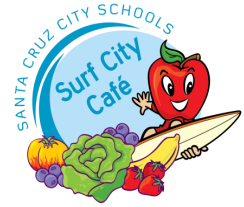



Costanoa

March Menu



BREAKFAST \$2.75

LUNCH \$3.75

Monday	Tuesday	Wednesday	Thursday	Friday
 City Burger Turkey Sandwich Daily Salad Bar	Teriyaki Chicken Noodle Bowl Egg Salad Sandwich Daily Salad Bar	Bean & Cheese Pupusa NEW! Ham Sandwich Daily Salad Bar	CALIFORNIA THURSDAYS  Spicy Chicken Sandwich Turkey Sandwich Daily Salad Bar	Pizza Pepperoni, or Cheese Sub Sandwich Daily Salad Bar

All of our meals are served with fresh fruit and vegetables from our NEW salad Bar.

We serve fat free and 1% low fat milk.

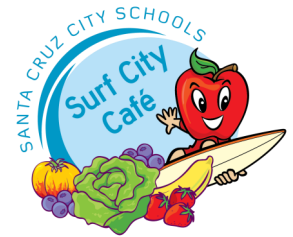


Start your day out right by eating breakfast at school!



Costanoa

Marzo Menu



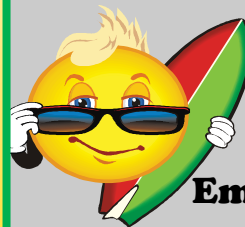
DESAYUNO \$2.75

ALMUERZO \$3.75

Lunes	Martes	Miercoles	Jueves	Viernes
 <p>Hamburguesa Sandwich de Pavo Barra de ensaladas</p>	<p>Cuenco de Fideos de Pollo Teriyaki Sandwich de Huevos Barra de ensaladas</p>	<p>Frijol y Queso Pupusa Sandwich de Jamon Barra de ensaladas</p> <p>NEW!</p>	<p>CALIFORNIA THURSDAYS </p> <p>Sándwich de pollo picante Sandwich de Pavo Barra de ensaladas</p>	<p>Pizza Pepperoni, Queso Sandwich de Submarino Barra de ensaladas</p>

Todas las comidas se sirven con frutas y hortalizas frescas. Usamos organicos cuando sea posible.

Servimos libre de grasa y 1% de leche baja en grasa.



Empiece el dia desayunando en la escuela!

