



Forrest Hills Academy Lunch Menu

March 2017

National Nutrition Month



Did you know that APS Meals are planned by a registered Dietitian?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		7	8	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31



LG = Locally Grown GF = Gluten Free V = Vegetarian
OFFERED DAILY: 100% Fruit Juice, Fruit, Variety of Milk, & Gluten Free items
 Serving Healthy Meals for Student Success - www.atlantapublicschoolsnutrition.us
 This institution is an equal opportunity provider.
All menus are subject to change based on product availability





Forrest Hills Academy Grab & Go Breakfast March 2017



A better tomorrow starts today

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Bagel w/ Cinnamon Cream Cheese Fresh Fruit 100% Fruit Juice Variety of Milk	Mini Waffles Fresh Fruit 100% Fruit Juice Variety of Milk	Canadian Turkey Ham Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
6	7	8	9	10
Variety of Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	French Toast Fresh Fruit 100% Fruit Juice Variety of Milk	Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	Yogurt (GF) & Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	Turkey and Cheese Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
13	14	15	16	17
Variety of Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	Mini Waffles Fresh Fruit 100% Fruit Juice Variety of Milk	Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	Mini Pancakes Fresh Fruit 100% Fruit Juice Variety of Milk	NO SCHOOL Happy St. Patrick's Day
20	21	22	23	24
Variety of Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	Blueberry Loaf Fresh Fruit 100% Fruit Juice Variety of Milk	Yogurt (GF) & Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	Bagel w/ Cinnamon Cream Cheese Fresh Fruit 100% Fruit Juice Variety of Milk	Turkey Ham & Cheese Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk
27	28	29	30	31
Variety of Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Variety of Milk	French Toast Fresh Fruit 100% Fruit Juice Variety of Milk	Bagel w/ Cinnamon Cream Cheese Fresh Fruit 100% Fruit Juice Variety of Milk	Mini Waffles Fresh Fruit 100% Fruit Juice Variety of Milk	Turkey Sausage Patty Biscuit Fresh Fruit 100% Fruit Juice Variety of Milk

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