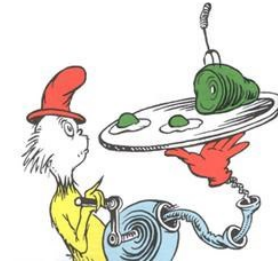


**Westford Public Schools**  
**Food Services**  
 Elementary: Abbot, Day, Crisafulli  
 Robinson, Nabnasset, Miller

# MARCH 2017



Daily Milk Offerings: Skim, 1% White, Fat Free Chocolate and Lactaid 1%

Student Lunch: \$3.25  
 Dessert: \$.50 A la Carte Milk: \$.60

Before Placing Your Order, Please Inform Your Server If You Have a Food Allergy

	Mon	Tue	Wed	Thu	Fri	
<p><b>FRUIT OFFERED EVERY DAY!</b>            All Schools serve a daily variety of fruits (local seasonal when available,</p>			<p>1 Ground Beef Stroganoff over ww Pasta, Baked Soft Pretzel, Honey Orange Glazed Carrots, Chilled Fruit and Milk</p>	<p>2 Dr. Seuss' Birthday Green Rice, Eggs and Ham or Roast Beast (Ham &amp; Cheese) Sandwich, Cat in the Hat Tomato Mozzarella Cups, One Fish Two Fish Goldfish Crackers, Chilled Fruit and Milk</p>	<p>3 Delivery Pizza A/D/C Domino's R/N/M Papa Gino's Carrot Sticks with Ranch Dip, Garden Salad Cups, Chilled Fruit &amp; Milk</p>	<p><b>EXTRA \$\$\$\$</b>            Consider being a Food Service Substitute            Join our Sub List Max 4 Hours/Day            For More Information Please Call 978-399-2741 or 2740</p>
<p>Harvest of the Month: Dairy Look for this all month long and in the Taste Test Tuesday recipes</p>	<p>6 Pasta Monday Penne with Meatsauce or Marinara, Texas Toast Garlic Bread, Caesar Salad Cups, Chilled Fruit and Milk</p>	<p>7 Potato Krunch Fish Sticks, Homemade Tartar Sauce, Sweet Potato Fries, Homemade Broccoli Slaw, Chilled Fruit and Milk</p>	<p>8 Circus Days Hot Dog on ww Bun, Sidewinder Curly Fries, R/F Cape Cod Potato Chips or Rold Gold Pretzels, Blue Raspberry Frozen Treat, Chilled Fruit and Milk</p>	<p>9 Grilled Turkey and Cheese or Ham and Cheese Panini, Quinoa Salad, Chilled Fruit and Milk</p>	<p>10 Delivery Pizza A/D/C Papa Gino's R/N/M Domino's Tomato, Cucumber and Dill Cups, Chilled Fruit and Milk</p>	
<p>Daily Alternates: Bagel Fun Lunch, Make Your Own Pizza or Grilled Cheese Sandwich or Grilled Ham and Cheese Sandwich</p>	<p>13 Pasta Monday Spaghetti with Meatballs, Honey Glazed Carrots, ww Dinner Roll or Breadstick, Chilled Fruit and Milk</p>	<p>14 Shamrock Shaped Chicken Nuggets, Crispy Oven Fries or Wedges, Garden Salad Cups, Taste Test Tuesday: Chocolate Chip Cannoli Cups, Chilled Fruit and Milk</p>	<p>15 Hamburger, Cheeseburger, Veggie Burger on a Pretzel Bun, Sweet Potato Fries, Pizza Green Beans, Chilled Fruit and Milk</p>	<p>16            Early Release            No Lunch Served</p>	<p>17 Delivery Pizza A/D/C Domino's R/N/M Papa Gino's Broccoli Crunch Salad, Carrot Sticks with Dip, Chilled Fruit &amp; Milk</p>	
<p>Menus are posted weekly on the Food Service Department website:  <a href="http://www.westfordk12.us">www.westfordk12.us</a>            Limited copies are available in the front office of each school.</p>	<p>20 Pasta Monday Chic' Broccoli, Penne, Spinach Salad Cups, Texas Toast Garlic Bread, Chilled Fruit and Milk</p>	<p>21 Roast Turkey Dinner, Stuffing, Mashed Potatoes, Carrots, Cranberry Sauce, Gravy, Chilled Fruit and Milk</p>	<p>22 Chicken Parmesan Sandwich, ww Pasta Salad, Caesar Salad Cups, Chilled Fruit and Milk</p>	<p>23 Loaded Turkey Nachos, Lettuce, Salsa, Sour Cream, Spanish Rice, Seasoned Corn, Chilled Fruit and Milk</p>	<p>24 Delivery Pizza A/D/C Papa Gino's R/N/M Domino's Fresh Veggie Bites with Spinach Dip, Tomato Mozzarella Cups, Chilled Fruit and Milk</p>	<p>Code for Menued Items:            ~ = ground beef            + = vegetarian            ^ = ground turkey            ` = turkey product            # = pork product            ** = whole grain product            ww = whole wheat bread            RF = reduced fat            RS = reduced sodium</p>
<p>All Cafeterias offer Daily Vegetarian Options</p>	<p>27 Pasta Monday Penne with Meatsauce or Marinara, ww Dinner Roll, Caesar Salad</p>	<p>28 Cinnamon French Toast, Sausage Links, Honey Carrot Coins, Taste Test Tuesday:</p>	<p>29 Chicken Patty Sandwich Your Way, Sweet Potato Fries, Seasoned</p>	<p>30            Parent Conferences</p>	<p>31 Delivery Pizza A/D/C Domino's R/N/M Papa Gino's Carrot Sticks with</p>	<p>On Rare Occasions Menu Changes are Made Without Notice Due to Circumstances Beyond Our Control</p>