




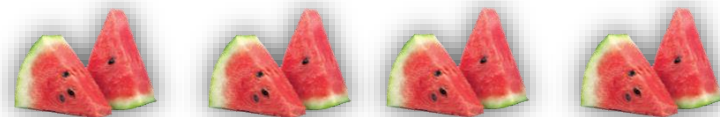
# Forrest Hills Academy School Lunch Menu MAY 2017

## National Barbeque Month



MONDAY Keep Up With Us:	TUESDAY	WEDNESDAY	THURSDAY	
1 Turkey Tetraxini Hummus Lunch Pak (V) WW Roll Seasoned Broccoli (GF) Cinnamon Applesauce (GF) Baby Carrots (GF) 100% Fruit Juice Milk Variety	2 Turkey Hot Dog Cheese Quesadilla (V) Baked Beans (GF)(LG) Chilled Corn (GF) Sliced Peaches (GF) 100% Fruit Juice Milk Variety	3 Cajun Chicken Pasta Hummus Lunch Pak (V) WW Roll Steamed Green Peas (GF) Baby Carrots (GF) Sliced Pears (GF) 100% Fruit Juice Milk Variety	4 Pepperoni Pizza Garden Vegetable Salad (V) Seasoned Carrots (GF) Celery Sticks (GF) Applesauce (GF) 100% Fruit Juice Milk Variety	5  Sliced Peaches (GF) 100% Fruit Juice Milk Variety
8 Teriyaki Chicken Hummus Lunch Pak (V) Ginger Carrots (GF) Steamed Green Beans (GF) Brown Rice (GF) WW Roll Sliced Peaches (GF) 100% Fruit Juice Milk Variety	9 Chicken Alfredo Pasta Bake Cheese Pizza (V) Seasoned Broccoli (GF) WW Roll Sliced Pears (GF) Chilled Corn (GF) 100% Fruit Juice Milk Variety	10 Chicken Taco Bar Hummus Lunch Pak (V) Mexicali Corn (GF) Brown Rice (GF) Orange Craisins (GF) Baby Carrots (GF) 100% Fruit Juice Milk Variety	11 Chicken Nuggets Italian Vegetable Wrap (V) Seasoned Fries (GF) Seasoned Green Beans (GF) WW Roll Applesauce (GF) 100% Fruit Juice Milk Variety	12 BBQ Chicken Sandwich (GF) Grilled Cheese (V) Baked Beans (GF) Sliced Peaches (GF) Baby Carrots (GF) 100% Fruit Juice Milk Variety
15 Sweet & Sour Chicken Garden Vegetable Wrap (V) Ginger Carrots (GF) Brown Rice (GF) Applesauce (GF) Celery Sticks (GF) 100% Fruit Juice Milk Variety	16 <b>NATIONAL BBQ DAY</b> Hamburger Hummus Lunch Pak (V) Seasoned Fries (GF) Fresh Watermelon (GF) Baby Carrots 100% Fruit Juice Milk Variety	17 Chicken Fajita Tacos Cheese Quesadilla (V) Steamed Corn (GF) Pinto Beans (GF) Brown Rice (GF) Sliced Peaches (GF) 100% Fruit Juice Milk Variety	18 Turkey Tetraxini Hummus Lunch Pak (V) Seasoned Broccoli (GF) WW Roll Sliced Pears (GF) Baby Carrots (GF) 100% Fruit Juice Milk Variety	19 Roasted Chicken (GF) Grilled Cheese (V) Sautéed Green Beans (GF) Brown Rice (GF) WW Roll Chilled Green Peas (GF) Pineapple Tidbits (GF) 100% Fruit Juice Milk Variety
22 Chicken Alfredo Pasta Cheese Pizza (V) WW Roll Seasoned Broccoli (GF) Seasoned Carrots (GF) Applesauce (GF) 100% Fruit Juice Milk Variety	23 Orange Chicken Hummus Lunch Pak (V) Thai Green Beans (GF) Brown Rice (GF) Fresh Orange (GF) Celery Sticks (GF) 100% Fruit Juice Milk Variety	24 Chicken Nachos Spicy Black Bean Wrap (V) Steamed Corn (GF) Black Beans (GF) Sliced Peaches (GF) 100% Fruit Juice Milk Variety	25 <b>LAST DAY OF SCHOOL</b> Turkey Hot Dog Hummus Lunch Pak (V) Steamed Peas (GF) Seasoned Carrots (GF) Pineapple Tidbits (GF) 100% Fruit Juice Milk Variety	26

DID YOU KNOW?

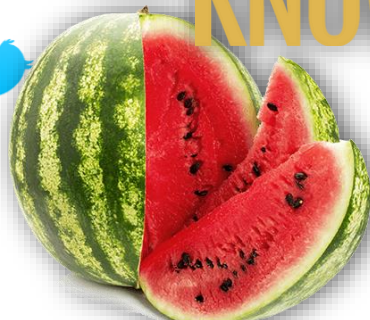


Watermelon is a fruit and a vegetable.

DID YOU KNOW?



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LG = Locally Grown    GF = Gluten Free    V = Vegetarian  
OFFERED DAILY: 100% Fruit Juice, Fruit, Variety of Milk, & Gluten Free items  
Serving Healthy Meals for Student Success - [www.atlantapublicschoolsnutrition.us](http://www.atlantapublicschoolsnutrition.us)  
This institution is an equal opportunity provider.  
All menus are subject to change based on product availability



# Forrest Hills Academy Grab & Go Breakfast Menu

## MAY 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast Bag Fresh Fruit Variety of Milk	2 Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	3 Breakfast Bag Fresh Fruit Variety of Milk	4 Mini Waffles Fresh Fruit 100% Fruit Juice Variety of Milk	5 Turkey Sausage Patty Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
8 Breakfast Bag Fresh Fruit Variety of Milk	9 French Toast Fresh Fruit 100% Fruit Juice Variety of Milk	10 Bagel w/ Cinnamon Cream Cheese Fresh Fruit 100% Fruit Juice Variety of Milk	11 Breakfast Bag Fresh Fruit Variety of Milk	12 Turkey and Cheese Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
15 Breakfast Bag Fresh Fruit Variety of Milk	16 Mini Pancakes Fresh Fruit 100% Fruit Juice Variety of Milk	17 Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	18 Breakfast Bag Fresh Fruit Variety of Milk	19 Canadian Turkey Ham Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
22 Breakfast Bag Fresh Fruit Variety of Milk	23 Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	24 French Toast Fresh Fruit 100% Fruit Juice Variety of Milk	25 <b>LAST DAY OF SCHOOL</b> Bagel w/ Cinnamon Cream Cheese Fresh Fruit 100% Fruit Juice Variety of Milk	



# SCHOOL'S OUT

HAVE A  
GREAT  
SUMMER

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**OFFERED DAILY:** 100% Fruit Juice, Fruit, Variety of Milk, & Gluten Free items  
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