



# December 2017 Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
<b>Chili Mac w/ Dinner Roll</b> BBQ Chicken Melt Cheese Pizza (V) Seasoned Mixed Vegetables	<b>Country Chicken Bowl w/ Dinner Roll</b> Turkey Sausage Pizza Roasted Vegetables & Cheese (V) Seasoned Broccoli	<b>Chana Masala w/ Brown Rice (V)</b> Turkey Ham & Cheddar Sandwich Chicken Enchilada w/ Rice and Corn Salad Ginger Carrots	<b>Korean Stew w/ Flatbread</b> Breaded Chicken Caesar Salad w/ Dinner Roll Flatbread Herb Cheese (V) Seasoned Mashed Potatoes	<b>Chicken Nuggets w/ Dinner Roll</b> Beef Quesadilla w/ Mexican Spiced Rice Baja Bean Salad (V) Campfire Beans
11	12	13	14	15
<b>Spaghetti &amp; Meatballs w/ Dinner Roll</b> Chicken Tacos w/ Brown Rice Kickin' Pinto Taco Salad w/ Tortilla Chips (V) Seasoned Broccoli	<b>Hot Dog on Bun</b> Bean Tacos Four Cheese Pizza w/ Breadstick (V) Seasoned Tater Tots	<b>Chili Cheese Fries w/ Dinner Roll</b> Three Cheese Melt Sandwich w/ Tomato Soup (V) Turkey Deli Sandwich Campfire Beans	<b>Potato Crusted Fish Nuggets w/ Macaroni &amp; Cheese</b> BBQ Cheeseburger Macaroni Cheese (V) Seasoned Green Beans	<b>Sweet &amp; Sour Chicken w/ Vegetables and Yellow Rice</b> Cheeseburger Roasted Vegetables & Cheese Sub (V) Seasoned Green Peas
18	19	20	21	22
<b>Oven Roasted Chicken w/ Dinner Roll</b> Veggie Burger (V) Beef & Bean Nachos w/ Cilantro Rice Kickin' Pinto Beans	<b>Vegetarian Chili Topped Potato w/ Dinner Roll (V)</b> Ranch Chicken Salad w/ Dinner Roll Cheese Pizza w/ Dinner Roll (V) Seasoned Broccoli	<b>General Tso's Chicken w/ Brown Rice</b> Egg Chef Salad w/ Dinner Roll (V) Sriracha Tortilla Chip Crunch Cheeseburger Ginger Glazed Carrots	<b>Rotini w/ Meat Sauce and Dinner Roll</b> Beef Meatball Sub Cheddar & Broccoli Stromboli w/ Dinner Roll (V) Seasoned Green Beans	<b>Meatloaf w/ Sauce and Dinner Roll</b> Veggie Burrito (V) Turkey Hot Dog on Bun Mashed Potatoes
25	26	27	28	29
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK

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(V) = Vegetarian

**OFFERED DAILY:** 100% Fruit Juice, Fruit (to include but not limited to apple/orange wedges, banana and grapes), & a Variety of Milk

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## APS Salad Bowl Elementary

Served Every Day:  
Tossed Leafy Greens, Cucumbers & Tomatoes



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Celery Sticks Grapes Pears	5 Red Pepper Strips Fresh Banana Apple Sauce	6 Broccoli Bites Fresh Apple Sliced Peaches	7 Seasoned Peas Fresh Orange Pineapple Tidbits	8 Coleslaw Apple, Banana & Orange Fruit Cup Mixed Fruit
11 Red Peppers Fresh Grapes Sliced Peaches	12 Broccoli Bites Fresh Banana Applesauce	13 Fresh Zucchini Fresh Apple Sliced Pears	14 Celery Sticks Fresh Orange Pineapple Tidbits	15 Baby Carrots Apple, Banana & Orange Fruit Cup Mixed Fruit
18 Fresh Zucchini Slices Grapes Sliced Peaches	19 Fresh Red Peppers Banana Applesauce	20 Broccoli Bites Fresh Apple Sliced Pears	21 Baby Carrots Fresh Orange Mixed Fruit	22 Celery Sticks Apple, Banana & Orange Fruit Cup Pineapple Tidbits
25 HOLIDAY BREAK	26 HOLIDAY BREAK	27 HOLIDAY BREAK	28 HOLIDAY BREAK	29 HOLIDAY BREAK

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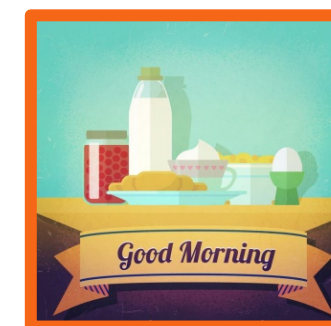
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# December 2017

## Elementary Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p><b>Cheese Toast w/ Grits</b>  <b>Maple Oatmeal &amp; Graham Crackers</b>            Fresh Fruit            Sliced Pears            100% Fruit Juice            Variety of Milk</p>	<p>5</p> <p><b>Egg &amp; Cheese Sandwich</b>  <b>Assorted Cereal &amp; Flavored Yogurt</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>	<p>6</p> <p><b>Turkey Sausage Breakfast Pizza</b>  <b>Cheesy Grits &amp; Hard Cooked Egg</b>            Fresh Fruit            Applesauce            100% Fruit Juice            Variety of Milk</p>	<p>7</p> <p><b>Brown Sugar Oatmeal</b>  <b>Banana Muffin &amp; Flavored Yogurt</b>            Fresh Fruit            Pineapple Tidbits            100% Fruit Juice            Variety of Milk</p>	<p>8</p> <p><b>Grits w/ Scrambled Eggs</b>  <b>Cheesy Biscuit &amp; Graham Crackers</b>            Fresh Fruit            Sliced Peaches            100% Fruit Juice            Variety of Milk</p>
<p>11</p> <p><b>Egg &amp; Cheese Sandwich</b>  <b>Oatmeal Raisin Bar &amp; Graham Crackers</b>            Fresh Fruit            Applesauce            100% Fruit Juice            Variety of Milk</p>	<p>12</p> <p><b>Cheesy Grits w/ WG Biscuit</b>  <b>Assorted Cereal &amp; Graham Crackers</b>            Fresh Fruit            Sliced Peaches            100% Fruit Juice            Variety of Milk</p>	<p>13</p> <p><b>Turkey Sausage Sandwich</b>  <b>Apple Cinnamon Muffin &amp; Flavored Yogurt</b>            Fresh Fruit            Sliced Pears            100% Fruit Juice            Variety of Milk</p>	<p>14</p> <p><b>Berry French Toast</b>  <b>Brown Sugar Oatmeal &amp; Flavored Yogurt</b>            Fresh Fruit            Raisins            100% Fruit Juice            Variety of Milk</p>	<p>15</p> <p><b>Chicken Biscuit</b>  <b>Apple Cinnamon Muffin &amp; Vanilla Yogurt</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>
<p>18</p> <p><b>Grits w/ Cheese Toast</b>  <b>Cinnamon French Toast &amp; Graham Crackers</b>            Fresh Fruit            Sliced Peaches            100% Fruit Juice            Variety of Milk</p>	<p>19</p> <p><b>Turkey Sausage Pancake Wrap</b>  <b>Maple Pancakes &amp; Flavored Yogurt</b>            Fresh Fruit            Applesauce            100% Fruit Juice            Variety of Milk</p>	<p>20</p> <p><b>Blueberry Muffin w/ Flavored Yogurt</b>  <b>Assorted Cereal &amp; Graham Crackers</b>            Fresh Fruit            Mixed Fruit            100% Fruit Juice            Variety of Milk</p>	<p>21</p> <p><b>Country Chicken Biscuit</b>  <b>Brown Sugar Oatmeal &amp; Flavored Yogurt</b>            Fresh Fruit            Raisins            100% Fruit Juice            Variety of Milk</p>	<p>22</p> <p><b>Fiesta Egg &amp; Cheese Sandwich</b>  <b>Apple Frudel &amp; Graham Crackers</b>            Fresh Fruit            Sliced Pears            100% Fruit Juice            Variety of Milk</p>
<p>25</p> <p>HOLIDAY BREAK</p>	<p>26</p> <p>HOLIDAY BREAK</p>	<p>27</p> <p>HOLIDAY BREAK</p>	<p>28</p> <p>HOLIDAY BREAK</p>	<p>29</p> <p>HOLIDAY BREAK</p>

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