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## **After School Snacks**

August 2017

31	
	Goldfish
	Crackers
	&
	Milk

Applesauce & Crackers Mini Muffin & String Cheese Crackers & Yogurt Apple
Slices
&
Crackers

Mini Muffin & Milk

07

Baby
Carrots
with Ranch Dressing
&
Crackers

Crackers & Milk Yogurt & Crackers Crackers & String Cheese

Mini Muffin & Milk Crackers & Pears

Crackers & Yogurt Sunbutter & Jelly Mini Sandwich Fresh
Broccoli
with Ranch Dressing
&
String

Cheese

Yogurt & Crackers

Fresh Banana & Crackers

22

Crackers & Applesauce

23

String Cheese & Crackers

24

Baby
Carrots
with Ranch Dressing
&
Crackers

## Today's students are busier than ever!

To perform at their best, students need to refuel with the proper foods and nutrients to keep them energized throughout the day. In addition to healthy meals, snacking is important for students to help them meet their nutrient needs for growth and development. Eating the right types of snacks gives kids the nutrients they need for good health and helps keep them energized

## **WELCOME BACK!**

Find more menus and information at http://www.atlantapublicschoolsnutrition.us

**Serving Healthy Meals for Student Success** 

All menus are subject to change based on product availability and circumstances beyond our control.

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