



BRANCIFORTE MIDDLE SCHOOL

Home of the Bees!

October Menu

ALL MEALS ARE FREE!

Monday

Western BBQ Burger
Veggie Burger
Turkey Sandwich
Tuna Sandwich
Garden Salad
Chicken Caesar Salad

Tuesday

Southwest Chicken Tornados
Bean & Cheese Burrito
Turkey Sandwich
Garden Salad
Chicken Caesar Salad

Wednesday

Spicy & Spicy Pork Loaded Fry Bowl
Grilled Cheese Sandwich **NEW**
Turkey Sandwich
Ham Sandwich
Garden Salad
Chicken Caesar Salad

Thursday

CALIFORNIA THURSDAYS 
Teriyaki Chicken Rice Bowl
Tofu Teriyaki Rice Bowl
Turkey Sandwich
Garden Salad
Chicken Caesar Salad

Friday

Pizza Pepperoni, Cheese or Hawaiian
Sub Sandwich
Garden Salad
Chicken Caesar Salad

All of our meals are served with fresh fruit and vegetables.



We serve fat free and 1% low fat milk



Start your day out right by eating breakfast at school!





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Octubre Menu

TODAS LAS COMIDAS SON GRATIS!

Lunes

Hamburguesa de barbacoa occidental
Sandwich de Pavo
Sandwich de Atun
Ensalada de Jardín
Ensalada de Pollo Casar

HAPPY HALLOWEEN

Martes

Tornado de pollo del suroeste
Frijoles y Queso Burrito
Sandwich de Pavo
Ensalada de Jardín
Ensalada de Pollo Casar

Miercoles

NEW

Tazón de fritura dulce y picante de cerdo cargado
Sandwich de queso fundido
Sandwich de Pavo
Sandwich de Jamon
Ensalada de Jardín
Ensalada de Pollo

Jueves

CALIFORNIA THURSDAYS 
Cuenco de arroz con pollo teriyaki
Sandwich de Pavo
Ensalada de Jardín
Ensalada de Pollo CasarCasar

Viernes

Pizza Pepperoni, Queso o Hawaiano
Sandwich de submarino
Ensalada de Jardín
Ensalada de Pollo Casar

Todas las comidas se sirven con frutas y hortalizas frescas. Usamos organicos cuando sea posible.

Servimos libre de grasa y 1% de leche baja en grasa.



Network for a Healthy California

Empiece el dia desayunando en la escuela!

