

LCSD#1 Free Summer Lunch Menu *June, July & August 2018 – YMCA & Parks & Rec*

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza ¹⁸ Cheese or Pepperoni Baby Carrots June	Bean & Cheese ¹⁹ Burrito Fiesta Corn & Bean Salad Lettuce & Tomatoes	Chicken ²⁰ Nuggets Broccoli Bites Cucumber Slices	Hamburger ²¹ with Potato Smiles Green Peppers Cucumber Slices	Cheese Pizza ²² Baby Carrots Tomato Bites **Frozen Fruit Cup**
BBQ Chicken ²⁵ Drumstick & Biscuit Baby Carrots Corn & Pea Salad	Mini Corn Dogs ²⁶ Broccoli Bites Celery Sticks	Super Nachos ²⁷ Fiesta Corn & Bean Salad Lettuce & Tomatoes	Chicken Patty ²⁸ Sandwich Zucchini Sticks Tomato Bites	Cheese Pizza ²⁹ Ripper Baby Carrots Tomato Bites **Frozen Fruit Cup**
Pizza ² Cheese or Pepperoni Baby Carrots July	Bean & Cheese ³ Burrito Fiesta Corn & Bean Salad Lettuce & Tomatoes	Closed Happy 4 th of July!	Hamburger ⁵ with Potato Smiles Green Peppers Cucumber Slices	Cheese Pizza ⁶ Baby Carrots Tomato Bites **Frozen Fruit Cup**
BBQ Chicken ⁹ Drumstick & Biscuit Baby Carrots Corn & Pea Salad	Mini Corn Dogs ¹⁰ Broccoli Bites Celery Sticks	Super Nachos ¹¹ Fiesta Corn & Bean Salad Lettuce & Tomatoes	Chicken Patty ¹² Sandwich Zucchini Sticks Tomato Bites	Cheese Pizza ¹³ Ripper Baby Carrots Tomato Bites **Frozen Fruit Cup**
Pizza ¹⁶ Cheese or Pepperoni Baby Carrots	Bean & Cheese ¹⁷ Burrito Fiesta Corn & Bean Salad Lettuce & Tomatoes	Chicken ¹⁸ Nuggets Broccoli Bites Cucumber Slices	Hamburger ¹⁹ with Potato Smiles Green Peppers Cucumber Slices	Cheese Pizza ²⁰ Baby Carrots Tomato Bites **Frozen Fruit Cup**
BBQ Chicken ²³ Drumstick & Biscuit Baby Carrots Corn & Pea Salad	Mini Corn Dogs ²⁴ Broccoli Bites Celery Sticks	Closed for Cheyenne Day	Chicken Patty ²⁶ Sandwich Zucchini Sticks Tomato Bites	Cheese Pizza ²⁷ Ripper Baby Carrots Tomato Bites **Frozen Fruit Cup**
Pizza ³⁰ Cheese or Pepperoni Baby Carrots	Bean & Cheese ³¹ Burrito Fiesta Corn & Bean Salad Lettuce & Tomatoes	Chicken ¹ Nuggets Broccoli Bites Cucumber Slices August	Hamburger ² with Potato Smiles Green Peppers Cucumber Slices	Cheese Pizza ³ Baby Carrots Tomato Bites **Frozen Fruit Cup**

Afflerbach and Rossman Elementary Schools will continue service with this menu July 18th-August 3rd

Fruit & yogurt plates and cold sandwiches will be offered most days as an additional entrée choice.

Everyone 18 & under eats for free!

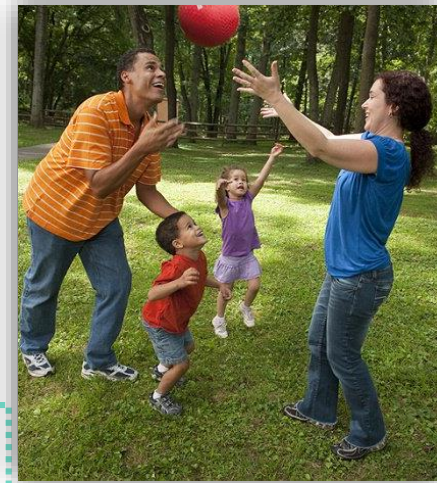
All meals include your choice of fruit, vegetables and milk.

This institution is an equal opportunity provider.





Fuel Up for Summer Fun with the **FREE** Summer Food Program!



Extended Service Locations

June 18-August 3, 2018

Lunch Only:

Afflerbach: 11:30am-12:30pm

Rossman: 11:30-12:30pm

YMCA: 11:00am-12:00pm

Parks & Rec Sites:

**Pioneer Park Center (1331 Talbot Ct.) & Youth
Activity & Community Center (1317 Parsley Blvd)**

Mondays 11:30am-12:30pm

Tuesdays 11:30am-12:30pm (P. Park)

Tuesdays 10:30am-11:30am (Parsley)

Wednesdays 11:30am-12:30pm

Thursdays 12:30am-1:30pm

Fridays 11:30am-12:30pm

(no adult meals for purchase at YMCA,
Pioneer Park Center or Community Center)

Locations & Service Times

June 18-July 17, 2018

Breakfast 8:00-8:30am

Lunch 11:30am-12:30pm

Afflerbach

Baggs

Goins

Freedom

Pioneer Park

Rossman (Breakfast ends July 13th)



June 18-July 19, 2018

South High

Breakfast 7:15-7:45am

Lunch 11:30-12:30pm



Adults may
purchase a meal
for \$4.00
(not available at YMCA
or Parks & Rec Sites)

**Everyone 18
years old
and under
can eat for
free at all
locations!**



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