

# LCSD#1 – South HS

## Free Summer Lunch Menu

### June & July 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 <b>Mini Corn Dogs</b> Sides: Baby Carrots & Corn/Pea Salad	13 <b>Beef Burrito Bowl</b> Side: Fresh Veggie Patch	14 <b>Super Nachos</b> Sides: Refried Beans, Shredded Lettuce, & Diced Tomatoes	15 <b>Chicken Patty Sandwich Basket Original -or- Spicy</b> Side: Fresh Veggie Patch	16 <b>French Bread Boat</b> ✓ Sides: Baby Carrots & Tomato Bites ☆☆Frozen Fruit Cup☆☆
19 <b>Cheese Pizza</b> ✓ Side: Baby Carrots	20 <b>Beef Soft Tacos</b> Sides: Refried Beans, Shredded Lettuce, & Diced Tomatoes	21 <b>Chicken Tenders</b> Side: Fresh Veggie Patch	22 <b>Hamburger with Potato Smiles</b> Side: Fresh Veggie Patch	23 <b>Cheese Pizza Ripper</b> ✓ Sides: Baby Carrots & Tomato Bites ☆☆Frozen Fruit Cup☆☆
26 <b>Mini Corn Dogs</b> Sides: Baby Carrots & Corn/Pea Salad	27 <b>Beef Burrito Bowl</b> Side: Fresh Veggie Patch	28 <b>Super Nachos</b> Sides: Refried Beans, Shredded Lettuce, & Diced Tomatoes	29 <b>Chicken Patty Sandwich Basket Original -or- Spicy</b> Side: Fresh Veggie Patch	30 <b>French Bread Boat</b> ✓ Sides: Baby Carrots & Tomato Bites ☆☆Frozen Fruit Cup☆☆
3 <b>Closed</b> <b>Happy 4<sup>th</sup> of July!</b>	4	5 <b>Chicken Tenders</b> Side: Fresh Veggie Patch	6 <b>Hamburger with Potato Smiles</b> Side: Fresh Veggie Patch	7 <b>Cheese Pizza Ripper</b> ✓ Sides: Baby Carrots & Tomato Bites ☆☆Frozen Fruit Cup☆☆
10 <b>Mini Corn Dogs</b> Sides: Baby Carrots & Corn/Pea Salad	11 <b>Beef Burrito Bowl</b> Side: Fresh Veggie Patch	12 <b>Super Nachos</b> Sides: Refried Beans, Shredded Lettuce, & Diced Tomatoes	13 <b>Chicken Patty Sandwich Basket Original -or- Spicy</b> Side: Fresh Veggie Patch	14 <b>French Bread Boat</b> ✓ Sides: Baby Carrots & Tomato Bites ☆☆Frozen Fruit Cup☆☆
17 <b>Cheese Pizza</b> ✓ Side: Baby Carrots	18 <b>Beef Soft Tacos</b> Sides: Refried Beans, Shredded Lettuce, & Diced Tomatoes	19 <b>Chicken Tenders</b> Side: Fresh Veggie Patch	✓ - Vegetarian  This institution is an equal opportunity provider.	

**In addition to the main entrée line, several other entrée options are available each day.**

(Not all choices are available every day. See café for the daily menu.)

**Lunch Service:  
11:30am-12:30pm**

#### Hot Options:

*Chicken Sandwich Baskets:*  
Original or Spicy Patty with Onion Rings or Potato Wedges  
*Bean & Cheese Burrito* ✓

#### Cold Options:

*PBJ Uncrustable* ✓  
*Fruit, Yogurt & Cheese Plate* ✓  
*Deli Sandwiches*

All meals include your choice of fruit, vegetables and milk.

# LCSD#1 Free Summer School Breakfast Menu June and July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a stick - P 	Blueberry Mini Waffles 	Mini Maple Pancakes 	Fruit Frudel 	French Toast Sticks 

In addition to the regular menu above, students will have other entrée choices such as Ultimate Breakfast Round, Bagel & Cream Cheese, a variety of whole grain cold cereal, granola & yogurt. Each meal also comes with your choice of fruit, juice, and milk.  
P – Contains Pork

## Breakfast Service: 7:15-7:45am

Summer School Breakfast is available June 12<sup>th</sup>-July 19<sup>th</sup> and will be closed July 3<sup>rd</sup> & 4<sup>th</sup>

Summer School Sites: South High School and Afflerbach, Baggs, Freedom, Rossman, and Sunrise Elementary  
Open site, 18 & under eat for free!

take time for  
**school  
BREAKFAST**



This institution is an equal opportunity provider.



# Fuel Up for Summer Fun with the **FREE** Summer Food Program!



## Locations & Service Times

### **June 8-July 12, 2017**

Breakfast 8:00-8:30am

Lunch 11:30am-12:30pm

Afflerbach

Baggs

Freedom

Rossman

Sunrise

### **June 12-July 19, 2017**

#### **South High**

Breakfast 7:15-7:45am

Lunch 11:30-12:30pm



## Extended Service Locations

**June 8-August 4, 2017**

### **Lunch Only:**

**Afflerbach:** 11:30am-12:30pm

**Rossman:** 11:30am-12:30pm

**YMCA:** 11:00am-12:00pm

### **Parks & Rec Sites:**

**Pioneer Park Center (1331 Talbot Ct.) & Youth  
Activity & Community Center (1317 Parsley Blvd)**

Mondays 11:30am-12:30pm

Tuesdays 10:30am-12:00pm (P. Park)

Tuesdays 10:30am-11:30pm (Parsley)

Wednesdays 11:30am-12:30pm

Thursdays 12:30am-1:30pm

Fridays 11:30am-12:30pm

(no adult meals for purchase at YMCA,  
Pioneer Park Center or Community Center)

**Everyone 18  
years old  
and under  
can eat for  
free at all  
locations!**

Adults may  
purchase a meal  
for \$4.00  
(not available at YMCA  
or Parks & Rec Sites)



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