

AUGUST

Pre-K Breakfast



Questions or
Comments?



Upenda Sibley
Director of Operation
Phone: 404-802-2540

Monthly Promotion

What's in season?



Did you know?

Your café menus are created by
a Chef and Registered Dietitian
so all your meals are delicious
AND nutritious!



This institution is an equal
opportunity provider.

Monday

*Vegetarian Option (or
vegetarian upon request)

Tuesday

30 Breakfast
Whole Wheat Egg,
Cheese & Turkey Sausage
Breakfast Taco
100% Apple Juice Cup
White 1% Low Fat Milk

Wednesday

31 Breakfast
(V) Vanilla Danimals
Yogurt
Fresh Sliced Oranges
White 1% Low Fat Milk

Thursday

1 Breakfast
(V) Egg and Cheese
Sandwich
Fresh Banana
White 1% Low Fat Milk

Friday

2 Breakfast
(V) Whole Grain
Brown Rice Krispies Cereal
Sliced Apples
White 1% Low Fat Milk

5 Breakfast
(V) Strawberry
Pancakes
Fresh Sliced Oranges
White 1% Low Fat Milk

6 Breakfast
Maple Breakfast on
a Stick
100% Apple Juice Cup
White 1% Low Fat Milk

7 Breakfast
(V) Gluten Free
Rice Chex Cereal
Fresh Sliced Oranges
White 1% Low Fat Milk

8 Breakfast
Sausage Breakfast
Pizza
Fresh Banana
White 1% Low Fat Milk

9 Breakfast
(V) Whole Grain Banana
Loaf
Sliced Apples
White 1% Low Fat Milk

12 Breakfast
(V) Cheerios Cereal
Fresh Sliced Oranges
White 1% Low Fat Milk

13 Breakfast
(V) Egg and Cheese
Sandwich
100% Apple Juice Cup
White 1% Low Fat Milk

14 Breakfast
(V) Fluffy Banana Muffin
Fresh Sliced Oranges
White 1% Low Fat Milk

15 Breakfast
Whole Wheat Egg,
Cheese & Turkey Sausage
Breakfast Taco
Fresh Banana
White 1% Low Fat Milk

16 Breakfast
(V) Vanilla Danimals
Yogurt
Sliced Apples
White 1% Low Fat Milk

19 Breakfast
(V) Whole Grain Golden
Blueberry Muffin
Fresh Sliced Oranges
White 1% Low Fat Milk

20 Breakfast
Sausage Breakfast
Pizza
100% Apple Juice Cup
White 1% Low Fat Milk

21 Breakfast
(V) Whole Grain
Banana Loaf
Fresh Sliced Oranges
White 1% Low Fat Milk

22 Breakfast
Maple Breakfast on
a Stick
Fresh Banana
White 1% Low Fat Milk

23 Breakfast
(V) Gluten Free
Rice Chex Cereal
Sliced Apples
White 1% Low Fat Milk

26 Breakfast
(V) Whole Grain Golden
Blueberry Muffin
Fresh Sliced Oranges
White 1% Low Fat Milk

27 Breakfast
Whole Wheat Egg,
Cheese & Turkey Sausage
Breakfast Taco
100% Apple Juice Cup
White 1% Low Fat Milk

28 Breakfast
(V) Vanilla Danimals
Yogurt
Fresh Sliced Oranges
White 1% Low Fat Milk

29 Breakfast
(V) Egg and Cheese
Sandwich
Fresh Banana
White 1% Low Fat Milk

30 Breakfast
(V) Whole Grain Brown
Rice Krispies Cereal
Sliced Apples
White 1% Low Fat Milk