

April 2018

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9</p> <p>Italian Meat Sauce Spaghetti Dinner Roll Three Cheese Melt Sandwich (V) Kickin Pinto Taco Salad (V) Seasoned Broccoli</p>	<p>10</p> <p>Barbeque Chicken Biscuit Wow Butter & Jelly Sandwich (V) Turkey Sausage Pizza Campfire Beans</p>	<p>11</p> <p>Salisbury Steak & Sauce Dinner Roll Broccoli & Cheese Rice Casserole (V) Grilled Cheese (V) Tomato Soup Mashed Potatoes</p>	<p>12</p> <p>Fish Sticks Dinner Roll Macaroni & Cheese (V) Deli Turkey Sandwich Seasoned Green Beans</p>	<p>13</p> <p>Teriyaki Chicken Brown Rice Cheeseburger Cheese Pizza (V) Seasoned Green Peas</p>
<p>16</p> <p>Italian Roasted Chicken Biscuit Cheese Pizza (V) Turkey & American Cheese Sandwich Seasoned Broccoli</p>	<p>17</p> <p>Cheeseburger Cheesy Penne Pasta (V) Vegetable Bean Chili (V) Tater Tots</p>	<p>18</p> <p>General Tso's Chicken Brown Rice Bean Burrito (V) Turkey Hot Dog on Bun Ginger Glazed Carrots</p>	<p>19</p> <p>Roast Turkey w/ Onion Sauce Dinner Roll Wow Butter & Jelly Sandwich (V) Cheese Pizza (V) Seasoned Corn Cornbread Dressing</p>	<p>20</p> <p>Spinach Dip & Tortilla Chips (V) Broccoli & Red Pepper Strips (V) Chick Pea Salad (V) Flatbread (V) Black Bean & Corn Quesadilla (V) Peach Salsa (V)</p>
<p>23</p> <p>Glazed Turkey Ham Dinner Roll Baked Pasta w/ Marinara Sauce & Cheese (V) Three Cheese Melt Sandwich (V) Baked Sweet Potato</p>	<p>24</p> <p>Oven Roasted Chicken w/ Onion Sauce Dinner Roll Wow Butter and Jelly Sandwich (V) Turkey & Cheddar Cheese Sandwich Sweet Golden Corn</p>	<p>25</p> <p>Salisbury Steak & Sauce Dinner Roll Grilled Cheese Sandwich (V) Turkey Sausage Pizza Tomato Soup Tater Tots</p>	<p>26</p> <p>Orange Chicken w/ Broccoli Yellow Rice Cheese Pizza (V) Cheeseburger Steamed Carrots</p>	<p>27</p> <p>Roast Turkey w/ Onion Sauce Dinner Roll Macaroni & Cheese (V) Fish Sticks Seasoned Collard Greens</p>
<p>30</p> <p>Cheeseburger Broccoli & Cheese Rice Casserole (V) Turkey Sausage Pizza Tater Tots</p>				

(V) = Vegetarian

OFFERED DAILY: 100% Fruit Juice, Fruit (to include but not limited to apple/orange wedges, banana and grapes), & a Variety of Milk

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APS Salad Bowl Middle School

Served Every Day:

Tossed Leafy Greens, Cucumbers, & Tomatoes, Onions (sliced/diced), Jalapeno Peppers, Shredded Cheese & Pickles

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Red Pepper Strips Fresh Orange Wedges Mixed Fruit	10 Broccoli Bites Fresh Apple Wedges Sliced Pears	11 Fresh Zucchini Fresh Banana Applesauce	12 Celery Sticks Fresh Fruit Cup Sliced Peaches	13 Baby Carrots Fresh Apple Wedges Sliced Pears
16 Baby Carrots Fresh Fruit Cup Sliced Peaches	17 Red Pepper Strips Fresh Apple Wedges Mixed Fruit	18 Broccoli Bites Fresh Banana Sliced Pears	19 Celery Sticks Fresh Orange Mixed Fruit	20 Carrot & Raisin Salad Fresh Apple Wedges Applesauce
23 Celery Sticks Fresh Fruit Cup Sliced Peaches	24 Red Pepper Strips Fresh Apple Wedges Applesauce	25 Broccoli Bites Fresh Orange Wedges Mixed Fruit	26 Zucchini Slices Banana Sliced Pears	27 Creamy Coleslaw Fresh Fruit Cup Mixed Fruit
30 Celery Sticks Fresh Orange Mixed Fruit				

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Middle School Grab & Go Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Egg & Cheese Sandwich Apple 9	Strawberry Yogurt Graham Crackers Orange 10	Cheesy Biscuit Hard Cooked Egg Apple 11	Blueberry Muffin Raspberry Yogurt Banana 12	Turkey Sausage Biscuit Orange 13
Turkey Ham on Biscuit Apple 16	Turkey Sausage Biscuit Orange 17	Egg & Cheese Sandwich Banana 18	Cheesy Egg Biscuit Apple 19	Banana Muffin Strawberry Yogurt Orange 20
Egg & Cheese Sandwich Orange 23	Warm Turkey Sausage Sandwich Apple 24	Cereal Strawberry Yogurt Orange 25	Cheesy Egg Biscuit Banana 26	Warm Oatmeal Raisin Bar Raspberry Yogurt Apple 27
Warm Breakfast Turkey Ham & Cheese Sandwich Orange 30				

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