

AUGUST

Lunch (K-8)

Questions or
Comments?

Upenda Sibley
Director of Operation
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DAILY SELECTIONS:

ASSORTED LOWFAT MILK

APS SALAD BOWL OPTIONS:

LETTUCE & SPINACH SALAD MIX
BABY CARROTS
BROCCOLI
CAULIFLOWER
CELERY
(LG) CUCUMBER
(LG) TOMATO
FRESH FRUIT SELECTION

LG = LOCALLY GROWN
FRUITS AND/OR VEGETABLES

Fresh Fruit &
Vegetable Bar
Served Daily!



This institution is an equal
opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

30 Lunch (V) Vegetarian Option (or vegetarian upon request) V = vegetarian	31 Lunch Cheesy Chicken Flour Tacos Whole Grain Fish Patty Sandwich (V) Ants on a Log Power Pack Seasoned Refried Beans	1 Lunch Traditional Turkey Tetrazzini with WG Roll Chunky Tuna Salad Wrap (V) Classic Cheese Pizza Italian Mixed Vegetables	2 Lunch Zesty Orange Chicken Fresh Ham & Cheese Sub (V) Grilled Cheese Sandwich Cooked Crinkle Cut Carrots	(V) Cheesy Broccoli Baked Potato W/ Biscuit Turkey & Cheese Wrap Crispy Fish & Chips W/ Roll Seasoned Green Peas
5 Lunch Oven Baked Turkey Pot Pie Popcorn Chicken Snowbowl w/ Roll (V) Veggie Ranch Wrap Cooked Crinkle Cut Carrots	6 Lunch Turkey & Rice Burrito Ham & Cheese Sandwich W/ Crackers (V) Cheesy Nachos Charro Beans	7 Lunch Loaded Meatlovers Pizza Turkey & Cheese Sub (V) Garlic & Herb Vegetable Alfredo Rotini with Breadstick Seasoned Broccoli Florets	8 Lunch Crispy Fish Nuggets Grilled Cheeseburger (V) Fruit & Yogurt Power Pack w/Saltines Cooked Green Beans	9 Lunch Country Fried Steak W/ Roll Turkey Chili with Beans & Homestyle Cornbread (V) Creamy Macaroni & Cheese Seasoned Mashed Potatoes
12 Lunch Turkey Burger (V) Fajita Chicken Baked Potato W/ Biscuit Crisp Corn on the Cob and Crinkle Cut Fries	13 Lunch Adobe Chicken Wrap Juicy Turkey Hot Dog (V) Cheese Enchilada Cooked Crinkle Cut Carrots	14 Lunch Savory Chicken, Broccoli & Garlic Rotini Fresh Ham & Cheese Salad W/ Seasoned Croutons (V) Classic Cheese Pizza Italian Mixed Vegetables	15 Lunch Crispy Fish Nuggets W/ Whole Grain Dinner Roll (V) Country Egg Salad Sandwich W/ Crackers Chili Cheese Fries Peppered Corn	16 Lunch Turkey Pot Roast Homemade Meatloaf W/ Whole Wheat Roll (V) Wow Butter & Jelly Sandwich W/ String Cheese Seasoned Broccoli Florets
19 Lunch Chicken Nugget Potato Bowl W/ Roll Creamy Chicken Alfredo W/ Breadstick (V) Veggie Ranch Wrap Seasoned Broccoli Florets	20 Lunch Chicken Enchilada Casserole Tuna Salad wrap W/ Crackers (V) Mozzarella Cheese Quesadilla Mexican Black Beans	21 Lunch Savory Meatball Sub Classic Pepperoni Pizza (V) Wow Butter & Jelly Sandwich W/ String Cheese Italian Mixed Vegetables	22 Lunch Homemade Sausage & Cheese Biscuit Sandwich Down Home Chicken & Waffles (V) Grilled Cheese Sandwich Crispy Tater Tots	23 Lunch Chicken Teriyaki Traditional Turkey & Cheese Sandwich W/ Crackers (V) Creamy White Mac & Cheese Cooked Crinkle Cut Carrots
26 Lunch Salisbury Steak W/ Roll & Rice Popcorn Chicken W/ Roll (V) Country Egg Salad Sandwich W/ Crackers Seasoned Broccoli	27 Lunch Cheesy Chicken Flour Tacos Ants on a Log Power Pack (V) Grilled Cheese Sandwich Seasoned Refried Beans	28 Lunch Traditional Turkey Tetrazzini W/ Whole Wheat Roll Chunky Tuna Salad Wrap (V) Classic Cheese Pizza Italian Mixed Vegetables	29 Lunch Zesty Orange Chicken Fresh Ham & Cheese Sub (V) Grilled Cheese Sandwich Cooked Crinkle Cut Carrots	30 Lunch (V) Cheesy Broccoli Baked Potato W/ Biscuit Turkey & Cheese Wrap Crispy Fish & Chips W/ Roll Seasoned Green Peas

Adult Meal Price: \$5.00

*1 % Low Fat White and Chocolate Milk Offered Daily