

# May 2018

## Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Baked Spaghetti & Meat Sauce Dinner Roll Chick Pea Salad Plate (V) Buffalo Ranch Chicken Pizza All American Salad Saltine Crackers Green Beans Apple Juice	2 Turkey Breast & American Cheese Wrap Cheese Pizza (V) Turkey Chorizo Crumble Pizza Chef Salad w Chicken Saltine Crackers Seasoned Corn Grape Juice	3 Breaded Fish Sandwich Cheese Enchiladas (V) Meat Lovers Pizza Chef Salad w Turkey Ham Saltine Crackers Kickin' Pinto Beans Orange Juice	4 Turkey Dog Cheeseburger Chili Cajun Fries Cheese Pizza (V) Chicken Salad Sandwich Vegetarian Baked Beans (V) Blended Fruit Juice
7 Italian Meat Sauce & Spaghetti Dinner Roll Grilled Three Cheese Sandwich (V) Chef Salad w Egg (V) Saltine Crackers Chorizo Sausage Crumble Pizza Seasoned Green Peas Orange Juice	8 Turkey Sausage Pizza Pinto Beans Nachos w Cheese Sauce (V) Buffalo Chicken Pizza Turkey Ham & American Cheese Sandwich Seasoned Broccoli Grape Juice	9 Roasted Chicken & Sauce Tuna Salad & Saltine Crackers White Cheese & Turkey Sausage Flatbread Pizza Kickin' Pinto Taco Salad (V) Mashed Potatoes Blended Fruit Juice	10 Turkey Chili & Cheese Nachos Cheesy Penne Pasta (V) Egg Salad (V) Saltine Crackers BBQ Chicken Strip Pizza Seasoned Corn Grape Juice	11 Cheeseburger Turkey Hot Dog Cheese Pizza (V) Macaroni & Cheese (V) Sweet Potato Bites Apple Juice
14 Chicken & Pasta Bake Cheesy Pasta Bake (V) Chili & Cheese Cajun Fries Cheese Pizza (V) Steamed Carrots Grape Juice	15 Fish Wedge Baked Pasta w Cheese & Marinara Sauce (V) Southwest Chicken Salad Saltine Crackers Chorizo Sausage Crumble Pizza Seasoned Green Beans Orange Wedges Apple Juice	16 Cheeseburger Broccoli Cheese & Rice Casserole (V) All American Salad Saltine Crackers Meat Lovers Pizza Tator Bites Blended Fruit Juice	17 Roast Turkey & Sauce Cornbread Dressing Wow Butter & Jelly Sandwich (V) Chef Salad w Egg (V) Saltine Crackers Buffalo Ranch Chicken Strip Pizza Seasoned Collard Greens Orange Juice	18 Turkey Ham & Cheese Sandwich Cheese Pizza (V) Kickin' Taco Corn Salad (V) BBQ Chicken Strip Pizza Seasoned Corn Blended Fruit Juice
21 Salisbury Steak & Brown Sauce Dinner Roll Deli Turkey Breast & Cheese Sandwich Buffalo Ranch Chicken Strip Pizza Kickin' Pinto Salad (V) Mashed Potatoes Blended Fruit Juice	22 Glazed Turkey Ham Cheesy Penne Pasta (V) Wow Butter & Jelly Sandwich (V) Turkey Chorizo Sausage Pizza Baked Sweet Potato Orange Juice	23 Soft Tacos Macaroni & Cheese (V) Chef Salad w Egg (V) Meatball & Turkey Sausage Pizza Seasoned Corn Grape Juice	24 BBQ Chicken Dinner Roll Grilled Cheese Sandwich (V) Turkey Ham & American Cheese Sandwich Cheese Pizza (V) Seasoned Broccoli Apple Juice	25 Grilled Turkey Ham & American Melt Cheese Pizza (V) BBQ chicken Strip Pizza Tuna Salad Sandwich Seasoned Corn Tator Bites Fresh Fruit Cup Blended Fruit Juice

(V) = Vegetarian

**OFFERED DAILY:** 100% Fruit Juice, Fruit (to include but not limited to apple/orange wedges, banana and grapes), & a Variety of Milk

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## APS Salad Bowl Middle School

Served Every Day:

Tossed Leafy Greens, Cucumbers, & Tomatoes, Onions (sliced/diced), Jalapeno Peppers, & Pickles, Shredded cheese

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Celery Sticks Mixed Fruit	2 Carrot & Raisin Salad Whole Orange	3 Fresh Baby Carrots Pears	4 Fresh Baby Carrots Pears
7 Rice & Corn Salad Fresh Fruit Cup	8 Fresh Baby Carrots Pears	9 Broccoli Bites Applesauce	10 Fresh Cucumber Slices Peaches	11 Celery Sticks Mixed Fruit
14 Celery Sticks Peaches	15 Orange Wedges Mixed Fruit	16 Fresh Cucumber Slices Fresh Fruit Cup	17 Fresh Baby Carrots Banana	18 Creamy Coleslaw Pears
21 Carrot & Raisin Salad Pineapple Tidbits	22 Celery Sticks Pears	23 Fresh Apple Grape Juice	24 Fresh Baby Carrots Peaches	25 Fresh Fruit Cup Applesauce

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# May 2018

## Middle School Traditional Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Turkey Ham, Egg & Cheese Sandwich Grits (V) Pears Apple Juice	Cheese Grits (V) Biscuit Banana Grape Juice	Scrambled Eggs (V) Toast Peaches Blended Fruit Juice	Cheesy Egg Biscuit (V) Applesauce Orange Juice
7	8	9	10	11
Turkey Sausage Biscuit Cheese Grits (V) Pineapple Tidbits Orange Juice	Scrambled Eggs with Diced Turkey Ham & Biscuit Raspberry Yogurt (V) Peaches Grape Juice	Cheesy Biscuit (V) Brown Sugar Oatmeal (V) Applesauce Blended Fruit Juice	Cheese Grits (V) Warm Oatmeal Raisin Bar (V) Banana Grape Juice	Scrambled Eggs (V) Grits (V) Pears Apple Juice
14	15	16	17	18
Turkey Sausage Breakfast Pizza Cheese Grits (V) Pears Grape Juice	Eggs & Turkey Ham Biscuit Peach Oatmeal (V) Pineapple	Scrambled Eggs and Cheese (V) Toast Applesauce Blended Fruit Juice	Turkey Ham Biscuit Oatmeal with Brown Sugar (V) Peaches Orange Juice	Turkey Sausage Biscuit Grits (V) Banana Blended Fruit Juice
21	22	23	24	25
Eggs and Turkey Ham Biscuit Grits (V) Peaches Blended Fruit Juice	Scrambled Eggs with Cheese (V) Peach Oatmeal (V) Applesauce Orange Juice	Turkey Sausage & Egg Patty Sandwich Pears Grape Juice	Maple Oatmeal (V) Cheese Toast (V) Banana Apple Juice	Scrambled Eggs with Diced Turkey Ham Cheese Grits (V) Pineapple Tidbits Blended Fruit Juice

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