



School Information: . Extra milk & ice cream \$.70, Chef Salad w/ Tuna offered every Monday, Fruit Salad w/ Yogurt & Chef Salad offered daily



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
***Menu may change without Notice due to product availability**



Monday



Deli Turkey & Cheese on Bun, lettuce Pickle Chip, Beans, Baby Carrots, Fresh Orange or Juice or Mixed Fruit, Milk **4**

Hot Dog on Bun w/ chili French Fries, Baked Beans / Fresh Fruit, Diced Peaches or Juice / Milk **11**

Sloppy Joe on Bun Romaine Garden Salad, French Fries, Beans, Orange, Select Fruit or Juice / Milk **18**

Deli Turkey & Cheese on Bun, lettuce Pickle Chip, Beans, Baby Carrots, Fresh Orange or Juice or Mixed Fruit, Milk **25**

Tuesday

Chicken Fajita Wrap w Romaine, Corn, French Fries, Baby Carrots, Fresh Apple slices or Juice or Select Fruit / Milk **5**

Manager's Choice **12**

Chicken Nuggets w Dip, Mash Potatoes, Bread stick, Spinach, Fresh Orange or Juice or Mixed Fruit, Milk **19**

Chicken Fajita Wrap w Romaine, Corn, French Fries, Baby Carrots, Fresh Apple slices or Juice or Select Fruit / Milk **26**

Wednesday

Chicken Nuggets w Dip, Mash Potatoes, Bread stick, Green Beans, Fresh Orange or Juice or Mixed Fruit, Milk **6**

Chicken Noodle Soup with Grilled Cheese or PB&J Sandwich, Baby Carrots, Broccoli, Fresh fruit or Select Fruit or Juice / Milk **13**

Manager's Choice **20**

Manager's Choice **27**

Thursday

Chopped Beef Steak, Rice, Dinner Roll, Broccoli, Grilled Butternut Squash, Fresh Fruit, Juice or Select Fruit / Milk **7**

Spaghetti, Garlic Bread, Green Peas, Garden Salad w/ Romaine, Baby Carrots with Ranch dressing, Fresh Orange, or Juice or Mixed Fruit / Milk **14**

Chicken Alfredo, Dinner Bread Stick, Green Peas, Candied Yams, Fresh Apple slices, Juice or Select Fruit / Milk **21**

Chili, Corn Bread, Spinach, Yams or Butternut Squash, Orange, Select Fruit or Juice, Milk **28**

Friday

Chicken Cheesy Spaghetti, Bread stick, Corn, Spinach, Garden Salad w/ Romaine, Fresh Orange, or Juice or Mixed Fruit / Milk **1**

Pizza Sticks w Dip Romaine Garden Salad Black Beans & Corn, Baby carrots, Fresh Orange or Juice or Peach Slices / Milk **8**

Pizza / Garden Salad w/ Romaine, Beans/ Baby Carrots, Fresh Orange or Juice or Select Fruit / Milk **15**

Corn Dog Nuggets w/Dip Mashed Potatoes. Blackeye Peas, Bread Sticks, Spinach, Baby carrots, Baked Apple slices, Juice or Fruit Milk **22**

