

**LCSD#1**

**Secondary Lunch Menu  
August/September 2018**

Join us for lunch on your birthday and get a free a la carte item!



**BACK TO SCHOOL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>No School</b> 3 <i>Happy Labor Day</i></p>	<p><b>Breakfast for Lunch</b> 28                      ✓ Pancakes or French Toast                      Sides: Hashbrowns &amp; Baby Carrots</p>	<p><b>Mini Corn Dogs</b> 29                      Side: Seasoned Green Beans</p>	<p><b>Potato Bar</b> 30                      Build Your Own!                      Side: Fresh Veggie Patch                      Customize your Lunch!</p>	<p><b>Italian Pasta Bar</b> 31                      Build Your Own!                      Side: Fresh Veggie Patch                      Customize your Lunch!                      ☆☆Cookie☆☆</p>
<p><b>BBQ Chicken Drumsticks</b> 10                      Sides: Baked Beans &amp; Baby Carrots</p>	<p><b>Chicken Tenders Original -or- Spicy</b> 4                      Sides: Steamed Corn &amp; Baby Carrots</p>	<p><b>Super Nachos</b> 5                      Side: Refried Beans Shredded Lettuce Diced Tomatoes</p>	<p><b>Philly Cheesesteak Sandwich</b> 6                      Side: Fresh Veggie Patch</p>	<p><b>Burger Baskets</b> 7                      Build Your Own!                      Side: Fresh Veggie Patch                      Customize your Lunch!                      ☆☆Frozen Strawberry Cup☆☆</p>
<p><b>Mini Corn Dogs</b> 17                      Side: Cheesy Broccoli</p>	<p><b>Turkey Gravy Over Mashed Potatoes</b> 11                      Side: Fresh Veggie Patch                      ☆☆Banana Bread☆☆</p>	<p><b>Breakfast for Lunch</b> 12                      ✓ Pancakes or French Toast                      Sides: Hashbrowns &amp; Baby Carrots</p>	<p><b>Quesadillas with Refried Beans</b> 13                      See Your Cafe for Today's Selection                      Side: Fresh Veggie Patch</p>	<p><b>SUPER BURRITOS</b> 14                      Build Your Own!                      Side: Mexicali Corn                      Customize your Lunch!                      ☆☆Frozen Fruit Cup☆☆</p>
<p><b>Chicken Drumsticks with Mashed Potatoes</b> 24                      Side: Baby Carrots                      ☆☆Apple Crisp☆☆</p>	<p><b>Cook's Choice</b> 18                      See Your Cafe for Today's Selection                      Side: Fresh Veggie Patch                      ☆☆Frozen Strawberry Yogurt Pie☆☆</p>	<p><b>Homemade Chili &amp; Cinnamon Roll</b> 19                      Side: Fresh Veggie Patch</p>	<p><b>Meatball Sandwich with Potato Wedges</b> 20                      Side: Fresh Veggie Patch</p>	<p><b>ASIAN BOWLS</b> 21                      Build Your Own!                      Side: Fresh Veggie Patch                      Customize your Lunch!</p>
<p><b>Beef Stroganoff Over Brown Rice</b> 25                      Sides: Fresh Veggie Patch</p>	<p><b>Breakfast for Lunch</b> 26                      ✓ Pancakes or French Toast                      Sides: Hashbrowns &amp; Baby Carrots</p>	<p><b>Potato Bar</b> 27                      Build Your Own!                      Side: Fresh Veggie Patch                      Customize your Lunch!</p>	<p><b>Italian Pasta Bar</b> 28                      Build Your Own!                      Side: Fresh Veggie Patch                      Customize your Lunch!                      ☆☆Cookie☆☆</p>	<p><b>Pizza Slice:</b>                      Cheese ✓                      or Pepperoni daily.</p>

In addition to the main entrée line, each Secondary School has several other entrée options customized for the students at their school.  
  
(Not all choices are available every day. See your cafe for the daily menu.)

**Hot Sandwiches:**  
 Chicken Patty,  
 Spicy Chicken Patty,  
 All-Beef Cheeseburger

**Lighter Options:**  
 Cheddar Baked Potato ✓  
 Assorted Salads  
 Salad Shakers  
 Deli Sandwiches  
 Wraps

**Pizza Slice:**  
 Cheese ✓  
 or Pepperoni daily.

All meals include your choice of fruit, vegetables and milk.  
 A la carte options are sold separately.



✓ - Vegetarian  
 🔥 - Spicy  
 P - Contains Pork

Menu subject to change based on availability.

This institution is an equal opportunity provider.

# Breakfast Menu

August/September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
✓ French Toast Sticks	Biscuits & Gravy-P	Breakfast Burrito-P	Waffles -or- Breakfast Pizza	Breakfast Burrito-P

Secondary Breakfast Prices: - Free, Reduced: \$0.30, Paid: \$1.50, Adult: \$2.00

In addition to the regular menu above, students will have other entrée choices such as Breakfast Sandwiches, Pancake on a Stick - P, Smoothies, Ultimate Breakfast Round, Breakfast Bar, Yogurt Parfait with Granola, Bagel & Cream Cheese, and a variety of whole grain cold cereal. Each meal also comes with your choice of fruit, juice, and milk.  
(P-Contains Pork)



### Secondary Lunch Prices

Free  
Reduced: \$0.40  
Paid: \$2.60  
Adults/Visitors: \$4.00



### Student Meal Accounts Online

You can easily manage your student's meal account at [www.myschoolbucks.com](http://www.myschoolbucks.com)  
*Free online services include*  
-Set up email alerts for low balances  
-View your student's purchases  
Only \$2.49 Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.

**Free and Reduced Applications** are accepted all school year. It's quick and easy!  
Go to [www.myschoolapps.com](http://www.myschoolapps.com)  
Call 771-2440 for paper applications and any questions.

### Looking For a Job?

We hire throughout the year!  
Check out [www.laramie1.org](http://www.laramie1.org)  
For employment opportunities!

This institution is an equal opportunity provider.

