

LCSD#1 Afterschool Snack Menu November 2018

Monday

Tuesday

Wednesday

Thursday

Friday

Snacks are served at Henderson and Sunrise Elementary Schools for students in the ASK Program.

Whole Wheat 5
Bagel With Cream
Cheese
Milk
(1% white or
skim chocolate)

6
Fresh Apples
Milk
(1% white or
skim chocolate)

7
Ultimate
Breakfast Round
Milk
(1% white or
skim chocolate)

8
Goldfish
Graham Cracker
Milk
(1% white or
skim chocolate)

9
Cheerios Cereal
Milk
(1% white or
skim chocolate)

12
No Snack
Early Release K-12

13
String Cheese
Raisins
Milk
(1% white or
skim chocolate)

14
Mini Benefit Bar
Milk
(1% white or
skim chocolate)

15
String Cheese
Baby Carrots
Juice
(apple or orange)

16
Whole Wheat
Bagel With Cream
Cheese
Milk
(1% white or
skim chocolate)

19
Fresh Apples
Milk
(1% white or
skim chocolate)

20
Ultimate
Breakfast Round
Milk
(1% white or
skim chocolate)

HAPPY THANKSGIVING

26
Goldfish
Graham Cracker
Milk
(1% white or
skim chocolate)

27
Cheerios Cereal
Milk
(1% white or
skim chocolate)

28
String Cheese
Raisins
Milk
(1% white or
skim chocolate)

29
Mini Benefit Bar
Milk
(1% white or
skim chocolate)

30
String Cheese
Baby Carrots
Juice
(apple or orange)



Menu subject to change
based on availability.
This institution is an equal
opportunity provider.