

# Breakfast



The best way to start your day!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Muffin</b> Sausage, Egg & Cheese <b>Benefit Breakfast Bar</b> Bagel Plain with Cream cheese Donut Holes Cereal, variety with cracker Yogurt Parfait Hash browns Fresh Fruit or Juice Milk, 1%, or Fat Free	<b>Breakfast Bagel</b> Ham, Egg & Cheese <b>Benefit Breakfast Bar</b> Bagel Plain with Cream cheese Muffins Fresh Baked Cereal, variety with cracker Yogurt Parfait Hash browns Fresh Fruit or Juice Milk, 1%, or Fat Free	<b>Ham &amp; Cheese Croissant</b> <b>Benefit Breakfast Bar</b> Bagel Plain with Cream cheese Cinnamon Rolls Cereal, variety with cracker Yogurt Parfait Hash browns Fresh Fruit or Juice Milk, 1%, or Fat Free	<b>Breakfast Bowl</b> Egg, Potato & Cheese <b>Benefit Breakfast Bar</b> Bagel Plain with Cream Cheese Muffins, Fresh Baked Cereal, variety with cracker Yogurt Parfait Hash browns Fresh Fruit or Juice Milk, 1%, or Fat Free	<b>Breakfast Burrito</b> <b>Benefit Breakfast Bar</b> Bagel Plain with Cream cheese Coffecake, Fresh Baked Cereal, variety with cracker Yogurt Parfait Hash browns Fresh Fruit or Juice Milk, 1%, or Fat Free



# Desayuno



## La mejor manera de empezar el día!

Lunes	Martes	Miercoles	Jueves	Viernes
<b>Salchicha y huevo mollete</b>	<b>Jamon y panecillo del huevo</b>	<b>Croissant de jamón y queso</b>	<b>Tazón de desayuno</b>	<b>Burrito de papas y queso</b>
<b>Desayuno Bar</b>	<b>Desayuno Bar</b>	<b>Desayuno Bar</b>	<b>Desayuno Bar</b>	<b>Desayuno Bar</b>
<b>Bagel con queso crema</b>	<b>Bagel con queso crema</b>	<b>Bagel con queso crema</b>	<b>Bagel con queso crema</b>	<b>Bagel con queso crema</b>
<b>Agujeros de rosaquilla</b>	<b>Magdalena</b>	<b>Rollo de canela</b>	<b>Magdalena</b>	<b>Pastel de Café</b>
<b>Cereal, la variedad con la galleta</b>	<b>Pastel de cafe</b>	<b>Cereal, la variedad con la galleta</b>	<b>Cereal, la variedad con la galleta</b>	<b>Cereal, la variedad con la galleta</b>
<b>Parfait de yogur</b>	<b>Cereal, la variedad con la galleta</b>	<b>Parfait de yogur</b>	<b>Parfait de yogur</b>	<b>Parfait de yogur</b>
<b>Fruta fresca o jugo</b>	<b>Parfait de yogur</b>	<b>Fruta fresca o jugo</b>	<b>Fruta fresca o jugo</b>	<b>Fruta fresca o jugo</b>
	<b>Fruta fresca o jugo</b>	<b>Leche, 1% baja en</b>	<b>Leche, 1% baja en grasa o sin grasa</b>	<b>Leche, 1% baja en</b>

