

# May 2018

## High School Lunch Menu

	MONDAY	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
Homemade Creations		Baked Spaghetti & Meat Sauce Dinner Roll Seasoned Green Beans	Grilled Turkey Ham and American Melt Seasoned Corn Cheese Pizza (V)	Breaded Fish Melt Cheese Enchiladas (V) Kickin' Pinto Beans	Turkey Dog Chili Cajun Fries Vegetarian Baked Beans (V)
Made to Order Sandwiches, Salads, and Grill		Chickpea Salad Plate (V) Breaded Chicken Melt with Salsa All American Salad Saltine Crackers Sweet Potato French Fries	Chef Salad with Chicken Saltine Crackers 3/2pk Cold Turkey Breast and American Cheese Wrap Crinkle Cut Fries	Grilled Cheese Sandwich (V) Chef Salad with Turkey Ham Saltine Crackers Potato Wedges	Cheeseburger Tuna Salad Saltine Crackers Sweet Tator Bites
Pizza Zone		Cheese Pizza (V)	Turkey Chorizo Sausage Crumble Pizza	Meatball and Turkey Sausage Meat Lovers Pizza	Buffalo Ranch Chicken Strip Pizza
Fiesta Zone		Kickin' Pinto Bean and Rice Bowl (V) Sante Fe Rice	Bean Burrito (V) Red Beans & Rice (V)	Beef & Pinto Bean Nachos with Cheese Charro Beans	Spicy Black Bean Wrap Mexican Spiced Rice

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(V) = Vegetarian

**OFFERED DAILY:** 100% Fruit Juice, Fruit (to include but not limited to apple/orange wedges, banana and grapes), & a Variety of Milk  
Serving Healthy Meals for Student Success - [www.atlantapublicschoolsnutrition.us](http://www.atlantapublicschoolsnutrition.us)

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## High School Lunch Menu

	MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
<b>Homemade Creations</b>	Italian Meat Sauce Spaghetti Seasoned Green Peas Dinner Roll	Turkey Chili & Cheese Mac Pinto Bean Nachos w/ Cheese Sauce (V) Seasoned Broccoli	Roasted Chicken & Sauce Mashed Potatoes Veggie Chili Baked Potato (V)	Chili & Cheese Nachos Cheesy Penne Pasta (V) Seasoned Corn	Loaded Baked Potato w/ Cheese & Sausage Crumbles Macaroni and Cheese (V) Black Eyed Peas
<b>Made to Order Sandwiches, Salads, and Grill</b>	Grilled Three Cheese Sandwich (V) Cheeseburger Chef Salad w/Egg Saltine Crackers Sweet Potato French Fries	Jamaican Spiced Chicken Flatbread Sandwich Turkey Ham & American Cheese Sandwich Crinkle Cut Fries	Grilled Turkey Ham and American Melt Tuna Salad Saltine Crackers Sweet Tator Bites	Spicy Chicken Patty Sandwich Three Cheese Sandwich (V) Potato Wedges	Turkey Hot Dog Chicken Salad Sandwich Tator Bites
<b>Pizza Zone</b>	Chorizo Sausage Crumble Pizza	Buffalo Chicken Pizza	White Cheese & Turkey Sausage Flatbread Pizza	BBQ Chicken Strips Pizza	Cheese Pizza (V)
<b>Fiesta Zone</b>	Kickin' Taco Pinto Salad (V) Black Charro Beans	Black Bean, Corn & Cheese Burrito (V) BBQ Campfire Pinto Beans	Cheese Quesadilla (V) Yellow Rice	Bean and Cheese Burrito (V) Rice and Corn Salad	Black Bean & Corn Salad (V) Mexican Spiced Rice

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## High School Lunch Menu

	MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
<b>Homemade Creations</b>	Chili Cajun Fries Baked Pasta w Marinara Sauce and Cheese (V) Steamed Carrots	Fish Wedge Macaroni & Cheese (V) Seasoned Green Beans	Cheeseburger Broccoli Cheese & Rice Casserole (V) Baked Beans (V)	Roast Turkey & Sauce Cornbread Dressing Seasoned Collard Greens Wow Butter and Jelly Sandwich (V)	Turkey Chili & Cheese Mac Chicken Salad Sandwich Seasoned Corn
<b>Made to Order Sandwiches, Salads, and Grill</b>	Breaded Fish Melt Sandwich Turkey Breast and Cheddar Cheese Sandwich Sweet Potato French Fries	Grilled Cheese Sandwich Southwest Chicken Salad Crinkle Cut Fries	Swiss Cheese sandwich All American Salad Saltine Crackers Potato Wedges	Chili Cheese Dog Chef Salad with Egg (V) Saltine Cracker Sweet Tator Bites	Hot Dog on Bun Cold Turkey Ham and Cheese Sandwich Crinkle Cut Fries
<b>Pizza Zone</b>	Cheese Pizza (V)	Turkey Chorizo Sausage Crumble Pizza	Meatball and Turkey Sausage Meat Lovers Pizza	Buffalo Ranch Chicken Strip Pizza	BBQ Chicken Strips Pizza
<b>Fiesta Zone</b>	Black Bean & Corn Quesadilla (V) Mexican Corn Salad	Beef and Bean Burrito Mexican Spiced Rice	Nachos with Pinto Beans (V) Black Bean & Corn Salad	Chicken Nachos Red Beans & Rice (V)	Kickin' Pinto Taco Salad (V) Sante Fe Rice

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## High School Lunch Menu

	MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
<b>Grab N Go Lunch</b>	Spicy Chicken Patty Sandwich Wow Butter & Jelly Sandwich (V) Whole Apple Graham Crackers Blended Fruit Juice	Veggie Burger with American Cheese (V) All American Turkey Combo and Cheese Sandwich Orange Zucchini Slices Ranch Dressing Animal Crackers Orange Juice	Grilled Turkey Ham and American Melt Grilled Cheese Sandwich (V) Banana Broccoli Bites Ranch Dressing Cheez-It Crackers Grape Juice 4 oz.	Veggie Wrap (V) Turkey Breast Wrap Apple Whole Baby Carrots Ranch Dressing Cracker Graham Apple Juice 4 oz.	Black Bean Cheeseburger (V) Turkey Ham and Cheddar Cheese Sandwich Orange Whole Celery Ranch Dressing Animal Crackers Blended Fruit Juice

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## APS Salad Bowl High School

Served Every day:  
Tossed Leafy Greens, Cucumbers, Tomatoes,  
Onions (sliced/diced), Jalapeno Peppers, & Pickles

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Celery Sticks Mixed Fruit Apple Juice	1 Celery Sticks Mixed Fruit Apple Juice	2 Carrot & Raisin Salad Whole Orange Grape Juice	3 Creamy Coleslaw Fresh Fruit Cup Orange Juice	4 Fresh Baby Carrots Pears Blended Fruit Juice
7 Fresh Cucumbers Fresh Fruit Cup Orange Juice	8 Fresh Baby Carrots Pears Grape Juice	9 Potato Salad Applesauce Blended Fruit Juice	10 Fresh Tomato Wedges & Ranch Dressing Peaches Grape Juice	11 Celery Sticks Mixed Fruit Apple Juice
14 Celery Sticks Peaches Grape Juice	15 Broccoli Bites Whole Orange Apple Juice	16 Fresh Cucumber Slices Fresh Fruit Cup Blended Fruit Juice	17 Fresh Baby Carrots Banana Orange Juice	18 Creamy Coleslaw Pears Blended Fruit Juice

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## High School Grab & Go Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey Ham & Egg Cheese Sandwich Orange Apple Juice	2 Turkey Sausage Breakfast Pizza Banana Grape Juice	3 Warm Oatmeal Raisin Bar (V) Apple Blended Fruit Juice	4 Cheesy Egg Biscuit (V) Orange Apple Juice
7 Turkey Sausage Biscuit Apple Orange Juice	8 Hard Cooked Egg (V) Blueberry Muffin (V) Orange Grape Juice	9 Turkey Ham Biscuit Apple Blended Fruit Juice	10 Warm Oatmeal Raisin Bar (V) Orange Grape Juice	11 Turkey Ham Biscuit Banana Apple Juice
14 Turkey Sausage Biscuit Orange Apple Juice	15 Egg and Turkey Ham Biscuit Apple Grape Juice	16 Warm Oatmeal Raisin Bar (V) Banana Blended Fruit Juice	17 Turkey Ham Biscuit Orange Apple Juice	18 Egg & Cheese Sandwich (V) Apple Wedges Grape Juice
21 Egg and Turkey Ham Biscuit Orange Grape Juice	22 Chicken Biscuit Apple wedge Orange Juice	23 Turkey Sausage & Egg Patty Sandwich Banana Blended Fruit Juice	24 Strawberry Banana Yogurt (V) Graham Crackers Orange Grape Juice	25 Blueberry Muffin (V) Apple Blended Fruit Juice

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