



# December 2017 Elementary Lunch Menu



| MONDAY                                                                                                                                                      | TUESDAY                                                                                                                                                      | WEDNESDAY                                                                                                                                                       | THURSDAY                                                                                                                                           | FRIDAY                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Chili Mac w/ Dinner Roll</b><br>BBQ Chicken Melt<br>Cheese Pizza (V)<br>Seasoned Mixed Vegetables<br>4                                                   | <b>Country Chicken Bowl w/ Dinner Roll</b><br>Turkey Sausage Pizza<br>Roasted Vegetables & Cheese Sub (V)<br>Seasoned Broccoli<br>5                          | <b>Chana Masala w/ Brown Rice (V)</b><br>Turkey Ham & Cheddar Sandwich<br>Chicken Enchilada w/ Rice & Corn Salad<br>Ginger Carrots<br>6                         | <b>Korean Stew w/ Flatbread</b><br>Breaded Chicken Caesar Salad w/ Dinner Roll<br>Flatbread Herb Cheese Pizza (V)<br>Seasoned Mashed Potatoes<br>7 | <b>Chicken Nuggets w/ Dinner Roll</b><br>Beef Quesadilla w/ Mexican Spiced Rice<br>Baja Bean Salad w/ Dinner Roll (V)<br>Campfire Beans<br>8      |
| <b>Spaghetti &amp; Meatballs w/ Dinner Roll</b><br>Chicken Tacos w/ Brown Rice<br>Kickin' Pinto Taco Salad w/ Tortilla Chips (V)<br>Seasoned Broccoli<br>11 | <b>Hot Dog on Bun</b><br>Bean Tacos<br>Four Cheese Pizza w/ Breadstick (V)<br>Seasoned Tater Tots<br>12                                                      | <b>Chili Cheese Fries w/ Dinner Roll</b><br>Three Cheese Melt Sandwich w/ Tomato Soup (V)<br>Turkey Deli Sandwich<br>Campfire Beans<br>13                       | <b>Potato Crusted Fish Nuggets w/ Macaroni &amp; Cheese</b><br>BBQ Cheeseburger<br>Macaroni Cheese (V)<br>Seasoned Green Beans<br>14               | <b>Sweet &amp; Sour Chicken w/ Vegetables and Yellow Rice</b><br>Cheeseburger<br>Roasted Vegetables & Cheese Sub (V)<br>Seasoned Green Peas<br>15 |
| <b>Oven Roasted Chicken w/ Dinner Roll</b><br>Veggie Burger (V)<br>Beef & Bean Nachos w/ Cilantro Rice<br>Kickin' Pinto Beans<br>18                         | <b>Vegetarian Chili Topped Potato w/ Dinner Roll (V)</b><br>Ranch Chicken Salad w/ Dinner Roll<br>Cheese Pizza w/ Dinner Roll (V)<br>Seasoned Broccoli<br>19 | <b>General Tso's Chicken w/ Brown Rice</b><br>Egg Chef Salad w/ Dinner Roll (V)<br>Sriracha Tortilla Chip Crunch<br>Cheeseburger<br>Ginger Glazed Carrots<br>20 | <b>Rotini w/ Meat Sauce and Dinner Roll</b><br>Beef Meatball Sub<br>Cheddar & Broccoli Stromboli w/ Dinner Roll (V)<br>Seasoned Green Beans<br>21  | <b>Meatloaf w/ Sauce and Dinner Roll</b><br>Veggie Burrito (V)<br>Turkey Hot Dog on Bun<br>Mashed Potatoes<br>22                                  |
| <b>HOLIDAY BREAK</b><br>25                                                                                                                                  | <b>HOLIDAY BREAK</b><br>26                                                                                                                                   | <b>HOLIDAY BREAK</b><br>27                                                                                                                                      | <b>HOLIDAY BREAK</b><br>28                                                                                                                         | <b>HOLIDAY BREAK</b><br>29                                                                                                                        |

Keep Up With Us:



@APSNutritionNow

(V) = Vegetarian

**OFFERED DAILY:** 100% Fruit Juice, Fruit (to include but not limited to apple/orange wedges, banana and grapes), & a Variety of Milk

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# December 2017

## APS Salad Bowl Elementary

Served Every Day:  
Tossed Leafy Greens, Cucumbers & Tomatoes

| MONDAY                                            | TUESDAY                                          | WEDNESDAY                                       | THURSDAY                                           | FRIDAY                                                                    |
|---------------------------------------------------|--------------------------------------------------|-------------------------------------------------|----------------------------------------------------|---------------------------------------------------------------------------|
| 4                                                 | 5                                                | 6                                               | 7                                                  | 8                                                                         |
| Celery Sticks<br>Grapes<br>Pears                  | Red Pepper Strips<br>Fresh Banana<br>Apple Sauce | Broccoli Bites<br>Fresh Apple<br>Sliced Peaches | Seasoned Peas<br>Fresh Orange<br>Pineapple Tidbits | Coleslaw<br>Apple, Banana & Orange<br>Fruit Cup<br>Mixed Fruit            |
| 11                                                | 12                                               | 13                                              | 14                                                 | 15                                                                        |
| Red Peppers Fresh<br>Grapes<br>Sliced Peaches     | Broccoli Bites<br>Fresh Banana<br>Applesauce     | Fresh Zucchini<br>Fresh Apple<br>Sliced Pears   | Celery Sticks<br>Fresh Orange<br>Pineapple Tidbits | Baby Carrots<br>Apple, Banana & Orange<br>Fruit Cup<br>Mixed Fruit        |
| 18                                                | 19                                               | 20                                              | 21                                                 | 22                                                                        |
| Fresh Zucchini Slices<br>Grapes<br>Sliced Peaches | Fresh Red Peppers<br>Banana<br>Applesauce        | Broccoli Bites<br>Fresh Apple<br>Sliced Pears   | Baby Carrots<br>Fresh Orange<br>Mixed Fruit        | Celery Sticks<br>Apple, Banana & Orange<br>Fruit Cup<br>Pineapple Tidbits |
| 25                                                | 26                                               | 27                                              | 28                                                 | 29                                                                        |
| HOLIDAY BREAK                                     | HOLIDAY BREAK                                    | HOLIDAY BREAK                                   | HOLIDAY BREAK                                      | HOLIDAY BREAK                                                             |

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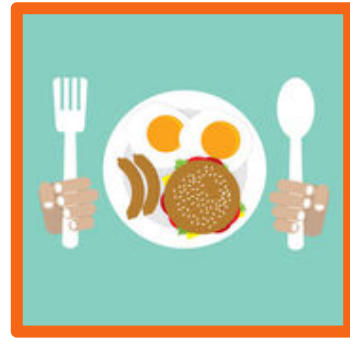
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Buenos Dias



# December 2017



## Elementary Breakfast In Classroom Menu

| MONDAY                                                                            | TUESDAY                                                                                 | WEDNESDAY                                                                                     | THURSDAY                                                                                | FRIDAY                                                                        |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| Turkey Sausage Pancake Wrap<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk | Strawberry Pancakes<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk               | Banana Muffin & Flavored Yogurt<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk         | Fruit & Cereal Bar<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk                | Maple Mini Waffles<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk      |
| Oatmeal Raisin Bar<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk          | Assorted Cereal w/Graham Crackers<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk | Apple Cinnamon Muffin w/Flavored Yogurt<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk | Berry French Toast<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk                | Country Chicken Biscuit<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk |
| Cinnamon French Toast<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk       | Maple Pancakes<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk                    | Blueberry Muffin<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk                        | Assorted Cereal w/Graham Crackers<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk | Apple Frudel<br>Fresh Fruit<br>100% Fruit Juice<br>Variety of Milk            |
| HOLIDAY BREAK                                                                     | HOLIDAY BREAK                                                                           | HOLIDAY BREAK                                                                                 | HOLIDAY BREAK                                                                           | HOLIDAY BREAK                                                                 |

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