


Costanoa January Menu



BREAKFAST \$2.75

LUNCH \$3.75

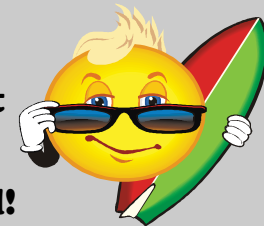
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mac N Cheese Turkey Sandwich</p> <p>NEW!</p>	<p>Chicken Chili Crispito Bean N Cheese Burrito Ham Sandwich</p>	<p>Chicken & Waffles Veggie Bites & Waffles Turkey Sandwich</p>	<p>CALIFORNIA THURSDAYS </p> <p>Orange Chicken Rice Bowl Ham Sandwich</p>	<p>Pizza Pepperoni, or Cheese Sub Sandwich</p>

All of our meals are served with fresh fruit and vegetables from our NEW salad Bar.

We serve fat free and 1% low fat milk.

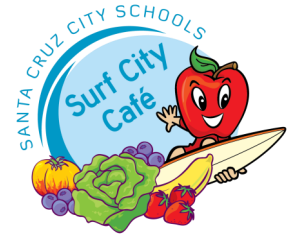


**Start your day out
right by eating
breakfast at school!**



Costanoa

Enero Menu



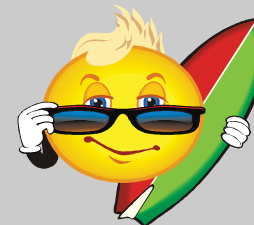
DESAYUNO \$2.75

ALMUERZO \$3.75

Lunes	Martes	Miercoles	Jueves	Viernes
<p>Macarrones con Queso</p> <p>Sandwich de Pavo</p> <p>NEW!</p>	<p>Flautas de Pollo</p> <p>Burrito de frijoles y queso</p> <p>Sandwich de Jamon</p>	<p>Pollo y Waffles</p> <p>Vegetariana Bites & Waffles</p> <p>Sandwich de Pavo</p>	<p>CALIFORNIA THURSDAYS </p> <p>Tazón de fuente de pollo a la naranja</p> <p>Sandwich de Jamon</p>	<p>Pizza Pepperoni, Queso</p> <p>Sandwich de submarino</p>

Todas las comidas se sirven con frutas y hortalizas frescas. Usamos organicos cuando sea posible.

Servimos libre de grasa y 1% de leche baja en grasa.



Empiece el dia desayunando en la escuela!