



October 2017 Pre-K Breakfast Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| 2 Assorted Cereals Fresh Fruit 1% Milk | 3 Apple Cinnamon Muffin Mixed Fruit 1% Milk | 4 Berry French Toast Applesauce 1% Milk | 5 Assorted Cereals Raisins 1% Milk | 6 Turkey Sausage Sandwich Sliced Peaches 1% Milk |
| 9 Fall Break | 10 Fall Break | 11 Fall Break | 12 Fall Break | 13 Fall Break |
| 16 Assorted Cereal Sliced Pears 1% Milk | 17 Banana Muffin Mixed Fruit 1% Milk | 18 Assorted Cereals Applesauce 1% Milk | 19 Maple Pancakes Fresh Fruit 1% Milk | 20 Egg & Cheese Sandwich Sliced Peaches 1% Milk |
| 16 Assorted Cereal Sliced Pears 1% Milk | 17 Berry French Toast Mixed Fruit 1% Milk | 18 Turkey Sausage Breakfast Pizza Applesauce 1% Milk | 19 Maple Oatmeal Fresh Fruit 1% Milk | 20 Banana Muffin Sliced Peaches 1% Milk |
| 30 Assorted Cereal Sliced Pears 1% Milk | 31 Strawberry Pancakes Mixed Fruit 1% Milk | 1 Banana Muffin Applesauce 1% Milk | 2 Flavored Oatmeal Fresh Fruit 1% Milk | 3 Scrambled Eggs Whole Grain Biscuit Sliced Peaches 1% Milk |

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(V) = Vegetarian

SERVED DAILY: Fruit, & 1% Milk

Serving Healthy Meals for Student Success - www.atlantapublicschoolsnutrition.us

This institution is an equal opportunity provider.

All menus are subject to change based on product availability

PreK Lunch Menu October 2017

National Farm to School Month



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| Spaghetti & Meatballs Seasoned Green Beans Mixed Fruit 100% Fruit Juice 1% Milk 2 | Potato Crusted Fish Nuggets Broccoli Bites Sliced Peaches 100% Fruit Juice 1% Milk 3 | Cheese Pizza Zucchini Slices Fresh Fruit 100% Fruit Juice 1% Milk 4 | Mexican Bowl Kickin Pinto Beans Dinner Roll Applesauce 100% Fruit Juice 1% Milk 5 | Sweet & Sour Chicken Fluffy Rice Collard Greens Pineapple Tidbits 100% Fruit Juice 1% Milk 6 |
| Fall Break 9 | Fall Break 10 | Fall Break 11 | Fall Break 12 | Fall Break 13 |
| Meatloaf with Sauce Mashed Potatoes Dinner Roll Sliced Peaches 100% Fruit Juice 1% Milk 16 | Hot Dog on Bun Chipotle Campfire Beans Applesauce 100% Fruit Juice 1% Milk 17 | Macaroni & Cheese Seasoned Broccoli Fresh Fruit 100% Fruit Juice 1% Milk 18 | Cheeseburger Sweet Potato Fries Pineapple Tidbits 100% Fruit Juice 1% Milk 19 | Chicken Chili Seasoned Green Beans Mixed Fruit 100% Fruit Juice 1% Milk 20 |
| Salisbury Steak w/Brown Rice Seasoned Peas Sliced Peaches 100% Fruit Juice 1% Milk 23 | Chicken Nuggets w/Dinner Roll Sweet Potato Fries Applesauce 100% Fruit Juice 1% Milk 24 | Grilled Turkey Ham & Cheese Seasoned Green Beans Fresh Fruit 100% Fruit Juice 1% Milk 25 | Cheese Pizza Bean Salad Pineapple Tidbits 100% Fruit Juice 1% Milk 26 | BBQ Chicken Sautéed Kale Breadstick Mixed Fruit 100% Fruit Juice 1% Milk 27 |
| Chili Mac w/Dinner Roll Cucumber Tomato Salad Sliced Peaches 100% Fruit Juice 1% Milk 30 | Country Chicken Bowl Ginger Carrots Dinner Roll Applesauce 100% Fruit Juice 1% Milk 31 | Enchilada Campfire Beans Fresh Fruit 100% Fruit Juice 1% Milk 1 | Filet of Fish Sandwich Seasoned Corn Pineapple Tidbits 100% Fruit Juice 1% Milk 2 | Roast Turkey w/Sauce Cornbread Dressing Seasoned Collard Greens Mixed Fruit 100% Fruit Juice 1% Milk 3 |

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