

# Costanoa



# February Menu

**BREAKFAST \$2.75**

**LUNCH \$3.75**

Monday	Tuesday <b>NEW!</b>	Wednesday	Thursday <b>NEW!</b>	Friday
<p><b>Bosco Sticks</b> <b>Turkey Sandwich</b></p> 	<p><b>Teriyaki Beef Bowl</b> <b>Teriyaki Veggie Bowl</b> <b>Egg Salad Sandwich</b></p>	<p><b>Chicken Crispito</b> <b>Bean N Cheese Burrito</b> <b>Ham Sandwich</b></p>	<p><b>BBQ Chicken Basket</b> <b>Veggie Bites with Fries</b> <b>Turkey Sandwich</b></p>	<p><b>Pizza</b> <b>Pepperoni, or Cheese</b> <b>Sub Sandwich</b></p>



**All of our meals are served with fresh fruit and vegetables from our salad Bar.**

**We serve fat free and 1% low fat milk.**



**Start your day out right by eating breakfast at school!**





# Costanoa



# Febrero Menu

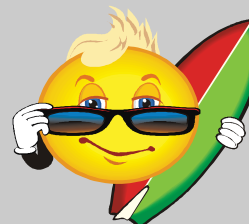
**DESAYUNO \$2.75**

**ALMUERZO \$3.75**

Lunes	Martes	Miercoles	Jueves <b>NEW!</b>	Viernes
<b>Bosco Sticks</b> <b>Sandwich de Pavo</b> 	<b>Carne de vaca</b> <b>Teriyaki Tazón</b> <b>Sandwich de Huevos</b> <b>NEW!</b>	<b>Flauta de Pollo</b> <b>Frijoles y Queso</b> <b>Burrito</b> <b>Sandwich de Jamon</b>	<b>Pollo a la barbacoa</b> <b>Ofertas de Vegetarian</b> <b>Sandwich de Pavo</b> 	<b>Pizza</b> <b>Pepperoni, Queso</b> <b>Sandwich de submarino</b>

**Todas las comidas se sirven con frutas y hortalizas frescas. Usamos organicos cuando sea posible.**

**Servimos libre de grasa y 1% de leche baja en grasa.**



**Empiece el dia desayunando en la escuela!**