



# February 2018 Elementary Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5</p> <p><b>Salisbury Steak w/ Sauce &amp; Brown Rice</b> Fajita Strip Chicken Salad w/ WG Saltines Cheese Quesadilla (V) Seasoned Green Peas</p>	<p>6</p> <p><b>Chicken Nuggets w/ WG Roll</b> Cheeseburger Greek Salad w/ WG Saltines (V) Charro Pinto Beans</p>	<p>7</p> <p><b>Spaghetti w/ Meat Sauce &amp; WG Roll</b> Pepperoni Pizza Egg Salad Sandwich (V) Seasoned Green Beans</p>	<p>8</p> <p><b>Orange Chicken &amp; Broccoli w/ Cilantro Rice</b> Nacho Salad w/ Beef Taco Meat White Cheese &amp; Tomato Flatbread Pizza (V) Sweet Potato Fries</p>	<p>9</p> <p><b>BBQ Chicken w/ Yellow Rice &amp; Cornbread</b> Pinto Beans &amp; Cheese Nachos (V) Collard Greens</p>
<p>12</p> <p><b>Beef &amp; Chili Macaroni Bake w/ WG Roll</b> Hot Dog on Bun Cheese Pizza (V) Seasoned Mixed Vegetables</p>	<p>13</p> <p><b>Turkey Roast w/ Rice &amp; WG Roll</b> Soft Beef Tacos Sunbutter &amp; Jelly Sandwich (V) Seasoned Broccoli</p>	<p>14</p> <p><b>Broccoli &amp; Cheese Baked Potato (V)</b> Fish Filet Sandwich Nacho Salad w/ Beef Taco Meat Sweet Potato Tots</p>	<p>15</p> <p><b>Chicken Nuggets w/ WG Roll</b> Cheeseburger White Cheese &amp; Tomato Flatbread Pizza (V) Campfire Beans</p>	<p>16</p> <p><b>Jerk Chicken w/ Sweet Potatoes &amp; WG Roll</b> Beef Chili Cheese Fries Baja Black Bean &amp; Corn Salad w/ WG Roll (V) Black Eyed Peas</p>
<p>19</p> <p><b>Salisbury Steak w/ Sauce &amp; Brown Rice</b> Fajita Strip Chicken Salad w/ WG Saltines Cheese Quesadilla (V) Seasoned Green Peas</p>	<p>20</p> <p><b>Chicken Nuggets w/ WG Roll</b> Cheeseburger Greek Salad w/ WG Saltines (V) Charro Pinto Beans</p>	<p>21</p> <p><b>Spaghetti w/ Meat Sauce &amp; WG Roll</b> Pepperoni Pizza Egg Salad Sandwich (V) Seasoned Green Beans</p>	<p>22</p> <p><b>Orange Chicken &amp; Broccoli w/ Cilantro Rice</b> Nacho Salad w/ Beef Taco Meat White Cheese &amp; Tomato Flatbread Pizza (V) Sweet Potato Fries</p>	<p>23</p> <p><b>BBQ Chicken w/ Yellow Rice &amp; Cornbread</b> Pinto Beans &amp; Cheese Nachos (V) Collard Greens</p>
<p>26</p> <p><b>Roasted Chicken w/ Sauteed Onion Sauce + Mashed Potatoes &amp; WG Roll</b> Beef &amp; Pinto Bean Nachos Veggie Burger (V) Kickin' Pinto Beans</p>	<p>27</p> <p><b>Cheese Pizza (V)</b> Grilled Turkey Ham &amp; Cheese Sandwich Chicken Ranch Salad w/ WG Roll Seasoned Broccoli</p>	<p>28</p> <p><b>Cheeseburger</b> Tuna Salad Sandwich Egg Chef Salad w/ WG Roll (V) Ginger Glazed Carrots</p>	<p>1</p> <p><b>Rotini w/ Meat Sauce &amp; WG Roll</b> Beef Meatball Sub White Cheese &amp; Tomato Flatbread Pizza (V) Seasoned Green Beans</p>	<p>2</p> <p><b>Roasted Turkey &amp; Sauce w/ WG Roll</b> Hot Dog on Bun Greek Salad w/ WG Roll (V) Seasoned Green Peas</p>

Keep Up With Us:



@APSNutritionNow

(V) = Vegetarian

**OFFERED DAILY:** 100% Fruit Juice, Fruit (to include but not limited to apple/orange wedges, banana and grapes), & a Variety of Milk

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## APS Salad Bowl Elementary

Served Every Day:  
Tossed Leafy Greens, Cucumbers & Tomatoes



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Broccoli Bites Orange Wedges Sliced Peaches	6 Zucchini Slices Banana Applesauce	7 Red Peppers Mandarin Orange Sliced Pears	8 Celery Sticks Strawberries Mixed Fruit	9 Baby Carrots Tangerine Pineapple Tidbits
12 Celery Sticks Strawberries Sliced Peaches	13 Red Pepper Strips Tangerine Applesauce	14 Broccoli Bites Banana Sliced Pears	15 Carrot Sticks Apple Wedges Mixed Fruit	16 Coleslaw Orange Wedges Pineapple Tidbits
19 Broccoli Bites Strawberries Sliced Peaches	20 Zucchini Slices Tangerine Applesauce	21 Red Peppers Banana Sliced Pears	22 Celery Sticks Apple Wedges Mixed Fruit	23 Baby Carrots Orange Wedges Pineapple Tidbits
26 Fresh Zucchini Slices Fresh Apple Wedges Sliced Peaches	27 Fresh Red Peppers Fresh Banana Applesauce	28 Broccoli Bites Grapes Sliced Pears	1 Baby Carrots Fresh Orange Mixed Fruit	2 Celery Sticks Apple, Banana & Orange Fruit Cup Pineapple Tidbits

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# February 2018

## Elementary Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5</p> <p><b>Country Chicken Biscuit</b>  <b>Peach Oatmeal &amp; Graham Crackers</b>            Fresh Fruit            Sliced Pears            100% Fruit Juice            Variety of Milk</p>	<p>6</p> <p><b>Breakfast Pizza</b>  <b>Maple Waffle &amp; Flavored Yogurt</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>	<p>7</p> <p><b>Cheesy Eggs w/ WG Biscuit</b>  <b>Oatmeal Raisin Bar</b>            Fresh Fruit            Applesauce            100% Fruit Juice            Variety of Milk</p>	<p>8</p> <p><b>Turkey Sausage Biscuit</b>  <b>Assorted Cereal &amp; Flavored Yogurt</b>            Fresh Fruit            Raisins            100% Fruit Juice            Variety of Milk</p>	<p>9</p> <p><b>Grits &amp; Cheese Toast</b>  <b>Banana Muffin &amp; Flavored Yogurt</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>
<p>12</p> <p><b>Cheesy Egg Biscuit</b>  <b>Maple Oatmeal &amp; Graham Crackers</b>            Fresh Fruit            Applesauce            100% Fruit Juice            Variety of Milk</p>	<p>13</p> <p><b>Grits &amp; Cheese Toast</b>  <b>Assorted Cereal &amp; Flavored Yogurt</b>            Fresh Fruit            Sliced Pears            100% Fruit Juice            Variety of Milk</p>	<p>14</p> <p><b>Breakfast Pizza</b>  <b>Waffles w/ Strawberries</b>            Fresh Fruit            Sliced Peaches            100% Fruit Juice            Variety of Milk</p>	<p>15</p> <p><b>Peach Oatmeal w/ Flavored Yogurt</b>  <b>Cheesy Biscuit</b>            Fresh Fruit            Raisins            100% Fruit Juice            Variety of Milk</p>	<p>16</p> <p><b>Grits w/ WG Biscuit</b>  <b>Scrambled Eggs w/ WG Biscuit</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>
<p>19</p> <p><b>Country Chicken Biscuit</b>  <b>Peach Oatmeal &amp; Graham Crackers</b>            Fresh Fruit            Sliced Pears            100% Fruit Juice            Variety of Milk</p>	<p>20</p> <p><b>Breakfast Pizza</b>  <b>Maple Waffle &amp; Flavored Yogurt</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>	<p>21</p> <p><b>Cheesy Eggs w/ WG Biscuit</b>  <b>Oatmeal Raisin Bar</b>            Fresh Fruit            Applesauce            100% Fruit Juice            Variety of Milk</p>	<p>22</p> <p><b>Turkey Sausage Biscuit</b>  <b>Assorted Cereal &amp; Flavored Yogurt</b>            Fresh Fruit            Raisins            100% Fruit Juice            Variety of Milk</p>	<p>23</p> <p><b>Grits &amp; Cheese Toast</b>  <b>Banana Muffin &amp; Flavored Yogurt</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>
<p>26</p> <p><b>Pancake on a Stick</b>  <b>Cinnamon French Toast</b>            Fresh Fruit            Applesauce            100% Fruit Juice            Variety of Milk</p>	<p>27</p> <p><b>Cheesy Biscuit</b>  <b>Maple Pancakes w/ Flavored Yogurt</b>            Fresh Fruit            Sliced Pears            100% Fruit Juice            Variety of Milk</p>	<p>28</p> <p><b>Banana Muffin &amp; Flavored Yogurt</b>  <b>Assorted Cereal &amp; Graham Crackers</b>            Fresh Fruit            Sliced Peaches            100% Fruit Juice            Variety of Milk</p>	<p>1</p> <p><b>Country Chicken Biscuit</b>  <b>Peach Oatmeal &amp; Flavored Yogurt</b>            Fresh Fruit            Raisins            100% Fruit Juice            Variety of Milk</p>	<p>2</p> <p><b>Green Eggs w/ Turkey Ham Biscuit</b>  <b>Apple Frudel</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>

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