

LCSD#1 Afterschool Snack Menu January 2019

Monday

Tuesday

Wednesday

Thursday

Friday

Snacks are served at Henderson Elementary School for students in the ASK Program.



String Cheese 2
Raisins
Milk
(1% white or skim chocolate)

Mini Benefit Bar 3
Milk
(1% white or skim chocolate)

String Cheese 4
Baby Carrots
Juice
(apple or orange)

7
Whole Wheat Bagel With Cream Cheese Milk
(1% white or skim chocolate)

8
Fresh Apples
Milk
(1% white or skim chocolate)

9
Ultimate Breakfast Round
Milk
(1% white or skim chocolate)

10
Goldfish Graham Cracker
Milk
(1% white or skim chocolate)

11
Cheerios Cereal
Milk
(1% white or skim chocolate)

14
String Cheese
Raisins
Milk
(1% white or skim chocolate)

15
Mini Benefit Bar
Milk
(1% white or skim chocolate)

16
String Cheese
Baby Carrots
Juice
(apple or orange)

17
Whole Wheat Bagel With Cream Cheese
Milk
(1% white or skim chocolate)

18
Fresh Apples
Milk
(1% white or skim chocolate)



21
22
Ultimate Breakfast Round
Milk
(1% white or skim chocolate)

23
Goldfish Graham Cracker
Milk
(1% white or skim chocolate)

24
Cheerios Cereal
Milk
(1% white or skim chocolate)

25
String Cheese
Raisins
Milk
(1% white or skim chocolate)

28
Mini Benefit Bar
Milk
(1% white or skim chocolate)

29
String Cheese
Baby Carrots
Juice
(apple or orange)

30
Whole Wheat Bagel With Cream Cheese
Milk
(1% white or skim chocolate)

31
Fresh Apples
Milk
(1% white or skim chocolate)

Menu subject to change based on availability.
This institution is an equal opportunity provider.