

**ALL MEALS  
ARE FREE!**

# September Menu

WELCOME TO SURF CITY CAFE! REAL FOOD, REAL FUN, REAL GOOD!!



## Monday

**Bosco Sticks**  
**Pizza**  
**Sandwiches**  
**Turkey & Cheese**  
**Tuna Salad**  
**Smuckers PB&J**  
**Salads**  
**Chicken Caesar**  
**Chinese Chicken**  
**Garden Vegetable**  
**Soup of the Day**  
**Potato Wedges**  
**Carrot& Celery Stick**  
**Fresh Fruit**  
**Milk**



## Tuesday

**Pesto Chicken Sandwich**  
**Grilled Cheese Sandwich**  
**Pizza**  
**Sandwiches**  
**Turkey & Cheese**  
**Smuckers PB&J**  
**Salads**  
**Chicken Caesar**  
**Chinese Chicken**  
**Garden Vegetable**  
**Soup of the Day**  
**Potato Wedges**  
**Carrot& Celery Stick**  
**Fresh Fruit**  
**Milk**

## Wednesday

**Bean & Cheese Pupusa**  
**Pizza**  
**Sandwiches**  
**Turkey & Cheese**  
**Ham & Cheese**  
**Smuckers PB&J**  
**Salads**  
**Chicken Caesar**  
**Chinese Chicken**  
**Garden Vegetable**  
**Soup of the Day**  
**Potato Wedges**  
**Carrot& Celery Stick**  
**Fresh Fruit**  
**Milk**

## Thursday

**CALIFORNIA THURSDAYS**   
**Chicken & Veggie Pot Stickers**  
**Pizza**  
**Sandwiches**  
**Turkey & Cheese**  
**Smuckers PB&J**  
**Salads**  
**Chicken Caesar**  
**Chinese Chicken**  
**Garden Vegetable**  
**Soup of the Day**  
**Potato Wedges**  
**Carrot& Celery Stick**  
**Fresh Fruit**  
**Milk**



## Friday

**Wings o Fire**  
**Hot Chicken wings with Garlic Bread & Ranch Dressing**  
**Grilled Cheese Sandwich**  
**Pizza**  
**Sandwiches**  
**Turkey & Cheese**  
**Turkey Submarine**  
**Salads**  
**Chicken Caesar**  
**Chinese Chicken**  
**Garden Vegetable**  
**Soup of the Day**  
**Potato Wedges**  
**Carrot& Celery Stick**  
**Fresh Fruit**  
**Milk**



**All of our meals are served with fresh fruit and vegetables. Whenever possible we use organics. We are proud to part of the following local programs.**