



LCSD#1 Elementary (Afflerbach, Alta Vista, Arp, Cole and Rossman) Supper Menu January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Suppers are FREE for all students participating in the ASK Program at Afflerbach, Alta Vista, Arp, Cole, & Rossman Elementary Schools!	Menu subject to change based on availability. This institution is an equal opportunity provider.	*Sun Wise Sandwich Made With Sunflower Seed Butter		
1 HAPPY NEW YEAR	2 Build Your Own Tacos (Seasoned Beef, Cheese, Beans, Lettuce, Tomatoes, and Salsa) Fruit Milk	3 Cheese Pizza Ripper Broccoli Bites and Celery Sticks Fruit Milk	4 Sun Wise Sandwich* Graham Crackers Edamame and Tomato Bites Fruit Milk	5 Munchable Deli Turkey, Cheese Stick, and Goldfish Crackers Celery Sticks Fruit Milk
8 Breakfast Basket Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots Milk	9 Build Your Own Tacos (Seasoned Beef, Cheese, Beans, Lettuce, Tomatoes, and Salsa) Fruit Milk	10 Cheese Pizza Ripper Broccoli Bites and Celery Sticks Fruit Milk	11 Sun Wise Sandwich* Graham Crackers Edamame and Tomato Bites Fruit Milk	12 Munchable Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit Milk
15 No School 	16 Build Your Own Tacos (Seasoned Beef, Cheese, Beans, Lettuce, Tomatoes, and Salsa) Fruit Milk	17 Cheese Pizza Ripper Broccoli Bites and Celery Sticks Fruit Milk	18 Sun Wise Sandwich* Graham Crackers Edamame and Tomato Bites Fruit Milk	19 Munchable Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit Milk
22 Breakfast Basket Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots Milk	23 Build Your Own Tacos (Seasoned Beef, Cheese, Beans, Lettuce, Tomatoes, and Salsa) Fruit Milk	24 Cheese Pizza Ripper Broccoli Bites and Celery Sticks Fruit Milk	25 Sun Wise Sandwich* Graham Crackers Edamame and Tomato Bites Fruit Milk	26 Munchable Deli Turkey, Cheese Stick, and Goldfish Crackers Corn & Pea Salad Fruit Milk
29 Breakfast Basket Yogurt & String Cheese PLUS Breakfast Item – Varies (cereal, mini bar, muffin, frudel, bagel) Baby Carrots Milk	30 Build Your Own Tacos (Seasoned Beef, Cheese, Beans, Lettuce, Tomatoes, and Salsa) Fruit Milk	31 Cheese Pizza Ripper Broccoli Bites and Celery Sticks Fruit Milk	All menu items are served cold.	
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