


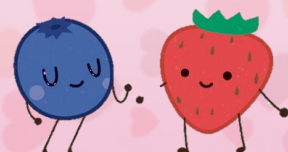
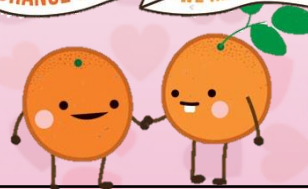





LCSD#1 Elementary Lunch Menu February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy Birthday Fruit Snacks!</p> <p>If your birthday is in February you can have a free package of fruit snacks when you join us for lunch on the 20th.</p> 	<p>Elementary Lunch Prices:</p> <p>Free Reduced – \$0.40 Paid – \$2.40 Adult/Visitor – \$4.00</p>	<p>Menu subject to change based on availability. Go to nutrition.laramie1.org for updates.</p> <p>P – Contains Pork ✓ – Vegetarian Entrée</p>	<p>Turkey sandwiches on whole wheat bread are offered as an additional entrée most days.</p> <p>Each entrée comes with your choice of fruit, vegetables and milk.</p>	
<p>YOU'RE THE APPLE OF MY EYE</p> 	<p>I LIKE YOU BERRY MUCH</p> 	<p>ORANGE YOU GLAD WE'RE FRIENDS</p> 	<p>Homemade Beef Tamale Pie 1 Chicken Tenders Sides: Fresh Veggie Patch Shredded Lettuce Diced Tomatoes</p>	<p>Italian Friday 2 ✓ Cheesy Lasagna with Garlic Bread Stick ✓ Fruit, Yogurt & Cheese Plate Side: Fresh Veggie Patch ☆☆Frozen Strawberry Cup☆☆</p>
<p>Chicken Drumstick with Mashed Potatoes 5 Munchable with Goldfish Sides: Steamed Corn & Baby Carrots</p>	<p>Popcorn Chicken with Goldfish 6 ✓ Bean & Cheese Burrito Side: Fresh Veggie Patch</p>	<p>Homemade Chili with Cinnamon Roll 7 Side: Fresh Veggie Patch</p>	<p>NEW ✓ Cheese Pizza -or- Meat Lover's Pizza - P 8 Side: Fresh Veggie Patch</p>	<p>ASIAN FRIDAY 9 Sweet & Sour Chicken over Brown Rice ✓ Fruit, Yogurt & Cheese Plate Side: Fresh Veggie Patch</p>
<p>Mini Corn Dogs 12 ✓ Bean & Cheese Burrito Side: Cheesy Broccoli</p>	<p>Upside Down Turkey Pot Pie 13 Chicken Tenders Side: Fresh Veggie Patch</p>	<p>✓ NEW Cheese Dunkers with Marinara Sauce 14 ✓ Fruit, Yogurt & Cheese Plate Side: Fresh Veggie Patch Heart Sugar Cookie</p>	<p>Breakfast for Lunch 15 ✓ Mini Pancakes ✓ French Toast Sticks ✓ Yogurt & Sausage Sides: Hash Browns & Baby Carrots</p>	<p>No School 16</p>
<p>No School 19</p> 	<p>Mandarin Orange Chicken over Brown Rice 20 ✓ Fruit, Yogurt & Cheese Plate Side: Seasoned Green Beans</p> 	<p>NEW Super Nachos with Homemade Cheese Sauce 21 Munchable with Goldfish Sides: Refried Beans Shredded Lettuce Diced Tomatoes</p>	<p>NEW Oven Fried Chicken with Cornbread 22 ✓ Bean & Cheese Burrito Side: Coleslaw</p>	<p>✓ French Bread Boat with Marinara Sauce 23 ✓ Cheddar Baked Potato Side: Fresh Veggie Patch</p>
<p>Chicken Nuggets 26 ✓ Bean & Cheese Burrito Side: Baked Beans & Baby Carrots</p>	<p>✓ Cheddar Grilled Cheese with Tomato Soup 27 Chicken Tenders Side: Fresh Veggie Patch</p>	<p>Chicken Alfredo with Garlic Bread Stick 28 ✓ Fruit, Yogurt & Cheese Plate Side: Fresh Veggie Patch ☆☆Cookie☆☆</p>	<p>This institution is an equal opportunity provider.</p>	<p>WE MAKE A FUN PEAR</p> 

Monday	Tuesday	Wednesday	Thursday	Friday
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Elementary School (ES) Breakfast Prices(except Universal Breakfast schools - see below):

Free, Reduced \$0.30, Paid \$1.25, Adult \$2.00

In addition to the regular menu below, students will have other entrée choices such as: Ultimate Breakfast Round, Mini Breakfast Bar, Bagel, Cold Cereal, Granola, & Yogurt. Breakfast is served with your choice of fruit, juice, and milk.

All breakfast entrées are vegetarian, except Pancake on Stick and Breakfast Sliders.

Universal Breakfast (UB) Elementary Schools – Afflerbach, Arp, Cole, Hebard & Rossman.

All Universal Breakfast schools provide free breakfast to all students (funded by the USDA).

Ultimate Breakfast Round is an additional entrée choice each day.

Breakfast is served with your choice of fruit, juice, and milk.

P – Contains Pork

 <p>I am BANANAS about you!</p>		 <p>You are a GRAPE friend!</p>		<p>Build Your Own! 1</p> <p>ES: Yogurt Parfait Bar with Fruit Toppings</p> <p>UB: Yogurt and Granola</p>	<p>ES & UB: 2</p> <p>Mini Maple Waffles</p>
<p>5</p> <p>ES & UB: Blueberry Muffin</p>	<p>6</p> <p>ES: Pancake on Stick – P</p> <p>UB: Bagel with Cream Cheese</p>	<p>7</p> <p>ES & UB: Fruit Frudel</p>	<p>Build Your Own! 8</p> <p>ES: Oatmeal Bar with Fruit Toppings</p> <p>UB: Chocolate Chip Benefit Bar</p>	<p>9</p> <p>ES & UB: Mini Blueberry Waffles</p>	
<p>12</p> <p>ES & UB: Chocolate Chip Muffin</p>	<p>13</p> <p>ES & UB: Mini Egg & Cheese Sandwich</p>	<p>14</p> <p>ES & UB: Banana Bread</p>	<p>Build Your Own! 15</p> <p>ES: Yogurt Parfait Bar with Fruit Toppings</p> <p>UB: Yogurt and Granola</p>	<p>16</p> <p>No School</p>	
<p>19</p> <p>No School</p> 	<p>20</p> <p>ES: Pancake on Stick – P</p> <p>UB: Bagel with Cream Cheese</p>	<p>21</p> <p>ES & UB: Fruit Frudel</p>	<p>Build Your Own! 22</p> <p>ES: Oatmeal Bar with Fruit Toppings</p> <p>UB: Chocolate Chip Benefit Bar</p>	<p>23</p> <p>ES & UB: Mini Blueberry Waffles</p>	
<p>26</p> <p>ES & UB: Banana Muffin</p>	<p>27</p> <p>ES: Pancake on Stick – P</p> <p>UB: Blueberry Bagel with Cream Cheese</p>	<p>28</p> <p>ES: Blueberry Biscuit</p> <p>UB: Strawberry Bagelful</p>	 <p>SMART SPOON cafe</p>		

Student Meal Accounts Online

You can easily manage your student's meal account at www.myschoolbucks.com
 Free online services include
 -Set up email alerts for low balances
 -View your student's purchases
 Only \$2.49 Credit Card Fee to add money to your student's account online. Checks and cash accepted at your student's school at no extra charge.

Free and Reduced Applications

are accepted all school year. It's quick and easy!
 Go to www.myschoolapps.com
 Call 771-2440 for paper applications and any questions.

This institution is an equal opportunity provider.

Looking For a Job?

We hire throughout the year!
 Check out www.laramie1.org
 For employment opportunities!

take time for
school
 BREAKFAST



Muffin Mondays!

Join us for breakfast every Muffin Monday to try all four delicious flavors!
 Banana, Blueberry, Chocolate Chip, and Apple Cinnamon – Yum!