

March 2018

Middle School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Whole Grain Dinner Roll Egg Salad Sandwich (V) Tony's Turkey Pepperoni Cheese Wedge Pizza Black Eyed Peas	Sweet N Sour Chicken All American Sandwich Tony's Cheese Wedge Pizza (V) Seasoned Sweet Potato Fries Brown Rice	Salisbury Steak Whole Grain Dinner Roll Macaroni & Cheese (V) Cold Deli Turkey & Cheese Sandwich Seasoned Carrots Brown Rice	Grilled Turkey Ham & Cheese Sandwich Baja Salad (V) Tony's Turkey Sausage Wedge Pizza Tomato Soup	Italian Roasted Chicken Sun butter & Jelly Sandwich (V) Cheeseburger Kickin Pinto Beans
Glazed Turkey Ham Broccoli Cheese & Rice Casserole (V) Tony's Turkey Pepperoni Cheese Wedge Pizza Sweet Potatoes	Chicken Nuggets Kickin Pinto Bean & Rice Casserole (V) Cold Turkey Ham & Cheddar Cheese Sandwich Baked Beans	Roasted Chicken & Onion Sauce Penne Pasta w Marinara Sauce & Cheese (V) All American Sandwich Ginger Carrots	Salisbury Steak Whole Grain Dinner Roll Kickin Pinto Taco Salad (V) Grilled Turkey Ham & Cheese Sandwich Green Beans Brown Rice	Roasted Turkey w Sauce Cornbread Dressing Grilled Cheese Sandwich (V) Tony's Turkey Pepperoni Cheese Wedge Pizza Peas and Carrots
No School	Vegetarian Chili Topped Potato (V) Whole Grain Dinner Roll Cold Deli Turley & Cheese Sandwich Seasoned Green Peas	General Tso's Chicken Sun Butter & Jelly Sandwich (V) Cheeseburger Brown Rice Maple Mashed Sweet Potatoes	Spinach Dip w Tortilla Chips (V) Chicken & Cheese Quesadilla All American Sandwich Seasoned Corn	Penne Pasta w Meat Sauce Whole Grain Dinner Roll Tony's Cheese Wedge Pizza (V) Turkey Ham and Cheese Sandwich Orange Glazed carrots
Salisbury Steak Whole Grain Dinner Roll Grilled Turkey Ham & Cheese Sandwich Sun Butter & Jelly Sandwich (V) Seasoned Sweet Potato Fries Brown Rice	Cheeseburger All American Sandwich Tony's Cheese Wedge Pizza (V) Seasoned Corn	Turkey Ham & Grilled Cheese Sandwich Chicken Fajita Salad Macaroni & Cheese (V) Seasoned Broccoli	Roasted Turkey w Sauce Penne Pasta w Marinara Sauce & Cheese (V) Tony's Turkey Sausage Wedge Pizza Seasoned Peas	BBQ Chicken Whole Grain Dinner Roll Nachos Kickin Bean & Cheese Salad (V) Glazed Turkey Ham Crinkle Cut Fries

(V) = Vegetarian

OFFERED DAILY: 100% Fruit Juice, Fresh Fruit & a Variety of Milk
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APS Salad Bowl Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Celery Sticks Fresh Fruit Sliced Peaches 5	Red Pepper Strips Fresh Fruit Applesauce 6	Broccoli Florets Fresh Fruit Sliced Peaches 7	Baby Carrots Fresh Fruit Sliced Peaches 8	Coleslaw Fresh Fruit Mixed Fruit 9
Red Pepper Strips Fresh Fruit Sliced Peaches 12	Broccoli Florets Fresh Fruit Applesauce 13	Fresh Zucchini Slices Fresh Fruit Sliced Peaches 14	Celery Sticks Fresh Fruit Applesauce 15	Baby Carrots Fresh Fruit Mixed fruit 16
No School 19	Red Pepper Strips Fresh Fruit Applesauce 20	Broccoli Florets Fresh Fruit Sliced Peaches 21	Celery Sticks Fresh Fruit Pineapple Tidbits 22	Baby Carrots Fresh Fruit Mixed Fruit 23
Celery Sticks Fresh Fruit Sliced Peaches 26	Fresh Coleslaw Fresh Fruit Applesauce 27	Fresh Zucchini Slices Fresh Fruit Sliced Peaches 28	Baby Carrots Fresh Fruit Sliced Peaches 29	Broccoli Florets Fresh Fruit Mixed Fruit 30

Served Every Day: Tossed Leafy Greens, Cucumbers, Tomatoes
Onions (sliced/diced), Jalapeno Peppers, Pickles & Shredded Cheese

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Middle School Breakfast In The Classroom

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Sausage Pancake Wrap Fresh Fruit 100% Fruit Juice Variety of Milk	Egg & Cheese Biscuit (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Banana Muffin (V) Vanilla Yogurt (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Country Chicken Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk	Turkey Sausage Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
Egg & Cheese Biscuit (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Assorted Cereal (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Apple Cinnamon Muffin (V) Raspberry Yogurt (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Cheesy WG Biscuit (V) Fresh Fruit (V) 100% Fruit Juice Variety of Milk	Blueberry Muffin (V) Strawberry Yogurt (V) Fresh Fruit 100% Fruit Juice Variety of Milk
No School	Turkey Sausage Pancake Wrap Fresh Fruit 100% Fruit Juice Variety of Milk	Blueberry Muffin (V) Cherry Yogurt (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Country Chicken Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk	Banana Muffin (V) Vanilla Yogurt (V) Fresh Fruit 100% Fruit Juice Variety of Milk
Apple Cinnamon Muffin (V) Raspberry Yogurt (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Assorted Cereal (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Egg & Cheese Sandwich (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Banana Muffin (V) Strawberry Yogurt (V) Fresh Fruit 100% Fruit Juice Variety of Milk	Cheesy Whole Grain Biscuit (V) Fresh Fruit 100% Fruit Juice Variety of Milk

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