



# LCSD#1 South High School Supper Menu January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Suppers are <b><u>FREE</u></b> for all students participating in afterschool activities at South High School!		Club Wrap 2 -or- Pizza (Varies) Corn & Pea Salad Celery Sticks Fruit and Milk	Taco Salad Supper 3 with seasoned beef, beans, salsa and corn chips -or- Chicken Sandwiches with Broccoli Bites and Edamame Apple, Milk and Cookie	No Supper Service 
Munchable 7 Fruit, Yogurt, Cheese Stick, Bagel with Cream Cheese Baby Carrots & Tomato Bites Milk	Crispy Chicken Wrap 8 -or- Corn Dogs Baby Carrots and Cucumbers Fruit and Milk	Club Wrap 9 -or- Pizza (Varies) Corn & Pea Salad Celery Sticks Fruit and Milk	Taco Salad Supper 10 with seasoned beef, beans, salsa and corn chips -or- Chicken Sandwiches with Broccoli Bites and Edamame Apple, Milk and Cookie	No Supper Service 11
Munchable 14 Fruit, Yogurt, Cheese Stick, Bagel with Cream Cheese Baby Carrots & Tomato Bites Milk	Crispy Chicken Wrap 15 -or- Corn Dogs Baby Carrots and Cucumbers Fruit and Milk	Club Wrap 16 -or- Pizza (Varies) Corn & Pea Salad Celery Sticks Fruit and Milk	Taco Salad Supper 17 with seasoned beef, beans, salsa and corn chips -or- Chicken Sandwiches with Broccoli Bites and Edamame Apple, Milk and Cookie	No School 18 JH/HS Only
 21	Crispy Chicken Wrap 22 -or- Corn Dogs Baby Carrots and Cucumbers Fruit and Milk	Club Wrap 23 -or- Pizza (Varies) Corn & Pea Salad Celery Sticks Fruit and Milk	Taco Salad Supper 24 with seasoned beef, beans, salsa and corn chips -or- Chicken Sandwiches with Broccoli Bites and Edamame Apple, Milk and Cookie	No Supper Service 25
Munchable 28 Fruit, Yogurt, Cheese Stick, Bagel with Cream Cheese Baby Carrots & Tomato Bites Milk	Crispy Chicken Wrap 29 -or- Corn Dogs Baby Carrots and Cucumbers Fruit and Milk	Club Wrap 30 -or- Pizza (Varies) Corn & Pea Salad Celery Sticks Fruit and Milk	Taco Salad Supper 31 with seasoned beef, beans, salsa and corn chips -or- Chicken Sandwiches with Broccoli Bites and Edamame Apple, Milk and Cookie	Menu subject to change based on availability.  This institution is an equal opportunity provider.