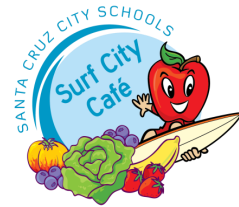


Costanoa September Menu



ALL MEALS ARE FREE!

NEW

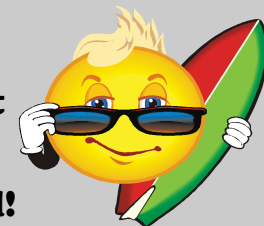
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Bosco Sticks Turkey Sandwich</p>	<p>Pesto Chicken Sandwich Ham Sandwich</p>	<p>Bean & Cheese Pupusa Turkey Sandwich</p>	<p>CALIFORNIA THURSDAYS  Chicken & Veggie Pot Stickers Ham Sandwich</p>	<p>Pizza Pepperoni, or Cheese Sub Sandwich</p>

All of our meals are served with fresh fruit and vegetables from our Salad Bar.

We serve fat free and 1% low fat milk.



Start your day out right by eating breakfast at school!






Costanoa

Septiembre Menu

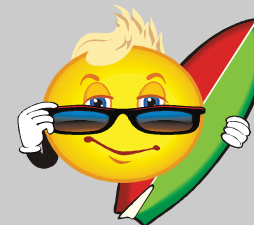
TODAS LAS COMIDAS SON GRATIS!

NEW

Lunes	Martes	Miercoles	Jueves	Viernes
Bosco Sticks Sandwich de Pavo	Sandwich de pollo al pesto Sandwich de Jamon	Pupusa de Frijoles y Queso Sandwich de Pavo	 Pegatina Olla de pollo y verduras Sandwich de Jamon	Pizza Pepperoni, Queso Sandwich de submarino

Todas las comidas se sirven con frutas y hortalizas frescas. Usamos organicos cuando sea posible.

Servimos libre de grasa y 1% de leche baja en grasa.



Empiece el dia desayunando en la escuela!