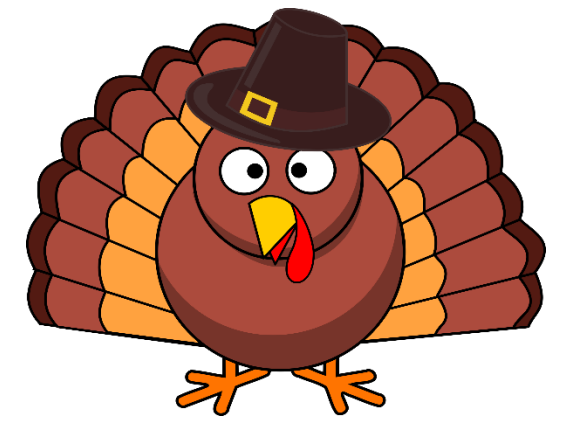




# November 2017 Elementary Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 <b>Spaghetti &amp; Meatballs w/ Dinner Roll</b> Chicken Taco w/Brown Rice Kickin' Pinto Taco Salad w/Tortilla Chips (V) Seasoned Broccoli	7 <b>Potato Crusted Fish Nuggets w/ Macaroni &amp; Cheese</b> Bean Tacos Four Cheese Pizza (V) Seasoned Tater Tots	8 <b>Chili Cheese Fries w/ Dinner Roll</b> Turkey Deli Sandwich Three Cheese Melt w/Tomato Soup (V) Campfire Beans	9 <b>Potato Crusted Fish Nuggets w/ Macaroni &amp; Cheese</b> BBQ Cheeseburger Macaroni & Cheese (V) Seasoned Green Beans	10 <b>Sweet &amp; Sour Chicken w/ Yellow Rice</b> Cheeseburger Roasted Vegetables & Cheese Sub (V) Seasoned Green Peas
13 <b>Oven Roasted Chicken w/ Dinner Roll</b> Beef & Bean Nachos w/Cilantro Rice Veggie Burger (V) Kickin' Pinto Beans	14 <b>Vegetarian Chili Topped Potato (V)</b> Ranch Chicken Salad w/Dinner Roll Grilled Turkey Ham and Cheese Sandwich Seasoned Broccoli	15 <b>General Tso's Chicken w/ Brown Rice</b> Egg Chef Salad w/Dinner Roll (V) Sriracha Crunch Cheese Burger Ginger Glazed Carrots	16 <b>Thanksgiving Meal</b> <b>Roast Turkey w/ Gravy,</b> Cheesy Broccoli Rice Casserole (V) Cornbread Dressing, Cranberry Sauce, Mashed Sweet Potatoes, Seasoned Collard Greens, Peach Crisp	17 <b>Rotini w/ Beef Meat Sauce &amp; Dinner Roll</b> Beef Meatball Sub Cheese Pizza (V) Seasoned Green Beans
20  <b>THANKSGIVING BREAK</b>	21  <b>THANKSGIVING BREAK</b>	22  <b>THANKSGIVING BREAK</b>	23  <b>THANKSGIVING BREAK</b>	24  <b>THANKSGIVING BREAK</b>
27 <b>Salisbury Steak w/ Brown Rice</b> Taco Pizza Mediterranean Vegetable Wrap (V) Seasoned Green Peas	28 <b>Chicken Nuggets w/ Dinner Roll</b> Cheeseburger Greek Salad w/Dinner Roll (V) Charro Beans	29 <b>Enchilada Casserole (V)</b> Tuna Salad Sandwich Flatbread Buffalo Chicken Pizza Seasoned Green Beans	30 <b>Orange Chicken &amp; Broccoli w/ Cilantro Rice</b> Beef Taco Salad w/Tortilla Chips Cheese Stromboli (V) Sweet Potato Fries	Dec. 1 <b>BBQ Chicken w/ Cornbread</b> Sloppy Joe Bean & Cheese Nachos w/Brown Rice (V) Sautéed Kale

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(V) = Vegetarian

**OFFERED DAILY:** 100% Fruit Juice, Fruit (to include but not limited to apple/orange wedges, banana and grapes), & a Variety of Milk  
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*All menus are subject to change based on product availability*





# November 2017

## APS Salad Bowl Elementary

Served Every Day:  
Tossed Leafy Greens, Cucumbers & Tomatoes



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Red Pepper Strips Fresh Fruit Sliced Peaches	7 NO SCHOOL	8 Fresh Zucchini Slices Fresh Fruit Sliced Pears	9 Celery Sticks Fresh Fruit Pineapple Tidbits	10 Baby Carrots Fresh Fruit Mixed Fruit
13 Fresh Zucchini Slices Fresh Fruit Sliced Peaches	14 Red Pepper Strips Fresh Fruit Applesauce	15 Broccoli Bites Fresh Fruit Sliced Pears	16 Celery Sticks Fresh Fruit Pineapple Tidbits	17 Baby Carrots Fresh Fruit Mixed Fruit
20 THANKSGIVING BREAK	21 THANKSGIVING BREAK	22 THANKSGIVING BREAK	23 THANKSGIVING BREAK	24 THANKSGIVING BREAK
27 Broccoli Bites Fresh Fruit Sliced Peaches	28 Fresh Zucchini Slices Fresh Fruit Applesauce	29 Fresh Red Peppers Fresh Fruit Sliced Pears	30 Celery Sticks Fresh Fruit Pineapple Tidbits	Dec. 1 Baby Carrots Fresh Fruit Mixed Fruit

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# November 2017

## Elementary Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Egg &amp; Cheese Sandwich</b> <b>Oatmeal Raisin Bar</b> Assorted Cereal & Graham Crackers Fresh Fruit Sliced Pears 100% Fruit Juice Variety of Milk	<b>Cheesy Grits &amp; WG Biscuit</b> <b>Assorted Cereal &amp; Graham Crackers</b> Fresh Fruit Mixed Fruit 100% Fruit Juice Variety of Milk	<b>Turkey Sausage Sandwich</b> <b>Apple Cinnamon Muffin &amp; Yogurt</b> Assorted Cereal & Hard Cooked Egg Fresh Fruit Applesauce 100% Fruit Juice Variety of Milk	<b>Berry French Toast</b> <b>Brown Sugar Oatmeal</b> Assorted Cereal & Yogurt Fresh Fruit Raisins 100% Fruit Juice Variety of Milk	<b>Chicken Biscuit</b> <b>Apple Cinnamon Muffin &amp; Yogurt</b> Assorted Cereal & Graham Crackers Fresh Fruit Sliced Peaches 100% Fruit Juice Variety of Milk
<b>Grits &amp; Cheese Toast</b> <b>Cinnamon French Toast</b> Assorted Cereal & Graham Crackers Fresh Fruit Sliced Pears 100% Fruit Juice Variety of Milk	<b>Turkey Sausage Pancake Wrap</b> <b>Maple Pancakes</b> Assorted Cereal & Yogurt Mixed Fruit 100% Fruit Juice Variety of Milk	<b>Blueberry Muffin &amp; Yogurt</b> <b>Assorted Cereal &amp; Graham Crackers</b> Fresh Fruit Applesauce 100% Fruit Juice Variety of Milk	<b>Chicken Biscuit</b> <b>Brown Sugar Oatmeal</b> Assorted Cereal & Yogurt Fresh Fruit Raisins 100% Fruit Juice Variety of Milk	<b>Fiesta Egg Sandwich</b> <b>Apple Frudel</b> Assorted Cereal & Graham Crackers Fresh Fruit Sliced Peaches 100% Fruit Juice Variety of Milk
<b>Thanksgiving Holiday!</b>	<b>Thanksgiving Holiday!</b>	<b>Thanksgiving Holiday!</b>	<b>Thanksgiving Holiday!</b>	<b>Thanksgiving Holiday!</b>
<b>Chicken Biscuit</b> <b>Brown Sugar Oatmeal</b> Assorted Cereal & Graham Crackers Fresh Fruit Sliced Pears 100% Fruit Juice Variety of Milk	<b>Turkey Bacon Pizza</b> <b>Maple Waffles</b> Assorted Cereal & Yogurt Fresh Fruit Mixed Fruit 100% Fruit Juice Variety of Milk	<b>Scrambled Eggs w/Whole Grain Biscuit</b> <b>Oatmeal Raisin Bar</b> Assorted Cereal w/Hard Cooked Eggs Fresh Fruit Applesauce 100% Fruit Juice Variety of Milk	<b>Apple Frudel</b> <b>Assorted Cereal &amp; Yogurt</b> Fresh Fruit Raisins 100% Fruit Juice Variety of Milk	<b>Egg &amp; Cheese Pocket</b> <b>Banana Muffin &amp; Yogurt</b> Assorted Cereal & Graham Crackers Fresh Fruit Sliced Peaches 100% Fruit Juice Variety of Milk

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