







# Forrest Hill Academy Lunch Menu

## APRIL 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 3	 <b>SPRING BREAK 2017</b> 			 7
10 <b>Teriyaki Chicken</b> <b>Spicy Black Bean Wrap (V)</b> Ginger Carrots (GF) Steamed Green Beans (GF) Brown Rice (GF) WW Roll Sliced Peaches (GF) 100% Fruit Juice Milk Variety	11 <b>Taco Mac Pasta Bake</b> <b>Cheese Pizza (V)</b> Seasoned Broccoli (GF) WW Roll Sliced Pears (GF) Chilled Corn (GF) 100% Fruit Juice Milk Variety	12 <b>Ground Turkey Taco Bar</b> <b>Garden Vegetable Salad (V)</b> Mexicali Corn (GF) Brown Rice (GF) Fresh Orange (GF) Baby Carrots (GF) 100% Fruit Juice Milk Variety	13 <b>Chicken Nuggets</b> <b>Italian Vegetable Wrap (V)</b> Seasoned Fries (GF) Seasoned Green Beans (GF) WW Roll Applesauce (GF) 100% Fruit Juice Milk Variety	14 <b>BBQ Chicken Sandwich (GF)</b> <b>Grilled Cheese (V)</b> Baked Beans (GF) Pineapple Tidbits (GF) Baby Carrots (GF) 100% Fruit Juice Milk Variety
17 <b>Sweet &amp; Sour Chicken</b> <b>Garden Vegetable Wrap (V)</b> Ginger Carrots (GF) Brown Rice (GF) Applesauce (GF) Celery Sticks (GF) 100% Fruit Juice Milk Variety	18 <b>Hamburger</b> <b>Italian Vegetable Wrap (V)</b> Seasoned Fries (GF) Seasoned Green Beans (GF) Orange Craisins (GF) 100% Fruit Juice Milk Variety	19 <b>Chicken Fajita Tacos</b> <b>Grilled Quesadilla (V)</b> Steamed Corn (GF) Pinto Beans (GF) Brown Rice (GF) Sliced Peaches (GF) 100% Fruit Juice Milk Variety	20 <b>Baked Spaghetti Casserole w/Ground Turkey</b> Cheese Pizza (V) Seasoned Broccoli (GF) WW Roll Sliced Pears (GF) Baby Carrots (GF) 100% Fruit Juice Milk Variety	21 <b>Earth Day</b> <b>Spinach Dip with Tortilla Chips (GF) (V)</b> Grilled Cheese (V) Sautéed Green Beans (GF) Seasoned Carrots (GF) Fresh Red Pears (GF) (LG) 100% Fruit Juice Milk Variety
24 <b>Chicken Patty Sandwich</b> <b>Cheese Pizza (V)</b> Seasoned Fries (GF) Seasoned Carrots (GF) Applesauce (GF) 100% Fruit Juice Milk Variety	25 <b>Orange Chicken</b> <b>Garden Vegetable Salad (V)</b> Sautéed Cabbage (GF) Brown Rice (GF) Fresh Orange (GF) Baby Carrots (GF) 100% Fruit Juice Milk Variety	26 <b>Ground Turkey Nachos</b> <b>Spicy Black Bean Wrap (V)</b> Steamed Corn (GF) Black Beans (GF) Sliced Peaches (GF) 100% Fruit Juice Milk Variety	27 <b>Cajun Chicken Alfredo Pasta</b> <b>Cheese Pizza (V)</b> Seasoned Green Beans (GF) Seasoned Carrots (GF) WW Roll Pineapple Tidbits (GF) 100% Fruit Juice Milk Variety	28 <b>Roasted Chicken (GF)</b> <b>Grilled Cheese (V)</b> Seasoned Broccoli (GF) Brown Rice (GF) WW Roll Sliced Pears (GF) Celery Sticks (GF) 100% Fruit Juice Milk Variety



DID YOU KNOW?

There are over 3000 varieties of pears grown across the world

DID YOU KNOW?

LG = Locally Grown    GF = Gluten Free    V = Vegetarian  
**OFFERED DAILY:** 100% Fruit Juice, Fruit, Variety of Milk, & Gluten Free items  
 Serving Healthy Meals for Student Success - [www.atlantapublicschoolsnutrition.us](http://www.atlantapublicschoolsnutrition.us)  
 This institution is an equal opportunity provider.  
 All menus are subject to change based on product availability

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# Forrest Hill Academy Grab & Go Breakfast APRIL 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 	4 	5 <b>SPRING BREAK 2017</b>	6 	7 
10 Variety of Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	11 French Toast Fresh Fruit 100% Fruit Juice Variety of Milk	12 Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	13 Yogurt (GF) & Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	14 Turkey and Cheese Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
17 Variety of Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	18 Mini Waffles Fresh Fruit 100% Fruit Juice Variety of Milk	19 Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	20 Mini Pancakes Fresh Fruit 100% Fruit Juice Variety of Milk	21 Canadian Turkey Ham Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
24 Variety of Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	25 Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	26 Yogurt (GF) & Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	27 Bagel w/ Cinnamon Cream Cheese Fresh Fruit 100% Fruit Juice Variety of Milk	28 Turkey Ham & Cheese Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk



**DID YOU KNOW?**



The Bartlett is the most popular variety of pear in the United States.

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