


# LCSD#1 Elementary (Afflerbach, Alta Vista, Arp, and Rossman) Supper Menu October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Suppers are <b>FREE</b> for all students participating in the ASK Program at Afflerbach, Alta Vista, Arp, & Rossman Elementary Schools!	Menu subject to change based on availability.  This institution is an equal opportunity provider.	*Sun Wise Sandwich Made With Sunflower Seed Butter		
2 Munchable Fruit, Yogurt, Cheese Stick, Bagel with Cream Cheese Baby Carrots Milk	3 Crispy Chicken Wrap Broccoli Bites Fruit Milk	4 Club Wrap Corn & Pea Salad Fruit Milk	5 Sun Wise Sandwich* Graham Crackers Edamame and Tomato Bites Fruit Milk	6 Munchable Deli Turkey, Cheese Stick, and Goldfish Crackers Celery Sticks Fruit Milk
9 No School	10 Crispy Chicken Wrap Broccoli Bites Fruit Milk	11 Club Wrap Corn & Pea Salad Fruit Milk	12 Sun Wise Sandwich* Graham Crackers Edamame and Tomato Bites Fruit Milk	13 Munchable Deli Turkey, Cheese Stick, and Goldfish Crackers Celery Sticks Fruit Milk
16 Munchable Fruit, Yogurt, Cheese Stick, Bagel with Cream Cheese Baby Carrots Milk	17 Crispy Chicken Wrap Broccoli Bites Fruit Milk	18 Club Wrap Corn & Pea Salad Fruit Milk	19 Sun Wise Sandwich* Graham Crackers Edamame and Tomato Bites Fruit Milk	20 Munchable Deli Turkey, Cheese Stick, and Goldfish Crackers Celery Sticks Fruit Milk
23 Munchable Fruit, Yogurt, Cheese Stick, Bagel with Cream Cheese Baby Carrots Milk	24 Crispy Chicken Wrap Broccoli Bites Fruit Milk	25 Club Wrap Corn & Pea Salad Fruit Milk	26 Sun Wise Sandwich* Graham Crackers Edamame and Tomato Bites Fruit Milk	27 Munchable Deli Turkey, Cheese Stick, and Goldfish Crackers Celery Sticks Fruit Milk
30 Munchable Fruit, Yogurt, Cheese Stick, Bagel with Cream Cheese Baby Carrots Milk	31 Crispy Chicken Wrap Broccoli Bites Fruit Milk	