



# March 2018 High School Lunch Menu

	MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Homemade Creations	<b>Roasted BBQ Chicken</b> Whole Grain Dinner Roll  Fresh Cooked Kale Black Eyed Peas	<b>Sweet &amp; Sour Chicken</b>  Mashed Potatoes Seasoned Carrots	<b>Salisbury Steak w/ Sauce</b> Whole Grain Dinner Roll  Seasoned Corn Brown Rice	<b>Grilled Turkey Ham &amp; Cheese Sandwich</b>  Tomato Soup Crinkle Cut Fries	<b>Italian Roasted Chicken</b>  Green Beans Kickin Pinto Beans
Made to Order Sandwiches, Salads & Grill	Egg Salad Sandwich (V)	All American Sandwich	Cold Deli Turkey & Cheese Sandwich	Chicken Caesar Salad Whole Grain Saltine Crackers	Vegetable Burger w/ American Cheese (V)
Made to Order Grill & Pizza Zone	Buffalo Ranch Chicken Pizza	Cheese Pizza (V)	Cheeseburger Pizza	Bruschetta Pizza	Cheeseburger Pizza
Fiesta Zone	Baja Black Bean & Corn Salad (V) Whole Grain Saltine Crackers	Taco Salad w/ Tortilla Chips	Vegetable & Cheese Quesadilla (V) Sante Fe Rice	Bean & Cheese Burrito (V)	Beef Soft Taco

## Keep Up With Us:



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(V) = Vegetarian

**OFFERED DAILY:** 100% Fruit Juice, Fruit (to include but not limited to apple/orange wedges, banana and grapes), & a Variety of Milk  
Serving Healthy Meals for Student Success - [www.atlantapublicschoolsnutrition.us](http://www.atlantapublicschoolsnutrition.us)  
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*All menus are subject to change based on product availability*





# March 2018 High School Lunch Menu

	MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Homemade Creations	Glazed Turkey Ham Sweet Potatoes	Chicken Nuggets Corn	Roasted Chicken & Onion Sauce Seasoned Sweet Potato Fries	Salisbury Steak & Sauce Whole Grain Dinner Roll Green Bean Brown Rice	Roasted Turkey w Sauce Cornbread Dressing Peas & Carrots
Made to Order Sandwiches, Salads, and Grill	Deli Egg Salad (V)	Cold Turkey Ham & Cheese Sandwich Kickin Pinto Bean & Rice Bowl (V)	Penne Pasta w Marinara & Cheese (V) All American Sandwich	Kickin Pinto Taco Salad (V) Grilled Turkey Ham & Cheese Sandwich	Grilled Cheese Sandwich (V)
Pizza Zone	Turkey Sausage Pizza	Pepperoni Pizza	Buffalo Chicken Pizza	Meat Lovers Pizza	Four Cheese Pizza (V)
Fiesta Zone	Rice & Corn Salad	Vegetable Baja Salad	Potato Salad	Macaroni & Cheese	Mexican Corn Salad

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# March 2018 High School Lunch Menu



	MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Homemade Creations	No School	Vegetarian Chili Topped Potato (V) Broccoli Cheese & Rice Casserole (V) Whole Grain Dinner Roll Seasoned Green Peas	General Tso's Chicken Sun Butter & Jelly Sandwich (V) Orange Ginger Glazed Carrots	Penne Pasta w Meat Sauce Whole Grain Dinner Roll Bean & Cheese Burrito (V) Seasoned Corn	Chicken Nuggets Whole Grain Dinner Roll Vegetarian Burger w/ American Cheese (V) Seasoned Sweet Potato Fries
Made to Order Sandwiches, Salads, and Grill		All American Sandwich	Chef Salad w Turkey Ham Whole Grain Saltine Crackers	Grilled Turkey Ham & Cheese Sandwich	Cold Deli Turkey Sandwich
Pizza Zone		Taco Pizza	Cheeseburger Pizza	Bruschetta Pizza	Meatball Pizza
Fiesta Zone		Chicken Nachos w Refried Beans	Korean Tacos	Mexican Spice Rice	Campfire Beans

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## High School Lunch Menu

	MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
<b>Homemade Creations</b>	<b>Salisbury Steak w/Sauce</b> Whole Grain Dinner Roll Seasoned Green Beans Brown Rice	<b>Cheeseburger</b> Seasoned Corn	<b>Turkey Ham &amp; Grilled Cheese Sandwich</b> Vegetable & Cheese Quesadilla (V) Tomato Soup	<b>Roasted Turkey w Sauce</b> Penne Pasta w/ Marinara Sauce & Cheese (V) Seasoned Green Peas	<b>BBQ Chicken</b> Whole Grain Dinner Roll Seasoned Sweet Potato Fries
<b>Made to Order Sandwiches, Salads, and Grill</b>	Sun Butter & Jelly Sandwich (V)	Egg Salad Sandwich (V) Cold Turkey Ham & Cheese Sandwich	Grilled Turkey Ham & Cheese Sandwich	All American Sandwich	Nachos, Kickin Bean & Cheese Salad (V) Cold Deli Turkey Sandwich
<b>Pizza Zone</b>	Turkey Sausage Pizza	Pepperoni Pizza	Buffalo Chicken Pizza	Meat Lovers	Four Cheese Pizza
<b>Fiesta Zone</b>	Beef & Pinto Bean Nachos	Cheese Quesadilla (V)	Mexican Spiced Rice	Creamy Fresh Coleslaw	Baked Beans

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# APS Salad Bowl High School

Served Every day:  
Tossed Leafy Greens, Cucumbers, Tomatoes,  
Onions (sliced/diced), Jalapeno Peppers, & Pickles, Shredded Cheese

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Celery Sticks Fresh Fruit Sliced Pears 5	Red Pepper Strips Fresh Fruit Applesauce 6	Fresh Broccoli Florets Fresh Fruit Sliced Peaches 7	Fresh Baby Carrots Fresh Fruit Sliced Pears 8	Fresh Coleslaw Fresh Fruit Mixed Fruit 9
Fresh Red Peppers Fresh Fruit Sliced Peaches 12	Fresh Broccoli Florets Fresh Fruit Applesauce 13	Fresh Zucchini Fresh Fruit Sliced Pears 14	Celery Sticks Fresh Fruit Applesauce 15	Baby Carrots Fresh Fruit Mixed Fruit 16
No School 19	Fresh Red Peppers Fresh Fruit Applesauce 20	Fresh Broccoli Florets Fresh Fruit Sliced Peaches 21	Fresh Baby Carrots Fresh Fruit Mixed Fruit 22	Fresh Celery Sticks Fresh Fruit Sliced Peaches 23
Fresh Celery Sticks Fresh Fruit Mixed Fruit 26	Fresh Coleslaw Fresh Fruit Applesauce 27	Fresh Zucchini Fresh Fruit Sliced Peaches 28	Fresh Baby Carrots Fresh Fruit Sliced Pears 29	Fresh Broccoli Florets Fresh Fruit Mixed Fruit 30

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# March 2018



## High School Grab N Go Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Turkey Sausage Pancake Wrap</b> Fresh Apple Wedges 100% Grape Juice Variety of Milk <span style="float: right;">5</span>	<b>Turkey Sausage Biscuit</b> Fresh Orange Wedges 100% Apple Juice Variety of Milk <span style="float: right;">6</span>	<b>Banana Muffin (V)</b> Vanilla Yogurt (V) Fresh Strawberries 100% Orange Juice Variety of Milk <span style="float: right;">7</span>	<b>Fruit &amp; Cereal Bar (V)</b> Raspberry Yogurt (V) Banana 100% Grape Juice Variety of Milk <span style="float: right;">8</span>	<b>Chicken &amp; Biscuit</b> Fresh Apple Wedges 100% Apple Juice Variety of Milk <span style="float: right;">9</span>
<b>Oatmeal Raisin Bar (V)</b> Fresh Tangerine 100% Grape Juice Variety of Milk <span style="float: right;">12</span>	<b>Assorted Cereal</b> <b>Strawberry Yogurt (V)</b> Fresh Pear Slices 100% Apple Juice Variety of Milk <span style="float: right;">13</span>	<b>Apple Cinnamon Muffin (V)</b> Fresh Strawberries 100% Orange Juice Variety of Milk <span style="float: right;">14</span>	<b>Berry French Toast (V)</b> Fresh Banana 100% Grape Juice Variety of Milk <span style="float: right;">15</span>	<b>Mini Maple Pancakes</b> Fresh Orange Wedges 100% Apple Juice Variety of Milk <span style="float: right;">16</span>
No School <span style="float: right;">19</span>	<b>Maple Pancakes (V)</b> Fresh Orange Wedges 100% Apple Juice Variety of Milk <span style="float: right;">20</span>	<b>Mini Strawberry Pancakes (V)</b> Fresh Strawberries 100% Orange Juice Variety of Milk <span style="float: right;">21</span>	<b>Assorted Cereal</b> Fresh Banana 100% Grape Juice Variety of Milk <span style="float: right;">22</span>	<b>Apple Frudel (V)</b> Fresh Apple Wedges 100% Apple Juice Variety of Milk <span style="float: right;">23</span>
<b>Turkey Sausage Pancake Wrap</b> Fresh Apple Wedges Variety of Milk <span style="float: right;">26</span>	<b>Mini Strawberry Pancakes (V)</b> Fresh Orange Wedges 100% Apple Juice Variety of Milk <span style="float: right;">27</span>	<b>Banana Muffin (V)</b> Cherry Yogurt (V) Fresh Strawberries 100% Orange Juice Variety of Milk <span style="float: right;">28</span>	<b>Fruit &amp; Cereal Bar (V)</b> Vanilla Yogurt (V) Fresh Banana 100% Grape Juice Variety of Milk <span style="float: right;">29</span>	<b>Maple Waffles (V)</b> Fresh Apple Wedges 100% Apple Juice Variety of Milk <span style="float: right;">30</span>

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