

28

**BREAKFAST**

Oatmeal Raisin Bar  
Cheerios, Graham  
Cracker & String Cheese

**LUNCH ENTREES**

Spaghetti w/Sauce &  
Meatballs  
Kickin' Pinto Salad  
Cajun Burger

29

**BREAKFAST**

Country Chicken Biscuit  
Apple Cinnamon Muffin &  
String cheese

**LUNCH ENTREES**

Potato Breaded Fish  
Nuggets w/Mac & Cheese  
Four-Cheese Pizza  
Chicken Burrito

30

**BREAKFAST**

Berry French Toast  
Cinnamon Toast Crunch,  
Graham Crackers & String  
Cheese

**LUNCH ENTREES**

Chili Dog  
Bean Quesadilla  
Chef Salad & Roll

31

**BREAKFAST**

Sausage Breakfast Pizza  
Apple Orange Yogurt  
Smoothie & Graham  
Crackers

**LUNCH ENTREES**

Mexican Bowl + Roll  
Chicken Chunk Bites  
All-American Salad/Roll

01

**BREAKFAST**

Cherry Frudel  
Turkey Sausage Sandwich

**LUNCH ENTREES**

Sweet & Sour Chick. & Rice  
Herbed Cheesy Flatbread  
Turkey Ham & Cheese Wrap

04

**LABOR  
DAY  
HOLIDAY**

05

**BREAKFAST**

Turkey Pancake Wrap  
Banana Muffin/Yogurt

**LUNCH ENTREES**

Rotini w/Italian Meat Sauce  
Vegetable Pizza  
Sriracha Crunch Cheese  
Burger

06

**BREAKFAST**

Fiesta Egg & Cheese  
Sandwich

Cinnamon Chex, Graham  
Crackers

**LUNCH ENTREES**

Veggie Chili Topped Potato  
Breaded Chick. Salsa Melt  
All-American chef Salad

07

**BREAKFAST**

Country Chicken Biscuit  
Smoothie & Graham  
Crackers

**LUNCH ENTREES**

Meatball Pizza Sub  
Chicken Fajita  
Bean Quesadilla

08

**BREAKFAST**

Cherry Frudel  
Turkey Sausage  
Sandwich

**LUNCH ENTREES**

Sweet & Sour Chicken/  
Veggies over rice  
Four Cheese Pizza  
Fish Soft Tacos

11

**BREAKFAST**

Blueberry Mini Waffles  
Raisin Bran & Graham  
Crackers

**LUNCH ENTREES**

Meatloaf & Rosemary  
Gravy with Dinner Roll  
Cheese & Fruit Plate  
Buffalo Chicken Pizza

12

**BREAKFAST**

Egg, Cheese & Sausage  
Slider

Banana Muffin/Yogurt

**LUNCH ENTREES**

Chicken Chipotle Lime &  
Fritos  
Veggie Burger  
Turkey & Cheese Sub

13

**BREAKFAST**

Apple Frudel  
Cheerios & Graham  
Crackers

**LUNCH ENTREES**

Cajun Chili Fries Bowl  
Bean Burrito  
Breaded Buffalo Chicken  
Salad

14

**BREAKFAST**

Cinnamon Pancakes  
Smoothie & Graham  
Crackers

**LUNCH ENTREES**

Grilled Chicken & Refried  
Beans, chips  
Three Cheese Calzone  
Hot Dog on Bun

15

**BREAKFAST**

Egg & Cheese Sandwich  
Oatmeal Raisin Bar &  
Vanilla Yogurt

**LUNCH ENTREES**

Cheesy Baked Penne & Roll  
Pesto Cheeseburger  
Breaded Chick. Buff. Wrap

18

**BREAKFAST**

Country Chicken Biscuit  
Cinnamon Chex & Graham  
Crackers

**LUNCH ENTREES**

Salisbury Steak & Roll  
with Sauce & Noodles  
Bean Quesadilla  
Sante Fe Turkey Wrap

19

**BREAKFAST**

Berry French Toast  
Turkey Pancake Wrap

**LUNCH ENTREES**

Oriental Chicken &  
Broc.w/ Fried Rice  
Cheesy Bean Nacho  
Salad  
Pepperoni Pizza

20

**BREAKFAST**

Sausage Breakfast Pizza  
Raisin Bran & Graham  
Crackers

**LUNCH ENTREES**

Pizza Sticks/Marinara  
Soft Chicken Taco  
Tuna Salad Sandwich

21

**BREAKFAST**

Egg & Cheese Fundle  
Apple Orange Yogurt  
Smoothie & Graham  
Crackers

**LUNCH ENTREES**

Jerk Chicken Flatbread  
Cheeseburger Rolletto  
Three Cheese Salad

22

**BREAKFAST**

Fiesta Egg & Cheese  
Sandwich  
Blueberry Muffin & Vanilla  
Yogurt

**LUNCH ENTREES**

Pasta w/Chicken Alfredo  
Sloppy Joe Sandwich  
Mediterranean Veggie Wrap

25

**BREAKFAST**

SW Egg & Cheese Slider  
Raisin Bran & Graham  
Crackers

**LUNCH ENTREES**

Chili Mac Casserole  
Spicy Chicken Sandwich  
Cheese Quesadilla

26

**BREAKFAST**

Mini Corn Dogs  
Banana Muffin & Vanilla  
Yogurt

**LUNCH ENTREES**

Country Chicken Bowl  
Sriracha Beef Burger  
Egg Salad Sub

27

**BREAKFAST**

Turkey Saus. Sandwich  
Cheerios & Graham  
Crackers

**LUNCH ENTREES**

Bean & Cheese Burrito  
Chicken Chunk Bites  
Turkey Ham & Cheese  
Sandwich

28

**BREAKFAST**

Apple Frudel  
Smoothie & Graham  
Crackers

**LUNCH ENTREES**

Roast Turkey & Roll  
with Sauce  
Roasted Veggie Pizza  
Breaded Chicken Caesar

29

**BREAKFAST**

Maple Mini Waffles  
Sausage Breakfast Pizza

**LUNCH ENTREES**

Breaded Fish Melt  
BBQ Chicken Pizza  
Nacho Salad

**PLEASE UPDATE YOUR RECORDS!**

If your child received free or reduced price meals last year, you **MUST** complete a new application for this school year. Only one application needed per family.

Go to [www.atlantapublicschoolsnutrition.us](http://www.atlantapublicschoolsnutrition.us)

All Breakfast meals include fruit, juice and milk. At Lunch, students may also choose the Salad Bar option. We also offer a variety of fruit and vegetable sides with our lunch entrees so students can choose their own healthy favorites, along with milk and juice.