




LCSD#1 Elementary (Afflerbach, Alta Vista, Arp, Cole and Rossman) Supper Menu August/September 2018

Monday	Tuesday	Wednesday	Thursday	Friday	
Suppers are FREE for all students participating in the ASK Program at Afflerbach, Alta Vista, Arp, Cole, & Rossman Elementary Schools!	Menu subject to change based on availability. This institution is an equal opportunity provider.	*Sun Wise Sandwich Made With Sunflower Seed Butter All menu items are served cold.			
 <p>No School 3 <i>Happy Labor Day</i></p> <p>All Other Sites Start</p> <p>↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓</p>	 <p>Deli Sandwich 28 On Hoagie Roll Cucumber Slices Fruit & Milk</p> <p>Cole Starts Suppers</p>	<p>Cheese Pizza Ripper 29 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>Sun Wise Sandwich* 30 String Cheese & Graham Crackers Edamame and Tomato Bites Fruit Milk</p>	<p>Munchable 31 Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit & Milk</p>	
	<p>Deli Sandwich 4 On Hoagie Roll Cucumber Slices Fruit Milk</p>	<p>Cheese Pizza Ripper 5 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>Sun Wise Sandwich* 6 String Cheese & Graham Crackers Edamame and Tomato Bites Fruit Milk</p>	<p>Munchable 7 Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit & Milk</p>	
	<p>Breakfast Basket 10 Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots, Fruit & Milk</p>	<p>Deli Sandwich 11 On Hoagie Roll Cucumber Slices Fruit Milk</p>	<p>Cheese Pizza Ripper 12 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>Sun Wise Sandwich* 13 String Cheese & Graham Crackers Edamame and Tomato Bites Fruit Milk</p>	<p>Munchable 14 Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit & Milk</p>
	<p>Breakfast Basket 17 Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots, Fruit & Milk</p>	<p>Deli Sandwich 18 On Hoagie Roll Cucumber Slices Fruit Milk</p>	<p>Cheese Pizza Ripper 19 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>Sun Wise Sandwich* 20 String Cheese & Graham Crackers Edamame and Tomato Bites Fruit Milk</p>	<p>Munchable 21 Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit & Milk</p>
	<p>Breakfast Basket 24 Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots, Fruit & Milk</p>	<p>Deli Sandwich 25 On Hoagie Roll Cucumber Slices Fruit Milk</p>	<p>Cheese Pizza Ripper 26 Broccoli Bites and Celery Sticks Fruit Milk</p>	<p>Sun Wise Sandwich* 27 String Cheese & Graham Crackers Edamame and Tomato Bites Fruit Milk</p>	<p>Munchable 28 Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit & Milk</p>