



APS Lunch Menu

Grades 9-12

August 28 – September 29, 2017

28
Spaghetti w/Sauce & Meatballs + Roll
Chicken Ranch Club Flatbread
Beef & Bean Nachos & Rice
Kickin Pinto Taco Salad & Crisps
Salad Bar

29
Potato Crusted Fish Nuggets w/Mac & Cheese
Four Cheese Pizza
Red Chili Beef & Bean Burrito w/Sante Fe Rice
Turkey & Cheese Sandwich
Salad Bar

30
Chili Dog
Grilled Turkey Ham & Cheese Sandwich
Bean Quesadilla w/ Mexican Spiced Rice
Turkey Chef Salad & Roll
Salad Bar

31
Bean & Rice Tortilla Bowl & Chips
Golden Crispy Boneless Chicken Wings & Roll
Chicken Fajita & Cilantro Lime Rice
All-American Salad & Roll
Salad Bar

01
Sweet & Sour Chicken & Veggies + Egg Roll
Pizza burger
Herbed White Flatbread
Turkey Ham & Cheese Wrap
Salad Bar

04
LABOR DAY HOLIDAY

05
Rotini w/Italian Meat Sauce & Roll
Vegetarian Stromboli
Sriracha Crunch Cheese Burger
Turkey Wrap
Salad Bar

06
Vegetarian Chili Topped Potato & Roll
Bruschetta Chicken Artisan Flatbread Pizza + Breadstick
Chicken Chef Salad
Salad Bar

07
Chipotle BBQ Chicken Artisan Pizza & Roll
Bean Quesadilla w/Mexican Spiced Rice
Meatball Pizza Sub
All-American Salad & Roll
Salad Bar

08
General Tso's Chicken w/veggies & Brown Rice
Four Cheese Pizza + Roll
Fish Soft Tacos
Ranch Chicken & Cheese Panini
Salad Bar

11
Meatloaf w/Rosemary Gravy & roll
Buffalo Chicken Pizza w/ breadstick
Breaded California Ranch Chicken Sandwich
Winter Fruit & Cheese Plate w/Cinnamon tortilla crisps
Salad Bar

12
Chicken Chili Chipotle Lime and Cilantro Rice & Roll
White Cheese, Sausage & Herb Artisan Flatbread Pizza
Veggie Cheeseburger
Turkey & Cheese Sandwich
Salad Bar

13
Cajun Chili Fries Bowl & Roll
Bean & Cheese Burrito & Mexican Spiced Rice
Chicken Parmesan Flatbread
Breaded Buffalo Chicken Salad & Roll
Salad Bar

14
Grilled Chicken & Refried Bean Nachos w/chips
Three Cheese Calzone
Hot Dog on bun
Ranch Chicken Salad & roll
Salad Bar

15
Cheesy Baked Penne & roll
Beef Soft Tacos & yellow rice
Pesto Cheeseburger
Breaded Buffalo Chicken Wrap
Salad Bar

18
Salisbury Steak w/Gravy and noodles
Bean Quesadilla w/brown rice
BBQ Chicken Melt
Sante Fe Turkey Wrap
Salad Bar

19
Orange Chicken w/Broccoli & Veggie Fried Rice
Pepperoni Pizza & Breadstick
Sriracha Crunch Cheese burger
Bean Nacho Salad & chips
Salad Bar

20
Breaded Mozzarella Sticks & Marinara Sauce
Chicken Soft Tacos & Mexican Spiced Rice
BBQ Onion Cheeseburger
Tuna Salad Sandwich
Salad Bar

21
Jerk Chicken & Cheddar Flatbread
Cheeseburger Rolletto
Grilled Turkey Ham & Cheese Sandwich
Tossed Salad w/Cheese and roll
Salad Bar

22
Penne Alfredo w/Chicken and breadstick
Bean & Beef Nachos w/ yellow rice
Pizza Sloppy Joe Melt
Mediterranean Veggie Wrap
Salad Bar

25
Chili Mac & roll
Spicy Pineapple Chicken Sandwich
Cheese Quesadilla & brown rice
Southwest Turkey & Cheddar Panini
Salad Bar

26
Country Chicken Nugget Bowl & roll
Sriracha Crunch Cheese Burger
Chicken Fajita & Santa Fe rice
Egg Salad Sub
Salad Bar

27
Bean & Cheese Burrito w/rice and corn salad
Golden Crispy Boneless Chicken Wings & roll
Chicken, Onion & Pepper Stromboli
Turkey Ham & Cheese Sandwich
Salad Bar

28
Roast Turkey w/Sauce & roll
Chicken Bruschetta Melt
Veggie Pizza & roll
Breaded Chicken Caesar Salad & roll
Salad Bar

29
Breaded Fish Melt
Pesto Cheeseburger
Buffalo Chicken Pizza & roll
Bean Nacho Salad & roll
Salad Bar

OFFERED DAILY:

Choices of Veggie & Fruit Sides, plus 100% Fruit Juice, Fruit, Variety of Milks & Gluten Free items
All menus are subject to change based on product availability and circumstances beyond our control

PLEASE UPDATE YOUR RECORDS!

If your child received free or reduced price meals last year, you **MUST** complete a new application for this school year. Only one application needed per family.
Go to www.atlantapublicschoolsnutrition.us