


LCSD#1 Elementary (Afflerbach, Alta Vista, Arp, Cole and Rossman) Supper Menu November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suppers are FREE for all students participating in the ASK Program at Afflerbach, Alta Vista, Arp, Cole, & Rossman Elementary Schools!</p>	<p>Menu subject to change based on availability.</p> <p>This institution is an equal opportunity provider.</p>	<p>*Sun Wise Sandwich Made With Sunflower Seed Butter</p> <p>All menu items are served cold.</p>		
<p>Breakfast Basket 5 Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots, Fruit & Milk</p>	<p>Cheese Pizza Ripper 6 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>Deli Sandwich 7 On Hoagie Roll Cucumber Slices Fruit Milk</p>	<p>Sun Wise Sandwich* 8 String Cheese & Graham Crackers Edamame and Tomato Bites Fruit Milk</p>	<p>Munchable 9 Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit & Milk</p>
<p>No Supper 12 Early Release K-12</p>	<p>Cheese Pizza Ripper 13 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>Deli Sandwich 14 On Hoagie Roll Cucumber Slices Fruit Milk</p>	<p>Sun Wise Sandwich* 15 String Cheese & Graham Crackers Edamame and Tomato Bites Fruit Milk</p>	<p>Munchable 16 Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit & Milk</p>
<p>Breakfast Basket 19 Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots, Fruit & Milk</p>	<p>Cheese Pizza Ripper 20 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>HAPPY THANKSGIVING</p>		
<p>Breakfast Basket 26 Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots, Fruit & Milk</p>	<p>Cheese Pizza Ripper 27 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>Deli Sandwich 28 On Hoagie Roll Cucumber Slices Fruit Milk</p>	<p>Sun Wise Sandwich* 29 String Cheese & Graham Crackers Edamame and Tomato Bites Fruit Milk</p>	<p>Munchable 30 Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit & Milk</p>