.40  
Paid – \$2.40  
Adult/Visitor – \$4.00

**Wednesday**

Menu subject to change based on availability. Go to [nutrition.laramie1.org](http://nutrition.laramie1.org) for updates.

P – Contains Pork  
✓ – Vegetarian Entrée

**Thursday**



**Friday**



## Spring Break April 1st-5th



**Chicken Nuggets** 8

✓ Bean & Cheese Burrito  
Side: Seasoned Green Beans

✓ **French Bread Boat** 9

**with Marinara Sauce**  
Munchable with Goldfish  
Side: Fresh Veggie Patch

**Homemade Chili with** 10

**Cinnamon Roll**  
Sides: Fresh Veggie Patch

✓ **Personal Pan** 11

**Cheese Pizza**  
Sides: Baby Carrots & Tomato Bites

**Mandarin Orange** 12

**Chicken over Brown Rice**  
✓ Fruit, Yogurt & Cheese Plate  
Side: Fresh Veggie Patch

**Chicken Drumstick** 15

**with Mashed Potatoes**  
✓ Bean & Cheese Burrito  
Side: Baby Carrots



**BON APPETIT** 16

**Recipe Contest Winner!**  
**Finn's Chicken Kale Soup**  
**with Garlic Bread Stick**  
Chicken Tenders  
Side: Fresh Veggie Patch

**Breakfast for Lunch** 17

✓ Mini Pancakes  
✓ French Toast Sticks  
Sausage - P  
Sides: Hash Browns & Baby Carrots

**Rippers** 18

✓ **Cheese or Pepperoni**  
Side: Fresh Veggie Patch

**Rotini with Meatballs** 19

**with Garlic Bread Stick**  
✓ Fruit, Yogurt & Cheese Plate  
Side: Fresh Veggie Patch  
☆☆Cookie☆☆

**Rippers** 22

✓ **Cheese or Pepperoni**  
Side: Seasoned Green Beans

**Oven Fried Chicken** 23

**with Cornbread**  
✓ Cheddar Baked Potato  
Side: Coleslaw

**Super Nachos with** 24

**Homemade Cheese Sauce**  
Munchable with Goldfish  
Sides: Refried Beans  
Shredded Lettuce  
Diced Tomatoes

✓ **Cheese Pizza** 25

✓ Cheddar Baked Potato  
Side: Fresh Veggie Patch

**Hamburger with** 26

**Potato Smiles**  
✓ Fruit, Yogurt & Cheese Plate  
Sides: Baby Carrots  
Shredded Lettuce & Sliced Tomatoes  
☆☆Frozen Strawberry Cup☆☆

**BBQ Chicken** 29

**Drumstick**  
✓ Bean & Cheese Burrito  
Side: Baked Beans & Baby Carrots

✓ **Cheese Dunkers** 30

**with Marinara Sauce**  
✓ Cheddar Baked Potato  
Side: Fresh Veggie Patch

**Turkey sandwiches on whole wheat bread are offered as an additional entrée most days.**

**Each entrée comes with your choice of fruit, vegetables and milk. This institution is an equal opportunity provider.**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

## Elementary School (ES) Breakfast Prices(except Universal Breakfast schools - see below):

Free, Reduced \$0.30, Paid \$1.25, Adult \$2.00

In addition to the regular menu below, students will have other entrée choices such as: Ultimate Breakfast Round, Mini Breakfast Bar, Sausage Patty, Bagel, Cold Cereal, Granola, & Yogurt. Breakfast is served with your choice of fruit, juice, and milk.

All breakfast entrées are vegetarian, except Pancake on Stick and Breakfast Sliders.

## Universal Breakfast (UB) Elementary Schools – Afflerbach, Alta Vista, Arp, Cole, Hebard & Rossman.

All Universal Breakfast schools provide free breakfast to all students (funded by the USDA).

Ultimate Breakfast Round is an additional entrée choice each day.

Breakfast is served with your choice of fruit, juice, and milk.

P – Contains Pork

### Student Meal Accounts Online

You can easily manage your student's meal account at [www.myschoolbucks.com](http://www.myschoolbucks.com)

Free online services include

-Set up email alerts for low balances

-View your student's purchases  
Only \$2.49 Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.

### Free and Reduced Applications

are accepted all school year. It's quick and easy!

Go to

[www.myschoolapps.com](http://www.myschoolapps.com)

Call 771-2440 for paper applications and any questions.

**This institution is an equal opportunity provider.**



# Spring Break April 1st-5th

<p><b>8</b></p> <p><b>ES &amp; UB:</b> Blueberry Muffin</p>	<p><b>9</b></p> <p><b>ES:</b> Pancake on Stick – P <b>UB:</b> Bagel with Cream Cheese</p>	<p><b>10</b></p> <p><b>ES &amp; UB:</b> Fruit Frudel</p>	<p><b>Build Your Own! 11</b></p> <p><b>ES:</b> Oatmeal Bar with Fruit Toppings <b>UB:</b> Chocolate Chip Benefit Bar</p>	<p><b>12</b></p> <p><b>ES &amp; UB:</b> Mini Blueberry Waffles</p>
<p><b>15</b></p> <p><b>ES &amp; UB:</b> Chocolate Chip Muffin</p>	<p><b>16</b></p> <p><b>ES &amp; UB:</b> Mini Cinnamon Rolls (Mini Cinnis)</p>	<p><b>17</b></p> <p><b>ES:</b> Blueberry Biscuit <b>UB:</b> Strawberry Bagelful</p>	<p><b>Build Your Own! 18</b></p> <p><b>ES:</b> Yogurt Parfait Bar with Fruit Toppings <b>UB:</b> Yogurt and Granola</p>	<p><b>19</b></p> <p><b>ES &amp; UB:</b> Mini Maple Waffles</p>
<p><b>22</b></p> <p><b>ES &amp; UB:</b> Apple Cinnamon Muffin</p>	<p><b>23</b></p> <p><b>ES:</b> Pancake on Stick – P <b>UB:</b> Blueberry Bagel with Cream Cheese</p>	<p><b>24</b></p> <p><b>ES &amp; UB:</b> Fruit Frudel</p>	<p><b>Build Your Own! 25</b></p> <p><b>ES:</b> Oatmeal Bar with Fruit Toppings <b>UB:</b> Chocolate Chip Benefit Bar</p>	<p><b>26</b></p> <p><b>ES &amp; UB:</b> Mini Blueberry Waffles</p>
<p><b>29</b></p> <p><b>ES &amp; UB:</b> Banana Muffin</p>	<p><b>30</b></p> <p><b>ES &amp; UB:</b> Chocolate Filled Crescent Roll</p>			

### Looking For a Job?

We hire throughout the year!  
Check out [www.laramie1.org](http://www.laramie1.org)  
For employment opportunities!

## SCHOOL BREAKFAST



ENERGIZE

FOCUS

ACHIEVE

I  SCHOOL BREAKFAST

## Muffin Mondays!

Join us for breakfast every Muffin Monday to try all four delicious flavors!  
Banana, Blueberry, Chocolate Chip, and Apple Cinnamon – Yum!