



LCSD#1 Elementary Lunch Menu March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy Birthday Fruit Snacks!</p> <p>If your birthday is in March you can have a free package of fruit snacks when you join us for lunch on the 13th.</p> 	<p>Elementary Lunch Prices:</p> <p>Free Reduced – \$0.40 Paid – \$2.40 Adult/Visitor – \$4.00</p>	<p>Menu subject to change based on availability. Go to nutrition.laramie1.org for updates.</p> <p>P – Contains Pork ✓ – Vegetarian Entrée</p>	<p>Turkey sandwiches on whole wheat bread are offered as an additional entrée most days.</p> <p>Each entrée comes with your choice of fruit, vegetables and milk.</p>	 <p>SMART SPOON <i>cafe</i></p> <p>This institution is an equal opportunity provider.</p>



DR. SEUSS DAY

Truffula Mini Pancakes ✓
Skipper Zipp's French Toast Sticks ✓
Pink Yink Ink Yogurt
Green Eggs & Ham
(colored naturally with spinach!)
Who Hash Browns
ABC Baby Carrots



National School Breakfast Week is March 5-9! Everyone eats for \$1 or less! (Adults & Paid Students - \$1; Reduced - \$0.30; Free - Free)

<p>Chicken Drumstick with Mashed Potatoes 5</p> <p>Munchable with Goldfish Sides: Steamed Corn & Baby Carrots</p>	<p>Popcorn Chicken with Goldfish 6</p> <p>✓ Bean & Cheese Burrito Side: Fresh Veggie Patch</p>	<p>Homemade Chili with Cinnamon Roll 7</p> <p>Side: Fresh Veggie Patch</p>	<p>Chicken Patty Sandwich with Potato Smiles 8</p> <p>✓ Cheddar Baked Potato Sides: Sugar Snap Peas Shredded Lettuce & Sliced Tomatoes</p>	<p>✓ Cheese Dunkers with Marinara Sauce 9</p> <p>✓ Fruit, Yogurt & Cheese Plate Side: Fresh Veggie Patch</p>
<p>Mini Corn Dogs 12</p> <p>✓ Bean & Cheese Burrito Side: Seasoned Green Beans</p>	<p>Oven Fried Chicken with Cornbread 13</p> <p>✓ Cheddar Baked Potato Side: Coleslaw</p>	<p>Breakfast for Lunch 14</p> <p>✓ Mini Pancakes ✓ French Toast Sticks ✓ Scrambled Eggs & Sausage Sides: Hash Browns & Baby Carrots</p>	<p>✓ Cheese Pizza 15</p> <p>Munchable with Goldfish Side: Fresh Veggie Patch Shamrock Sugar Cookie</p>	<p>No School K-12</p>
<p>Pork Chop Patty Sandwich - P 19</p> <p>✓ Bean & Cheese Burrito Side: Cheesy Broccoli</p>	<p>✓ Cheese Pizza Ripper 20</p> <p>Sides: Baby Carrots Tomato Bites</p> <p>Early Release K-12</p>	<p>Super Nachos with Homemade Cheese Sauce 21</p> <p>Munchable with Goldfish Sides: Refried Beans Shredded Lettuce & Diced Tomatoes</p>	<p>Sweet & Sour Chicken over Brown Rice 22</p> <p>✓ Fruit, Yogurt & Cheese Plate Side: Fresh Veggie Patch</p>	<p>✓ French Bread Boat with Marinara Sauce 23</p> <p>✓ Cheddar Baked Potato Side: Fresh Veggie Patch ☆☆Cookie☆☆</p>
<p>BBQ Chicken Drumstick with Cornbread 26</p> <p>✓ Bean & Cheese Burrito Sides: Baked Beans & Baby Carrots</p>	<p>✓ Cheddar Grilled Cheese with Tomato Soup 27</p> <p>Chicken Nuggets Side: Fresh Veggie Patch</p>	<p>Breakfast for Lunch 28</p> <p>✓ Mini Pancakes ✓ French Toast Sticks ✓ Scrambled Eggs & Sausage Sides: Hash Browns & Baby Carrots</p>	<p>✓ Cheesy Lasagna with Garlic Bread Stick 29</p> <p>✓ Fruit, Yogurt & Cheese Plate Side: Fresh Veggie Patch</p>	<p>✓ Cheese Pizza Ripper 30</p> <p>Sides: Baby Carrots Tomato Bites</p> <p>Early Release K-12</p>

Monday

Tuesday

Wednesday

Thursday

Friday

Elementary School (ES) Breakfast Prices(except Universal Breakfast schools - see below):

Free, Reduced \$0.30, Paid \$1.25, Adult \$2.00

In addition to the regular menu below, students will have other entrée choices such as: Ultimate Breakfast Round, Mini Breakfast Bar, Bagel, Cold Cereal, Granola, & Yogurt. Breakfast is served with your choice of fruit, juice, and milk.

All breakfast entrées are vegetarian, except Pancake on Stick and Breakfast Sliders.

Universal Breakfast (UB) Elementary Schools – Afflerbach, Arp, Cole, Hebard & Rossman.

All Universal Breakfast schools provide free breakfast to all students (funded by the USDA).

Ultimate Breakfast Round is an additional entrée choice each day.

P – Contains Pork

Breakfast is served with your choice of fruit, juice, and milk.



Build Your Own! 1

ES: Yogurt Parfait Bar with Fruit Toppings

UB: Yogurt and Granola

2

ES & UB:

Mini Maple Waffles

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5 ES & UB: Blueberry Muffin	6 ES: Pancake on Stick – P UB: Bagel with Cream Cheese	7 ES & UB: Fruit Frudel	NEW 8 ES & UB: Mini Cinnis (Mini Pull-Apart Cinnamon Rolls)	NEW 9 ES & UB: Chocolate Filled Crescent Roll
12 ES & UB: Chocolate Chip Muffin	13 ES: Pancake on Stick – P UB: Blueberry Bagel with Cream Cheese	14 ES & UB: Banana Bread	15 Build Your Own! ES: Yogurt Parfait Bar with Fruit Toppings UB: Yogurt and Granola	16 No School K-12
19 ES & UB: Apple Cinnamon Muffin	20 ES: Pancake on Stick – P UB: Bagel with Cream Cheese	21 ES & UB: Fruit Frudel	22 Build Your Own! ES: Oatmeal Bar with Fruit Toppings UB: Chocolate Chip Benefit Bar	23 ES & UB: Mini Blueberry Waffles
26 ES & UB: Banana Muffin	27 ES: Pancake on Stick – P UB: Blueberry Bagel with Cream Cheese	28 ES: Blueberry Biscuit UB: Strawberry Bagelful	29 Build Your Own! ES: Yogurt Parfait Bar with Fruit Toppings UB: Yogurt and Granola	30 ES & UB: Mini Maple Waffles

Student Meal Accounts Online

You can easily manage your student's meal account at www.myschoolbucks.com

Free online services include

-Set up email alerts for low balances

-View your student's purchases
Only \$2.49 Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.

Free and Reduced Applications

are accepted all school year. It's quick and easy!

Go to

www.myschoolapps.com

Call 771-2440 for paper applications and any questions.

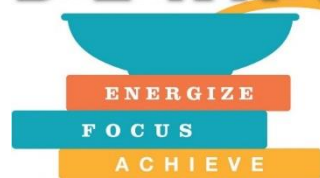
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Looking For a Job?

We hire throughout the year!

Check out www.laramie1.org

For employment opportunities!



Muffin Mondays!

Join us for breakfast every Muffin Monday to try all four delicious flavors!

Banana, Blueberry, Chocolate Chip, and Apple Cinnamon – Yum!