

**Secondary Lunch Menu
August/September 2017**

Join us for lunch on your birthday and get a free 100% frozen fruit cup!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast 29 for Lunch Pancakes or French Toast ✓ Sides: Hashbrowns & Baby Carrots	30 Mini Corn Dogs Sides: Seasoned Green Beans	31 Chicken Enchiladas with Fresh Toppings Side: Fresh Veggie Patch	1 ASIAN BOWLS Build Your Own! Side: Fresh Veggie Patch <i>Customize your Lunch!</i>
No School 4 	5 Steak Fingers with Dippin' Gravy and Cornbread Side: Cheesy Broccoli	6 Super Nachos 🔥 Sides: Refried Beans Shredded Lettuce Diced Tomatoes	7 Meatball Sub with Potato Wedges Side: Fresh Veggie Patch	8 SUPER BURRITOS Build Your Own! Side: Mexicali Corn ☆☆Cookie☆☆ <i>Customize your Lunch!</i>
11 Chicken Tenders: Original -or- Spicy 🔥 Sides: Baked Beans & Baby Carrots	12 Meatballs and Gravy over Mashed Potatoes Side: Fresh Veggie Patch	13 Breakfast for Lunch Pancakes or French Toast ✓ Sides: Hashbrowns & Baby Carrots	14 Cook's Choice See Your Cafe for Today's Selection Side: Fresh Veggie Patch ☆☆Frozen Strawberry Yogurt Pie☆☆	15 Italian Pasta Bar Build Your Own! Side: Fresh Veggie Patch ☆☆Frozen Fruit Cup☆☆ <i>Customize your Lunch!</i>
18 Roast Chicken Drumsticks with Mashed Potatoes Sides: Steamed Corn & Baby Carrots ☆☆Frozen Fudge Bar☆☆	19 Traditional Fish and Chips with Malt Vinegar and Tartar Sauce Side: Fresh Veggie Patch	20 Homemade Chili and Cinnamon Roll Side: Fresh Veggie Patch	21 Homemade Beef Tamale Pie with Fresh Toppings Side: Fresh Veggie Patch	22 Burger Baskets with Fresh Toppings Build Your Own! Side: Fresh Veggie Patch ☆☆Frozen Fruit Cup☆☆ <i>Customize your Lunch!</i>
25 Mini Corn Dogs Sides: Seasoned Green Beans ☆☆Cookie☆☆	26 Homemade Macaroni & Cheese Side: Fresh Veggie Patch	27 Breakfast for Lunch Pancakes or French Toast ✓ Sides: Hashbrowns & Baby Carrots	28 Chicken Enchiladas with Fresh Toppings Side: Fresh Veggie Patch	29 ASIAN BOWLS Build Your Own! Side: Fresh Veggie Patch <i>Customize your Lunch!</i> ☆☆Banana Bread☆☆

In addition to the main entrée line, each Secondary School has several other entrée options customized for the students at their school.

(Not all choices are available every day. See your cafe for the daily menu.)

Hot Sandwiches:
 Chicken Patty,
 Spicy Chicken Patty,
 All Beef Cheeseburger

Lighter Options:
 Cheddar Baked Potato ✓
 Assorted Salads
 Salad Shakers
 Deli Sandwiches
 Wraps

Pizza Slice:
 Cheese ✓
 or Pepperoni daily.

All meals include your choice of fruit, vegetables and milk.
 A la carte options are sold separately.

Welcome Back!

- Vegetarian
 - Spicy
 P - Contains Pork

Menu subject to change based on availability.

This institution is an equal opportunity provider.

Breakfast Menu

August/September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks ✓	Biscuits & Gravy-P	Breakfast Burrito-P	Pancakes & Sausage	Breakfast Burrito-P

Secondary Breakfast Prices: - Free, Reduced: \$0.30, Paid: \$1.50, Adult: \$2.00

In addition to the regular menu above, students will have other entrée choices such as Breakfast Sandwiches, Pancake on a Stick - P, Smoothies, Ultimate Breakfast Round, Breakfast Bar, Yogurt Parfait with Granola, Bagel & Cream Cheese, and a variety of whole grain cold cereal. Each meal also comes with your choice of fruit, juice, and milk.
(P-Contains Pork)



Secondary Lunch Prices

Free

Reduced: \$0.40

Paid: \$2.60

Adults/Visitors: \$4.00

This institution is an equal opportunity provider.

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