

Atlanta Public Schools Nutrition Department Supper On Site (SOS) Program

In conjunction with the Expanded Day/Special Projects Department, the Nutrition Department provides a much-needed service, giving children a safe place to go after school and nutritious food that gives them the energy they need to concentrate on homework and join their friends in physical, educational, and social activities. The Supper on Site (SOS) Program initiative will allow all students attending registered afterschool programs a **FREE** supper meal.

The U.S. Department of Agriculture's (USDA) Food and Nutrition Service (FNS) administers the Child and Adult Care Food Program (CACFP) at the national level. Within the state of Georgia, the program is administered by *Bright from the Start*.

Supper on Site (SOS) Menu

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
				
06	07	08	09	10
Salisbury Steak w/Rice Mac & Cheese (V) Green Beans Whole Wheat Roll Fresh Orange 1% Chocolate & 1% White Milk	Turkey & Rice Burrito Red Beans & Rice (V) Steamed Carrots Sliced Pears 1% Chocolate & 1% White Milk	Spaghetti w/Meatballs Veggie Wrap (V) Steamed Broccoli Florets Breadsticks Fresh Apple 1% Chocolate & 1% White Milk	Chicken Enchiladas Cheese Enchiladas (V) Mexican Black Beans Fresh Orange 1% Chocolate & 1% White Milk	Beefy Mac Garlic & Herb Vegetable Alfredo Rotini (V) Cooked Carrots Whole Wheat Roll Sliced Pears 1% Chocolate & 1% White Milk
13	14	15	16	17
Cheeseburger Cheesy Broccoli Baked Potato w/ Biscuit (V) Green Peas Whole Wheat Roll Sliced Peaches 1% Chocolate & 1% White Milk	Chicken & Waffles 3 Cheese Alfredo (V) Tater Tots Fresh Sliced Orange 1% Chocolate & 1% White Milk	Meat Lovers Pizza Cheese Pizza (V) Cooked Carrots Fresh Apple 1% Chocolate & 1% White Milk	Fish & Chips Cheesy Mac & Cheese (V) Steamed Broccoli Florets Whole Wheat Roll Fresh Orange 1% Chocolate & 1% White Milk	Country Turkey & Sauce/ w Rice Grilled Cheese Sandwich (V) Green Beans Whole Wheat Roll Sliced Pears 1% Chocolate & 1% White Milk
20	21	22	23	24
 No School	Spaghetti w/Meatballs Red Beans & Rice (V) Baked Beans Whole Wheat Roll Fresh Apple 1% Chocolate & 1% White Milk	Country Fried Steak Garlic & Herb Vegetable Alfredo Rotini (V) Seasoned Green Beans Whole Wheat Roll Fresh Banana 1% Chocolate & 1% White Milk	Chicken Tenders Cheese Enchiladas (V) Steamed Broccoli Florets Whole Wheat Roll Fresh Orange 1% Chocolate & 1% White Milk	Teriyaki Meatballs w/Rice Veggie Wrap (V) Cooked Carrots Sliced Peaches 1% Chocolate & 1% White Milk
27	28	29	30	31
Beefy Mac Vegetable Sub (V) Cooked Carrots Whole Wheat Roll Fresh Apple 1% Chocolate & 1% White Milk	Rotisserie Chicken w/Rice Garlic & Herb Vegetable Alfredo Rotini (V) Baked Beans Fresh Banana 1% Chocolate & 1% White Milk	Meat Lovers Pizza Cheese Pizza (V) Steamed Broccoli Florets Fresh Apple 1% Chocolate & 1% White Milk	Lemon Pepper Chicken w/ Rice Grilled Cheese Sandwich (V) Green Beans Sliced Pears Whole Wheat Roll 1% Chocolate & 1% White Milk	Cheeseburger Cheesy Broccoli Baked Potato (V) Green Peas Whole Wheat Roll Fresh Orange 1% Chocolate & 1% White Milk

All meals are served with a choice of chilled 1% chocolate or 1% white milk

Indicates Gluten Free items