


Costanoa January Menu



BREAKFAST \$2.75

LUNCH \$3.75

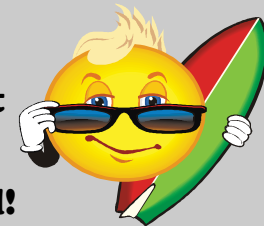
Monday	Tuesday	Wednesday	Thursday	Friday
Bosco Sticks Turkey Sandwich	Chicken Tenders Grilled Cheese Sandwich Egg Salad Sandwich	Chicken Chili Flautas Bean & Cheese Burrito Ham Sandwich	 Teriyaki Chicken Rice Bowl Turkey Sandwich	Pizza Pepperoni, or Cheese Sub Sandwich

All of our meals are served with fresh fruit and vegetables from our NEW salad Bar.

We serve fat free and 1% low fat milk.

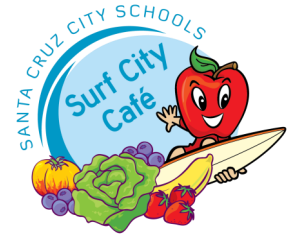


Start your day out right by eating breakfast at school!



Costanoa

Enero Menu



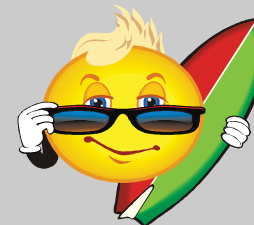
DESAYUNO \$2.75

ALMUERZO \$3.75

Lunes	Martes	Miercoles	Jueves	Viernes
Bosco Sticks Sandwich de Pavo	Ofertas de Pollo Sandwich de Queso a la Plancha Sandwich de Huevos	Hamburguesa de carne 100% Hamburguesa vegetariana Sandwich de Jamon	 Tazón de arroz de pollo Teriyaki Sandwich de Pavo	Pizza Pepperoni, Queso Sandwich de submarino

Todas las comidas se sirven con frutas y hortalizas frescas. Usamos organicos cuando sea posible.

Servimos libre de grasa y 1% de leche baja en grasa.



Empiece el dia desayunando en la escuela!