

AUGUST

Morningside Annex Lunch



Questions or
Comments?
Upenda Sibley
Director of Operation
Phone: 404-802-2540



DAILY SELECTIONS:

ASSORTED LOWFAT MILK

APS SALAD BOWL OPTIONS:

LETTUCE & SPINACH SALAD MIX
BABY CARROTS
BROCCOLI
CAULIFLOWER
CELERY
(LG) CUCUMBER
(LG) TOMATO

FRESH FRUIT SELECTION

LG = LOCALLY GROWN
FRUITS AND/OR VEGETABLES



This institution is an equal
opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

*Vegetarian Option (or
vegetarian upon request)

WELCOME BACK

TO SCHOOL

!!

12

Lunch

Turkey Burger
(V) Fajita Chicken Baked
Potato Biscuit

13

Lunch

Juicy Turkey Hot Dog
(V) Cheese Enchilada

14

Lunch

Savory Chicken, Broccoli
& Garlic Rotini
(V) Classic Cheese Pizza

15

Lunch

Crispy Fish Nuggets w/
WG Dinner Roll
(V) Country Egg Salad
Sandwich w/ Crackers

16

Lunch

Turkey Pot Roast
(V) WOW Butter & Jelly
Sandwich w/ String Cheese

19

Lunch

Creamy Chicken Alfredo
w/ Breadstick
(V) Veggie Ranch Wrap

20

Lunch

Chicken Enchilada Casserole
(V) Mozzarella Cheese
Quesadilla

21

Lunch

Classic Pepperoni Pizza
(V) WOW Butter & Jelly
Sandwich w/ String Cheese

22

Lunch

Down Home Chicken
& Waffles
(V) Fruit & Yogurt Power Pack

23

Lunch

Traditional Turkey & Cheese
Sandwich w/ Crackers
(V) Creamy White Mac &
Cheese

26

Lunch

Salisbury Steak w/
Roll & Rice
(V) Country Egg Salad
Sandwich w/ Crackers

27

Lunch

Whole Grain Fish Patty
Sandwich
(V) Ants on a Log Power Pack

28

Lunch

Traditional Turkey Tetrazzini
w/ Whole Grain Dinner Roll
Classic Pepperoni Pizza

29

Lunch

Zesty Orange Chicken
(V) Grilled Cheese Sandwich

30

Lunch

(V) Cheesy Broccoli Baked
Potato w/ Biscuit
Crispy Fish & Chips w/ Roll

Adult Meal Price: \$5.00

*1 % Low Fat White and Chocolate Milk Offered Daily