

March 2018

Middle School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Whole Grain Dinner Roll Egg Salad Sandwich (V) Tony's Turkey Pepperoni Cheese Wedge Pizza Black Eyed Peas	Sweet N Sour Chicken All American Sandwich Tony's Cheese Wedge Pizza (V) Seasoned Sweet Potato Fries Brown Rice	Salisbury Steak Whole Grain Dinner Roll Macaroni & Cheese (V) Cold Deli Turkey & Cheese Sandwich Seasoned Carrots Brown Rice	Grilled Turkey Ham & Cheese Sandwich Baja Salad (V) Tony's Turkey Sausage Wedge Pizza Tomato Soup	Italian Roasted Chicken Sun butter & Jelly Sandwich (V) Cheeseburger Kickin Pinto Beans
Glazed Turkey Ham Broccoli Cheese & Rice Casserole (V) Tony's Turkey Pepperoni Cheese Wedge Pizza Sweet Potatoes	Chicken Nuggets Kickin Pinto Bean & Rice Casserole (V) Cold Turkey Ham & Cheddar Cheese Sandwich Baked Beans	Roasted Chicken & Onion Sauce Penne Pasta w Marinara Sauce & Cheese (V) All American Sandwich Ginger Carrots	Salisbury Steak Whole Grain Dinner Roll Kickin Pinto Taco Salad (V) Grilled Turkey Ham & Cheese Sandwich Green Beans Brown Rice	Roasted Turkey w Sauce Cornbread Dressing Grilled Cheese Sandwich (V) Tony's Turkey Pepperoni Cheese Wedge Pizza Peas and Carrots
No School	Vegetarian Chili Topped Potato (V) Whole Grain Dinner Roll Cold Deli Turley & Cheese Sandwich Seasoned Green Peas	General Tso's Chicken Sun Butter & Jelly Sandwich (V) Cheeseburger Brown Rice Maple Mashed Sweet Potatoes	Spinach Dip w Tortilla Chips (V) Chicken & Cheese Quesadilla All American Sandwich Seasoned Corn	Penne Pasta w Meat Sauce Whole Grain Dinner Roll Tony's Cheese Wedge Pizza (V) Turkey Ham and Cheese Sandwich Orange Glazed carrots
Salisbury Steak Whole Grain Dinner Roll Grilled Turkey Ham & Cheese Sandwich Sun Butter & Jelly Sandwich (V) Seasoned Sweet Potato Fries Brown Rice	Cheeseburger All American Sandwich Tony's Cheese Wedge Pizza (V) Seasoned Corn	Turkey Ham & Grilled Cheese Sandwich Chicken Fajita Salad Macaroni & Cheese (V) Seasoned Broccoli	Roasted Turkey w Sauce Penne Pasta w Marinara Sauce & Cheese (V) Tony's Turkey Sausage Wedge Pizza Seasoned Peas	BBQ Chicken Whole Grain Dinner Roll Nachos Kickin Bean & Cheese Salad (V) Glazed Turkey Ham Crinkle Cut Fries

(V) = Vegetarian

OFFERED DAILY: 100% Fruit Juice, Fresh Fruit & a Variety of Milk
 Serving Healthy Meals for Student Success - www.atlantapublicschoolsnutrition.us
 This institution is an equal opportunity provider.
 All menus are subject to change based on product availability

Keep Up With Us:



@APSNutritionNow

March 2018



APS Salad Bowl Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Celery Sticks Fresh Fruit Sliced Peaches 5	Red Pepper Strips Fresh Fruit Applesauce 6	Broccoli Florets Fresh Fruit Sliced Peaches 7	Baby Carrots Fresh Fruit Sliced Peaches 8	Coleslaw Fresh Fruit Mixed Fruit 9
Red Pepper Strips Fresh Fruit Sliced Peaches 12	Broccoli Florets Fresh Fruit Applesauce 13	Fresh Zucchini Slices Fresh Fruit Sliced Peaches 14	Celery Sticks Fresh Fruit Applesauce 15	Baby Carrots Fresh Fruit Mixed fruit 16
No School 19	Red Pepper Strips Fresh Fruit Applesauce 20	Broccoli Florets Fresh Fruit Sliced Peaches 21	Celery Sticks Fresh Fruit Pineapple Tidbits 22	Baby Carrots Fresh Fruit Mixed Fruit 23
Celery Sticks Fresh Fruit Sliced Peaches 26	Fresh Coleslaw Fresh Fruit Applesauce 27	Fresh Zucchini Slices Fresh Fruit Sliced Peaches 28	Baby Carrots Fresh Fruit Sliced Peaches 29	Broccoli Florets Fresh Fruit Mixed Fruit 30

Served Every Day: Tossed Leafy Greens, Cucumbers, Tomatoes
Onions (sliced/diced), Jalapeno Peppers, Pickles & Shredded Cheese

Keep Up With Us:



@APSNutritionNow

(V) = Vegetarian

OFFERED DAILY: 100% Fruit Juice, Fresh Fruit & a Variety of Milk
Serving Healthy Meals for Student Success - www.atlantapublicschoolsnutrition.us
This institution is an equal opportunity provider.
All menus are subject to change based on product availability

Buenos Dias



March 2018

Middle School Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5</p> <p>Cheese Toast (V) Peach Oatmeal(V) Assorted Cereal Graham Crackers Fresh Apple Wedges Sliced Pears 100% Grape Juice Variety of Milk</p>	<p>6</p> <p>Turkey Sausage Biscuit Assorted Cereal Raspberry Yogurt (V) Fresh Orange Wedges Mixed Fruit 100% Apple Juice Variety of Milk</p>	<p>7</p> <p>Scrambled Egg (V) Whole Grain Biscuit Cheese Biscuit (V) Assorted Cereal Hard Cooked Egg (V) Fresh Strawberries Applesauce 100% Orange Juice Variety of Milk</p>	<p>8</p> <p>Maple Waffle (V) Banana Muffin (V) Assorted Cereal Vanilla Yogurt (V) Banana Mixed Fruit 100% Grape Juice Variety of Milk</p>	<p>9</p> <p>Grits (V) Scrambled Egg w Cheese (V) Whole Grain Biscuit Assorted Cereal Graham Crackers Fresh Apple Wedges Sliced Peaches 100% Apple Juice Variety of Milk</p>
<p>12</p> <p>Egg & Cheese Sandwich (V) Oatmeal Raisin Bar (V) Assorted Cereal Graham Crackers Fresh Tangerine Apple Sauce 100% Grape Juice Variety of Milk</p>	<p>13</p> <p>Cheese Grits (V) Whole Grain Biscuits Assorted Cereal Strawberry Yogurt (V) Fresh Pear Slices Sliced Peaches 100% Apple Juice Variety of Milk</p>	<p>14</p> <p>Cheese Toast (V) Apple Cinnamon Muffin (V) Assorted Cereal Hard Cooked Egg (V) Fresh Strawberries Sliced Pears 100% Orange Juice Variety of Milk</p>	<p>15</p> <p>Berry French Toast (V) Peach Oatmeal (V) Assorted Cereal Cherry Yogurt (V) Fresh Banana Applesauce 100% Grape Juice Variety of Milk</p>	<p>16</p> <p>Country Chicken Biscuit Blueberry Muffin (V) Vanilla Yogurt (V) Assorted Cereal Graham Crackers Fresh Orange Wedges Mixed Fruit 100% Apple Juice Variety of Milk</p>
<p>19</p> <p>No School</p>	<p>20</p> <p>Turkey Sausage Pancake Wrap Peach Oatmeal (V) Assorted Cereal Cherry Yogurt (V) Fresh Orange Wedges Sliced Peaches 100% Apple Juice Variety of Milk</p>	<p>21</p> <p>Blueberry Muffin (V) Strawberry Yogurt (V) Assorted Cereal Hard Cooked Egg (V) Fresh Strawberries Sliced Pears 100% Orange Juice Variety of Milk</p>	<p>22</p> <p>Country Chicken Biscuit Brown Sugar Oatmeal (V) Assorted Cereal Vanilla Yogurt (V) Fresh Banana Mixed Fruit 100% Grape Juice Variety of Milk</p>	<p>23</p> <p>Scrambled Egg (V) Whole Grain Biscuit Apple Frudel (V) Assorted Cereal Graham Crackers Fresh Apple Wedges Mixed Fruit 100% Apple Juice Variety of Milk</p>
<p>26</p> <p>Cheese Toast (V) Peach Oatmeal (V) Assorted Cereal Hard Cooked Egg (V) Fresh Apple Wedge(V) Sliced Pears 100% Grape Juice Variety of Milk</p>	<p>27</p> <p>Berry French Toast (V) Assorted Cereal Raspberry Yogurt (V) Fresh Orange Wedges Mixed Fruit 100% Apple Juice Variety of Milk</p>	<p>28</p> <p>Scrambled Eggs (V) Whole Grain Biscuit Cheese Grits (V) Assorted Cereal Graham Crackers Fresh Strawberries Applesauce 100% Orange Juice Variety of Milk</p>	<p>29</p> <p>Maple Waffle (V) Banana Muffin (V) Assorted Cereal Strawberry Yogurt (V) Fresh Banana Mixed Fruit 100% Grape Juice Variety of Milk</p>	<p>30</p> <p>Cheese Grits (V) Scrambled Eggs (V) Cheesy Whole Grain Biscuit (V) Assorted Cereal Graham Crackers Fresh Apple Wedges Sliced Peaches 100% Apple Juice Variety of Milk</p>

(V) = Vegetarian

OFFERED DAILY: 100% Fruit Juice, Fresh Fruit & a Variety of Milk
 Serving Healthy Meals for Student Success - www.atlantapublicschoolsnutrition.us
 This institution is an equal opportunity provider.
 All menus are subject to change based on product availability

March 2018

--	--	--	--	--

(V) = Vegetarian

OFFERED DAILY: 100% Fruit Juice, Fresh Fruit & a Variety of Milk
Serving Healthy Meals for Student Success - www.atlantapublicschoolsnutrition.us
This institution is an equal opportunity provider.
All menus are subject to change based on product availability

Keep Up With Us:

